

## Appendix I: Indicator summary table

Life Cycle Phase	Indicator	Age range	Data Source*
HEALTHY BEGINNINGS	Prenatal care later than the first trimester or not at all	women of childbearing ages	Vital Stats
	Smoking during pregnancy	women of childbearing ages	PRAMS
	Low birth weight	births occurred in 2006	Vital Stats
	Infant mortality rate (infant deaths per 1,000 live births)	less than 1 yr	Vital Stats
	All recommended early childhood immunizations	children born between July 2004 and December 2007	NIS
HEALTHY CHILDREN	Children not covered by private or public health insurance	0–12 yrs	CPS
	Children living in families with income below the federal poverty level	0–12 yrs	CPS
	Children with a medical home	0–17 yrs	NSCH
	Children receiving preventive dental care in last 12 months	1–17 yrs	NSCH
	Children who participate in vigorous physical activity	6–17 yrs	NSCH
	Obese children	10–17 yrs	NSCH
HEALTHY ADOLESCENTS	Adolescents not covered by private or public health insurance	13–17 yrs	CPS
	Adolescents living in families with income below the federal poverty level	13–17 yrs	CPS
	Adolescent fruit and vegetable consumption	high school students	YRBS
	Adolescents who participate in vigorous physical activity	high school students	YRBS
	Adolescent binge drinking	high school students	YRBS
	Adolescent smoking	high school students	YRBS
	Adolescent depression	high school students	YRBS
	Adolescents who attempted suicide	high school students	YRBS
	Adolescent sexual activity	high school students	YRBS
	Adolescent condom use	high school students	YRBS
	Teen fertility rate (births to mothers 15–19 per 100,000 population)	15–19 yrs	Vital Stats



RANKING

CO rank	CO ranked value	Best state	Best state value	Year for ranked values	Number of states ranked	CO most recent value	Most recent year for CO	HP 2010 target (age group)
39	19.9%	New York	9.0%	2006	33	21.9%	2007	NA
13	89.4%	Utah	96.1%	2000–2003	19	89.3%	2007	99% abstain
36	8.9%	Alaska	5.9%	2006	50	9.0%	2007	5%
18	6.4/1,000	Utah	4.5/1,000	2005	50	6.2/1,000	2007	4.5/1,000
17	81.2%	New Jersey	88.1%	2007–2008	50	81.2%	2007–2008	90%
45	13.8%	Massachusetts	3.0%	2006–2008	50	13.8%	2006–2008	0%
13	14.6%	New Hampshire	7.7%	2006–2008	50	14.6%	2006–2008	NA
30	59.3%	New Hampshire	69.3%	2007	50	59.3%	2007	97% (age 0–17)
38	77.0%	Hawaii	86.9%	2007	50	77.0%	2007	NA
34	64.1%	Minnesota	72.8%	2007	50	64.1%	2007	NA
23	14.2%	Oregon	9.6%	2007	50	14.2%	2007	5%
31	11.2%	Hawaii	5.2%	2006–2008	50	11.2%	2006–2008	0%
13	10.5%	New Hampshire	5.2%	2006–2008	50	10.5%	2006–2008	NA
16	19.2%	Rhode Island	25.4%	2005	34	19.2%	2005	75% (all ages)
12	37.2%	North Carolina	45.9%	2005	30	37.2%	2005	NA
41	30.6%	Utah	8.8%	2005	40	30.6%	2005	2%
18	18.7%	Utah	7.4%	2005	40	18.7%	2005	16%
9	25.0%	North Dakota	20.3%	2005	39	25.0%	2005	NA
7	6.7%	Vermont	6.2%	2005	40	6.7%	2005	1%
6	29.5%	New York	29.2%	2005	27	29.5%	2005	NA
5	69.3%	New Jersey	71.2%	2005	32	69.3%	2005	NA
31	43.8/1,000	New Hampshire	18.7/1,000	2006	50	38.2/1,000	2007	43/1,000



## Appendix I: Indicator summary table (continued)

Life Cycle Phase	Indicator	Age range	Data Source*
HEALTHY ADULTS	Adults not covered by private or public health insurance	18–64 yrs	CPS
	Adults who have a regular source of medical care	18–64 yrs	BRFSS
	Adult fruit and vegetable consumption	18–64 yrs	BRFSS
	Adult physical activity	18–64 yrs	BRFSS
	Adult obesity	18–64 yrs	BRFSS
	Adult smoking	18–64 yrs	BRFSS
	Adult binge drinking	18–64 yrs	BRFSS
	Adults with poor mental health	18–64 yrs	BRFSS
	Adults with diabetes	18–64 yrs	BRFSS
	Adults with hypertension	18–64 yrs	BRFSS
HEALTHY AGING	Older adults with a regular source of medical care	65+ years	BRFSS
	Older adults with recommended immunizations	65+ years	BRFSS
	Older adults who participate in physical activity	65+ years	BRFSS
	Older adults who report poor physical health	65+ years	BRFSS
	Older adults who report poor mental health	65+ years	BRFSS
	Older adults reporting limited activity due to poor physical or mental health	65+ years	BRFSS



RANKING

CO rank	CO ranked value	Best state	Best state value	Year for ranked values	Number of states ranked	CO most recent value	Most recent year for CO	HP 2010 target (age group)
32	19.9%	Massachusetts	9.3%	2006–2008	50	19.9%	2006–2008	0%
31	77.2%	Delaware	88.5%	2008	50	77.2%	2008	96% (18 and over)
17	25.1%	Vermont	29.1%	2007	50	25.1%	2007	75% (all ages)
3	82.2%	Minnesota	83.2%	2008	50	82.2%	2008	80% (18 and over)
1	19.5%	Colorado	19.5%	2008	50	19.5%	2008	15% (20 and over)
14	18.9%	Utah	10.1%	2008	50	18.9%	2008	12% (18 and over)
28	18.1%	Utah	9.1%	2008	50	18.1%	2008	6% (18 and over)
6	12.2%	North Dakota	9.6%	2008	50	12.2%	2008	NA
5	4.5%	Minnesota	4.1%	2008	50	4.5%	2008	2.5% (all ages)
3	16.2%	Utah	14.7%	2007	50	16.2%	2007	16% (20 and over)
12	95.8%	Pennsylvania	97.3%	2008	50	95.8%	2008	96% (18 and over)
1	61.7%	Colorado and New Hampshire	61.7%	2008	50	61.7%	2008	90% (65 and over)
5	73.9%	Hawaii	80.6%	2008	50	73.9%	2008	80% (18 and over)
17	19.7%	Minnesota	16.2%	2008	50	19.7%	2008	NA
8	7.0%	Minnesota	5.0%	2008	50	7.0%	2008	NA
21	22.2%	Hawaii	15.9%	2008	50	22.2%	2008	NA

\* Data Sources:

PRAMS: Pregnancy Risk Assessment Monitoring System

NIS: National Immunization Survey

Vital Stats: Vital Statistics System

NSCH: National Survey of Children's Health

YRBS: Youth Risk Behavior Survey

CPS: Current Population Survey

BRFSS: Behavior Risk Factor Surveillance System

