

Appendix I: Indicator summary table

Life Stage	Indicator	Age range	Data Source*
HEALTHY BEGINNINGS	Prenatal care later than the first trimester (%)	women of childbearing ages	Vital Stats
	Smoking during pregnancy (%)	women of childbearing ages	PRAMS
	Low birth weight (%)	births occurred in 2005	Vital Stats
	Infant mortality rate (infant deaths per 1,000 live births)	less than 1 yr	Vital Stats
	All recommended early childhood immunizations (%)	children born between January 2003 and June 2005	NIS
HEALTHY CHILDREN	Children not covered by private or public health insurance (%)	0 – 12 yrs	CPS
	Children living in families with income below the federal poverty level (%)	0 – 12 yrs	CPS
	Children with a regular source of primary care (%)	0 – 17 yrs	NSCH
	Children receiving preventive dental care in last 12 months (%)	1 – 17 yrs	NSCH
	Children who participate in vigorous physical activity (%)	6 – 17 yrs	NSCH
	Overweight children (%)	10 – 17 yrs	NSCH
HEALTHY ADOLESCENTS	Adolescents not covered by private or public health insurance (%)	13 – 17 yrs	CPS
	Adolescents living in families with income below the federal poverty level (%)	13 – 17 yrs	CPS
	Adolescent fruit and vegetable consumption (%)	high school students	YRBS
	Adolescents who participate in vigorous physical activity (%)	high school students	YRBS
	Overweight adolescents (%)	high school students	YRBS
	Adolescent binge drinking (%)	high school students	YRBS
	Adolescent smoking (%)	high school students	YRBS
	Adolescent depression (%)	high school students	YRBS
	Adolescents who attempted suicide (%)	high school students	YRBS
	Adolescent sexual activity (%)	high school students	YRBS
	Adolescent condom use (%)	high school students	YRBS
	Teen fertility rate (births to mothers 15 – 19 per 100,000 population)	15 – 19 yrs	Vital Stats



RANKING

CO rank	CO ranked value	Best state	Best state value	Year for ranked values	Number of states ranked	CO most recent value	Most recent year for CO	HP 2010 target (age group)
33	21.2%	Iowa	11.8%	2004	42	21.4%	2005	90% receive adequate prenatal care
5	89.4%	Utah	96.1%	2003	19	89.8%	2005	99% abstain
39	9.0%	Alaska & Oregon	6.0%	2004	50	9.3%	2005	5%
17	6.2/1,000	Vermont	4.7/1,000	2003 – 2004	50	6.4/1,000	2005	4.5/1,000
28	80.3%	Massachusetts	86.9%	2006	50	80.3%	2006	90%
44	14.1%	Michigan	4.6%	2004 – 2006	50	14.1%	2004 – 2006	0%
16	14.4%	New Hampshire	6.5%	2004 – 2006	50	14.4%	2004 – 2006	NA
28	45.8%	New Hampshire	61%	2003	50	52.2%	2006	97% (age 0 – 17)
38	70.5%	Vermont	85.7%	2003	50	70.5%	2003	NA
37	57.1%	Alabama	69.2%	2003	50	57.1%	2003	NA
3	9.9%	Utah	8.5%	2003	50	14.8%	2006	5%
41	14.1%	Iowa	5.4%	2004 – 2006	50	14.1%	2004 – 2006	0%
14	10.3%	New Hampshire	5.6%	2004 – 2006	50	10.3%	2004 – 2006	NA
11	19.2%	Rhode Island	25.4%	2005	34	19.2%	2005	75% (all ages)
4	70.1%	New Hampshire	72.1%	2005	39	70.1%	2005	85%
6	9.8%	Utah	5.6%	2005	39	9.8%	2005	5%
33	30.6%	Utah	8.8%	2005	40	30.6%	2005	2%
14	18.7%	Utah	7.4%	2005	40	18.7%	2005	16%
7	25.0%	North Dakota	20.3%	2005	39	25.0%	2005	NA
6	6.7%	Vermont	6.2%	2005	40	6.7%	2005	1%
3	29.5%	New York	29.2%	2005	27	29.5%	2005	NA
3	69.3%	New Jersey	71.2%	2005	32	69.3%	2005	NA
36	43.9/1,000	New Hampshire	18.2/1,000	2004	50	39.3/1,000	2005	43/1,000



