

Indicator summary table

Life Cycle Phase	Indicator	Age range	Data Source*	RANKING						
				CO rank (out of 50)	CO ranked value	Best state	Best state value	Year for ranked value	Number of states ranked	HP 2020 target (age group)
HEALTHY BEGINNINGS	Prenatal care later than the first trimester or not at all	women of childbearing ages	PRAMS	31	20.7%	Vermont	11.9%	2008	29	NA
	Smoking during pregnancy	women of childbearing ages	PRAMS	5	91.9%	Utah	94.9%	2008	29	98.6% abstain
	Low birth weight	births occurred in 2008	Vital Stats	39	8.9%	Alaska	5.9%	2008	50	7.8%
	Infant mortality rate (infant deaths per 1,000 live births)	less than 1 yr	Vital Stats	12	6.1/1,000	Washington	4.9/1,000	2007	50	6.0/1,000
	All recommended early childhood immunizations	children born between January 2007 and July 2009	NIS	36	71.3%	Florida	85.8%	2010	50	90.0%
HEALTHY CHILDREN	Children not covered by private or public health insurance	0–12 yrs	CPS	36	9.3%	Massachusetts	2.9%	2008–2010	50	0% (all ages)
	Children living in families with income below the federal poverty level	0–12 yrs	CPS	20	18.3%	New Hampshire	9.5%	2008–2010	50	NA
	Children with a medical home	0–17 yrs	NSCH	30	59.3%	New Hampshire	69.3%	2007	50	NA
	Children receiving one or more preventive dental visits in last 12 months	1–17 yrs	NSCH	38	77.0%	Hawaii	86.9%	2007	50	NA
	Children who participate in vigorous physical activity	6–17 yrs	NSCH	34	64.1%	Minnesota	72.8%	2007	50	NA
	Obese children	10–17 yrs	NSCH	23	14.2%	Oregon	9.6%	2007	50	NA
HEALTHY ADOLESCENTS	Adolescents not covered by private or public health insurance	13–17 yrs	CPS	29	10.0%	Hawaii	2.9%	2008–2010	50	0% (all ages)
	Adolescents living in families with income below the federal poverty level	13–17 yrs	CPS	21	14.1%	New Hampshire	6.4%	2008–2010	50	NA
	Adolescent fruit and vegetable consumption	high school students	YRBS	1	24.4%	Colorado	24.4%	2009	36	NA
	Adolescents who participate in vigorous physical activity	high school students	YRBS	10	47.0%	Idaho	53.6%	2009	42	NA
	Adolescent binge drinking	high school students	YRBS	37	25.1%	Utah	11.5%	2009	41	NA
	Adolescent smoking	high school students	YRBS	20	17.7%	Utah	8.5%	2009	42	16.0%
	Adolescent depression	high school students	YRBS	19	25.4%	Wisconsin	20.8%	2009	40	NA
	Adolescents who attempted suicide	high school students	YRBS	22	7.6%	Vermont	4.3%	2009	41	1.7%
	Adolescent sexual activity	high school students	YRBS	1	27.4%	Colorado	27.4%	2009	36	NA
	Adolescent condom use	high school students	YRBS	11	63.2%	New York	67.6%	2009	35	NA
	Teen fertility rate (births to mothers 15–19 per 1,000 population)	15–19 yrs	Vital Stats	29	42.5/1,000	New Hampshire	19.8/1,000	2008	50	NA

Indicator summary table (continued)

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				CO rank (out of 50)	CO ranked value	Best state	Best state value	Year for ranked value	Number of states ranked	HP 2020 target (age group)
HEALTHY ADULTS	Adults not covered by private or public health insurance	18–64 yrs	CPS	24	18.3%	Massachusetts	6.5%	2008–2010	50	0% (all ages)
	Adults who have a regular source of medical care	18–64 yrs	BRFSS	28	78.4%	Massachusetts	89.9%	2010	50	89.4%
	Adult fruit and vegetable consumption	18–64 yrs	BRFSS	28	21.6%	Vermont	27.8%	2009	50	NA
	Adult physical activity	18–64 yrs	BRFSS	5	83.0%	Vermont	84.5%	2010	50	NA
	Adult obesity	18–64 yrs	BRFSS	1	22.0%	Colorado	22.0%	2010	50	NA
	Adult smoking	18–64 yrs	BRFSS	15	17.3%	Utah	9.9%	2010	50	12% (18 and over)
	Adult binge drinking	18–64 yrs	BRFSS	27	17.7%	Tennessee	7.7%	2010	50	NA
	Adults with poor mental health	18–64 yrs	BRFSS	24	14.8%	South Dakota	9.4%	2010	50	NA
	Adults with diabetes	18–64 yrs	BRFSS	3	4.5%	Alaska	3.8%	2010	50	NA
	Adults with hypertension	18–64 yrs	BRFSS	2	17.0%	Minnesota	15.4%	2009	50	NA
HEALTHY AGING	Older adults with a regular source of medical care	65+ years	BRFSS	36	94.1%	Massachusetts	96.8%	2010	50	100%
	Older adults with recommended immunizations	65+ years	BRFSS	1	58.6%	Colorado	58.6%	2010	50	90%
	Older adults who participate in physical activity	65+ years	BRFSS	4	75.2%	Hawaii	76.8%	2010	50	NA
	Older adults who report poor physical health	65+ years	BRFSS	11	18.7%	Hawaii	14.8%	2010	50	NA
	Older adults who report poor mental health	65+ years	BRFSS	9	7.1%	Iowa	5.0%	2010	50	NA
	Older adults reporting limited activity due to poor physical or mental health	65+ years	BRFSS	23	22.0%	Nebraska	18.1%	2010	50	NA

* Data Sources:

PRAMS: Pregnancy Risk Assessment Monitoring System
 NIS: National Immunization Survey

Vital Stats: Vital Statistics System
 NSCH: National Survey of Children's Health
 YRBS: Youth Risk Behavior Survey

CPS: Current Population Survey
 BRFSS: Behavior Risk Factor Surveillance System