

Mental Health in Colorado: Five Things to Know Data Sources

1. Mental Health Varies By Race/Ethnicity, Gender And Location.

Race/Ethnicity

- Colorado Department of Public Health and Environment, Center for Health and Environmental Data, Health Statistics and Evaluation Branch. [Behavioral Risk Factor Surveillance System](#), 2013.

Gender

- Colorado Department of Public Health and Environment. [Vital Statistics Program](#), 2013.
- Colorado Department of Public Health and Environment, Colorado Department of Human Services Office of Behavioral Health, Colorado Department of Education and University of Colorado Denver. [Healthy Kids Colorado Survey](#), 2013.

Location

- Colorado Department of Public Health and Environment, Colorado Department of Human Services Office of Behavioral Health, Colorado Department of Education and University of Colorado Denver. [Healthy Kids Colorado Survey](#), 2013.

2. Mental Health Also Varies By Age And Stage Of Life.

Teens

- Colorado Department of Public Health and Environment, Colorado Department of Human Services Office of Behavioral Health, Colorado Department of Education and University of Colorado Denver. [Healthy Kids Colorado Survey](#), 2013.

Adults

- Colorado Department of Public Health and Environment, Center for Health and Environmental Data, Health Statistics and Evaluation Branch. [Behavioral Risk Factor Surveillance System](#), 2013.

Seniors 65 and Above

- Colorado Department of Public Health and Environment, Center for Health and Environmental Data, Health Statistics and Evaluation Branch. [Behavioral Risk Factor Surveillance System](#), 2013.



3. Suicide: A Pressing Concern
 - Colorado Department of Public Health and Environment. [Vital Statistics Program](#), 2013.

4. Access to Mental Health Care is a Challenge.
 - [Medical Quest Database](#), 2013.
 - Department of Regulatory Agencies [Licensure Data](#), 2015.
 - Colorado Health Institute. [Colorado Health Access Survey](#), 2013-2015.

5. The Stigma of Receiving Mental Health Care is On the Rise.
 - Colorado Health Institute. [Colorado Health Access Survey](#), 2013-2015.

