



## Colorado Medicaid Consumer-directed Programs

Consumer direction provides clients more choice and control over care. In a consumer-directed program, clients may select, hire, train, supervise and dismiss their personal care worker. Clients decide whom to hire, what services are provided and the time of day their worker provides care.

	Consumer Directed Attendant Support (CDAS)	In-Home Support Services (IHSS)*
<p><b>PROGRAM</b> What type of program is this?</p>	<p>CDAS is an approved HCBS service delivery option under the following waivers:</p> <ul style="list-style-type: none"> <li>▪ Elderly, blind &amp; disabled (EBD)</li> <li>▪ Serious mental illness (SMI)</li> <li>▪ Brain injury</li> <li>▪ Children’s waivers</li> </ul> <p>It is only currently implemented in EBD and SMI waivers; anticipated implementation date in the other approved waivers is 1/1/2010.</p> <p>Federal approval has been requested in the renewals of 2 waivers serving persons with DD which are scheduled for renewal on 7/1/09:</p> <ul style="list-style-type: none"> <li>▪ Developmental Disability waiver</li> <li>▪ Supported Living Services (SLS)</li> </ul>	<p>New method of service delivery under the 1915(c) Home and Community-Based Services Elderly, Blind and Disabled (HCBS-EBD) and Children’s HCBS waivers.</p>
<p><b>TARGET POPULATION</b> For whom is the program intended?</p>	<p>Recipients of Medicaid-funded home care services who are interested in directing their own care.<sup>1</sup></p>	<p>New or current Medicaid HCBS-EBD recipients interested in directing their own care, or families of Children’s HCBS recipients who are interested in directing their child’s care.</p>

<sup>1</sup> In order to sign the contract with the fiscal intermediary, clients must be 18 years or older.

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<b>ELIGIBILITY</b> What are the eligibility criteria?	<i>The client must:</i> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Have received Medicaid-funded attendant support for the previous 12 months.</li> <li><input checked="" type="checkbox"/> Be able to direct his or her own care. A support person may manage financial aspects of the worker-client relationship.</li> <li><input checked="" type="checkbox"/> Submit a doctor's statement certifying that the client can manage care and is in stable health.</li> </ul>	<i>The client must:</i> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Be eligible for the HCBS-EBD or the Children's HCBS waiver.</li> <li><input checked="" type="checkbox"/> Be able to direct his or her own care or have an authorized representative to direct care.</li> <li><input checked="" type="checkbox"/> Submit a doctor's statement certifying that the client or an authorized representative can direct care.</li> </ul>
<b>ENROLLMENT CAP</b> Is there a limit on enrollment?	The cap is the HCBS waiver enrollment cap for which CDAS is a service delivery option.	No. However, the HCBS-EBD and Children's HCBS waivers enrollment caps apply.
<b>AUTHORIZED REPRESENTATIVES</b> May the client authorize another person to direct the care?	Yes <sup>2</sup>	Yes
<b>SERVICES</b> What services does the program cover?	Health maintenance activities, personal care and homemaker services.  The client may self-direct these services. <sup>3</sup>	Health maintenance activities, personal care and homemaker services.  The client or authorized representative may self-direct these services.
<b>SKILLED CARE</b> May attendants provide skilled care?	Yes. The waiver has a Nurse Practice Act exemption.	Yes. The program has a Nurse Practice Act exemption.

<sup>2</sup> HCPF is currently seeking approval from Center for Medicare and Medicaid Services (CMS) to allow authorized representatives direct care.

<sup>3</sup> HCPF is currently seeking approval from CMS to allow authorized representatives direct services.

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<b>DIRECTING THE CARE</b> How much may the client direct attendants?	The client chooses, hires, trains, supervises and dismisses attendants.  The client may hire a spouse as an attendant.	The client or authorized representative may choose, train, supervise and dismiss attendants. An IHSS agency hires the attendants.  Spouses of HCBS-EBD clients may not be attendants. Parents of minor children in Children’s HCBS may not be attendants.
<b>SERVICE BUDGET</b> Does the client have an individualized budget?	Yes. The Department of Health Care Policy and Financing (HCPF) bases services on the client’s utilization history; this determines the client’s monthly allocation for services.	No. The client receives services based on the care plan and cost containment guidelines.
<b>HOURLY WAGES</b> Who decides how much to pay the attendants?	The client chooses how much to pay, based on a monthly budget.	IHSS agencies set hourly rates for attendants.
<b>PAYROLL AND PAPERWORK</b> Who handles financial & personnel matters?	The financial management services (FMS) agency.	The IHSS provider agency.
<b>TRAINING</b> Will the client and the attendants receive training?	Yes, mandatory training to the client and/or authorized representative is a responsibility of the FMS. The client or authorized representative is then responsible for training attendants.	Yes, the IHSS agencies provide training to the client and limited training to attendants. The client is responsible for most of the attendants’ training.
<b>CASE MANAGEMENT</b> What are the case manager’s responsibilities?	Referral, intake, screening, assistance with attendant support management planning, prior authorization, monitoring and reassessment.	Referral, intake, screening, eligibility determination, assistance with care planning, prior authorization, monitoring and reassessment.
<b>APPLYING TO THE PROGRAM</b> How do clients apply?	Through the Options for Long Term Care/Single Entry Point (OLTC/SEP) agency.	Through the OLTC/SEP or Certified Case Management agency.

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<b>FURTHER READING</b> Where can I find more information?	Volume 8 Rules section 8.551 C.R.S. sections 26-4-901 through 26-4-904 <a href="http://www.chcpf.state.co.us/HCPF/Syschange/cdas/cdas_index.asp">http://www.chcpf.state.co.us/HCPF/Syschange/cdas/cdas_index.asp</a>	Volume 8 Rules section 8.552 C.R.S. sections 26-4-1401 through 26-4-1408 <a href="http://www.chcpf.state.co.us/HCPF/Syschange/IHSS_Intro.asp">http://www.chcpf.state.co.us/HCPF/Syschange/IHSS_Intro.asp</a>
<b>QUESTIONS?</b> Whom should I contact for more information? Whom should clients contact?	Aggie Berens, Program Administrator (303) 866-3358 <a href="mailto:Aggie.Berens@state.co.us">Aggie.Berens@state.co.us</a>	George Good-deCurnou (303) 866-2704 <a href="mailto:George.Good-deCurnou@state.co.us">George.Good-deCurnou@state.co.us</a>

SOURCE: Colorado Department of Health Care Policy and Financing, May 2009

NOTE: The Consumer Directed Care for the Elderly (CDCE) program was not renewed as a separate waiver program when its original 3-year approval ended. By that time CDAS was a HCBS EBD service delivery option so all those clients transitioned to EBD.

**The Colorado Department of Health Care Policy and Financing (HCPF) administers the CDAS and IHSS programs.**

Acronyms:

CDAS	Consumer Directed Attendant Support	HCBS	Home and Community-Based Services	ISO	Intermediary Service Organization
CDCE	Consumer Directed Care for the Elderly	HCBS-EBD	Home and Community-Based Services – Elderly, Blind and Disabled	OLTC	Options for Long Term Care
CRS	Colorado Revised Statutes	IHSS	In-Home Support Services	SEP	Single Entry Point