Local Data, Local Health

Cheyenne, Elbert, Kit Carson and Lincoln Counties

October 2014

colorado health
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Community Data for Community Members

- **Dive Into the Details:**
  Snapshots of a region's health.

- **Use Our Data:**
  These graphics are ready for your presentations, reports, grant applications, tweets and other needs.

- **Get More Information:**
  Contact the Colorado Health Institute. You can reach us by phone, email or social media.

Colorado's 21 Health Statistics Regions
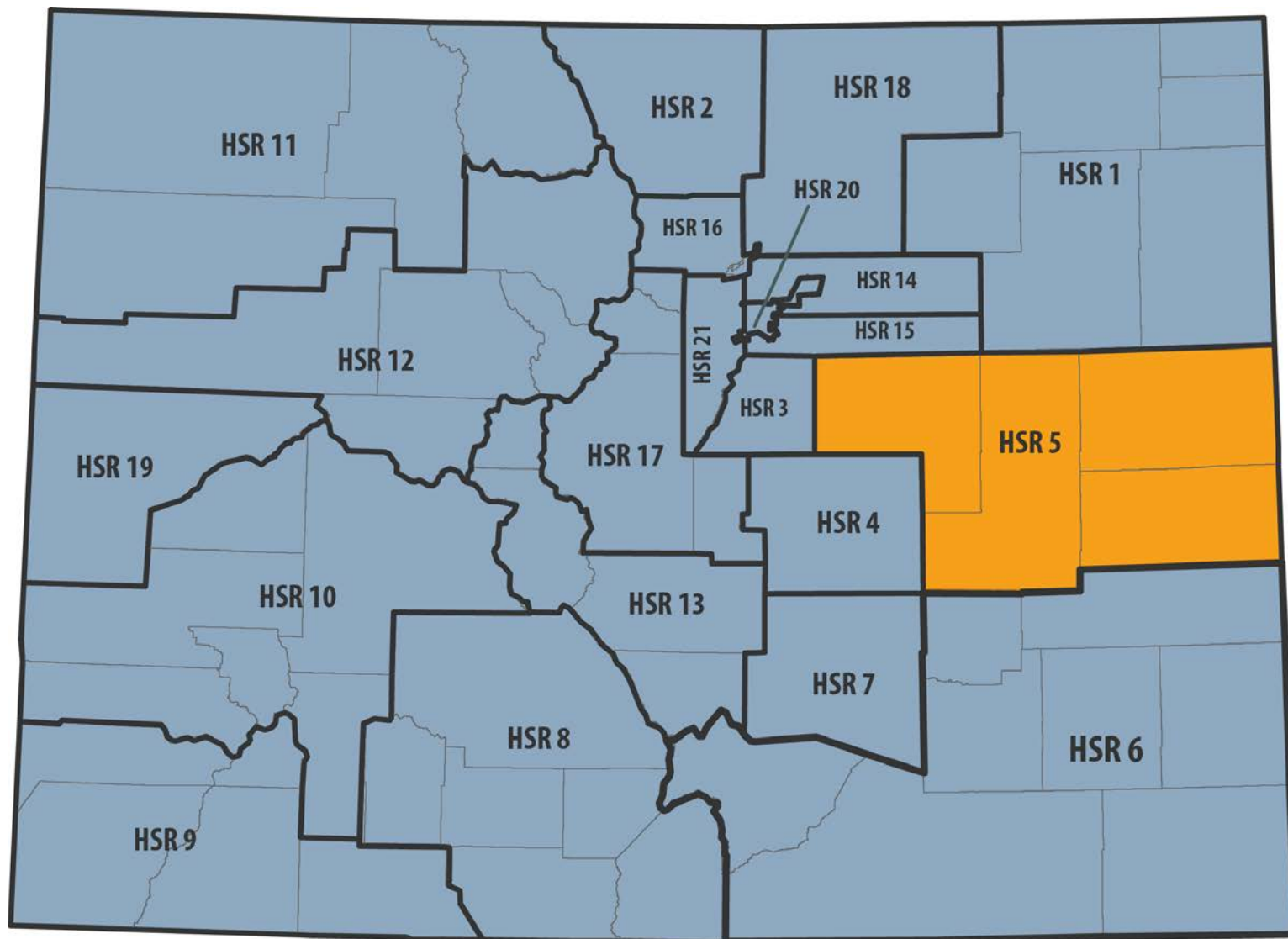
Data Highlights: Region 5

The **population** is growing more than twice as fast as the state population.

Adults have a below-average rate of **smoking**.

Fewer than half of residents reported having **dental insurance**.