Appendix I: Indicator summary table (continued)

Life Stage	Indicator	Age range	Data Source*
HEALTHY ADULTS	Adults not covered by private or public health insurance (%)	18 – 64 yrs	CPS
	Adults who have a regular source of medical care (%)	18 – 64 yrs	BRFSS
	Adult fruit and vegetable consumption (%)	18 – 64 yrs	BRFSS
	Adult physical activity (%)	18 – 64 yrs	BRFSS
	Adult obesity (%)	18 – 64 yrs	BRFSS
	Adult smoking (%)	18 – 64 yrs	BRFSS
	Adult binge drinking (%)	18 – 64 yrs	BRFSS
	Adults with poor mental health (%)	18 – 64 yrs	BRFSS
	Adults with diabetes (%)	18 – 64 yrs	BRFSS
	Adults with hypertension (%)	18 – 64 yrs	BRFSS
HEALTHY AGING	Older adults with a regular source of medical care (%)	65+ years	BRFSS
	Older adults with recommended immunizations (%)	65+ years	BRFSS
	Older adults who participate in physical activity (%)	65+ years	BRFSS
	Older adults who report poor physical health (%)	65+ years	BRFSS
	Older adults who report poor mental health (%)	65+ years	BRFSS
	Older adults reporting limited activity due to poor physical or mental health (%)	65+ years	BRFSS
	Ambulatory care sensitive conditions among Medicare beneficiaries (admissions per 100,000 beneficiaries)	65+ years	MSA files



RANKING

CO rank	CO ranked value	Best state	Best state value	Year for ranked values	Number of states ranked	CO most recent value	Most recent year for CO	HP 2010 target (age group)
32	19.6%	Minnesota	10.7%	2004 – 2006	50	19.6%	2004 – 2006	0%
32	75.5%	Maine	89.4%	2006	50	75.5%	2006	96% (18 and over)
18	23.0%	Vermont	29.3%	2005	50	23.0%	2005	75% (all ages)
5	83.9%	Minnesota	87.0%	2005	50	83.9%	2005	80% (18 and over)
1	18.4%	Colorado	18.4%	2006	50	18.4%	2006	15% (20 and over)
8	19.5%	Utah	10.6%	2006	50	19.5%	2006	12% (18 and over)
30	18.6%	Tennessee	9.8%	2006	50	18.6%	2006	6% (18 and over)
8	11.8%	Minnesota	9.3%	2006	50	11.8%	2006	NA
2	3.8%	Utah	3.7%	2006	50	3.8%	2006	2.5% (all ages)
2	15.5%	Utah	13.8%	2005	50	15.5%	2005	16% (20 and over)
33	93.4%	Rhode Island	97.1%	2006	50	93.4%	2006	96% (18 and over)
1	62.2%	Colorado	62.2%	2006	50	62.2%	2006	90% (65 and over)
5	74.6%	Minnesota	79.4%	2006	50	74.6%	2006	80% (18 and over)
7	18.2%	Hawaii	15.7%	2006	50	18.2%	2006	NA
5	5.9%	Minnesota	5.0%	2006	50	5.9%	2006	NA
7	19.9%	Wisconsin	11.0%	2006	50	19.9%	2006	NA
10	5,729 /100,000	Hawaii	4,069 /100,000	2003	50	5,729 /100,000	2003	NA

* Data Sources:

BRFSS: Behavior Risk Factor Surveillance System

YRBS: Youth Risk Behavior Survey

NSCH: National Survey of Children's Health

CPS: Current Population Survey

Vital Stats: Vital Statistics System

NIS: National Immunization Survey

PRAMS: Pregnancy Risk Assessment Monitoring System

MSA Files: Medicare Standard Analytic Files