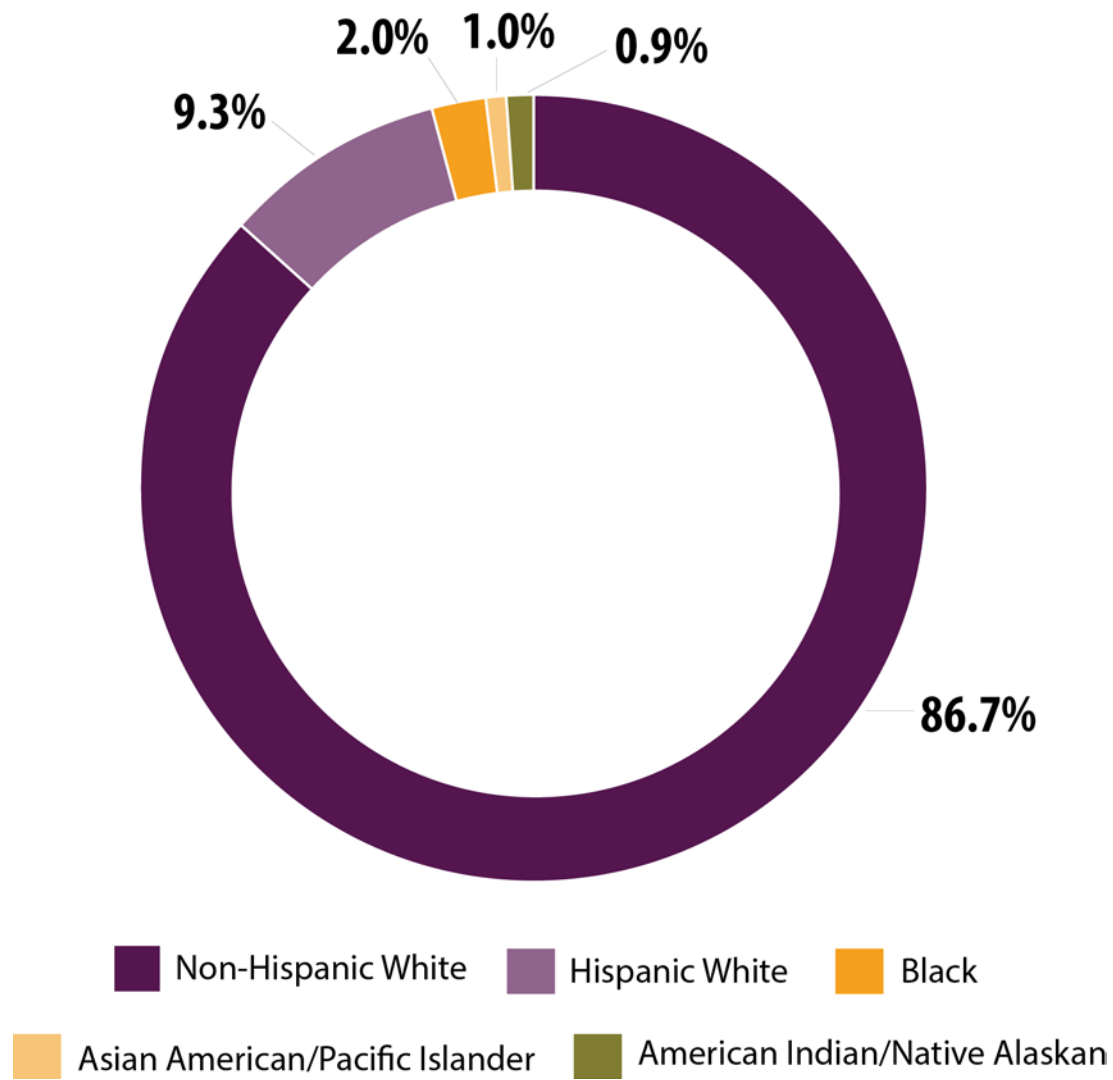**Health Data Profile:**

Demographics

HSR 5: Population

	Population in 2014	Projected 2020 Population	Average Annual Growth Rate
All Ages	**40,397**	**52,615**	**4.5%**
	5,363,689	5,946,128	1.7%
Ages 0-18	**9,254**	**12,456**	**5.1%**
	1,345,196	1,464,674	1.4%
Ages 19-64	**25,305**	**32,152**	**4.1%**
	3,334,972	3,577,370	1.2%
Ages 65+	**5,838**	**8,006**	**5.4%**
	683,521	904,084	4.8%

■ = HSR 5   ■ = Colorado

SOURCE: Colorado Department of Local Affairs, Demography Office 2014

HSR 5: Race and Ethnicity

2.0% 1.0% 0.9%

9.3%

86.7%

Non-Hispanic White   Hispanic White   Black

Asian American/Pacific Islander   American Indian/Native Alaskan

SOURCE: The National Center for Health Statistics, 2012

HSR 5: Income Levels

SOURCE: American Community Survey, 2012
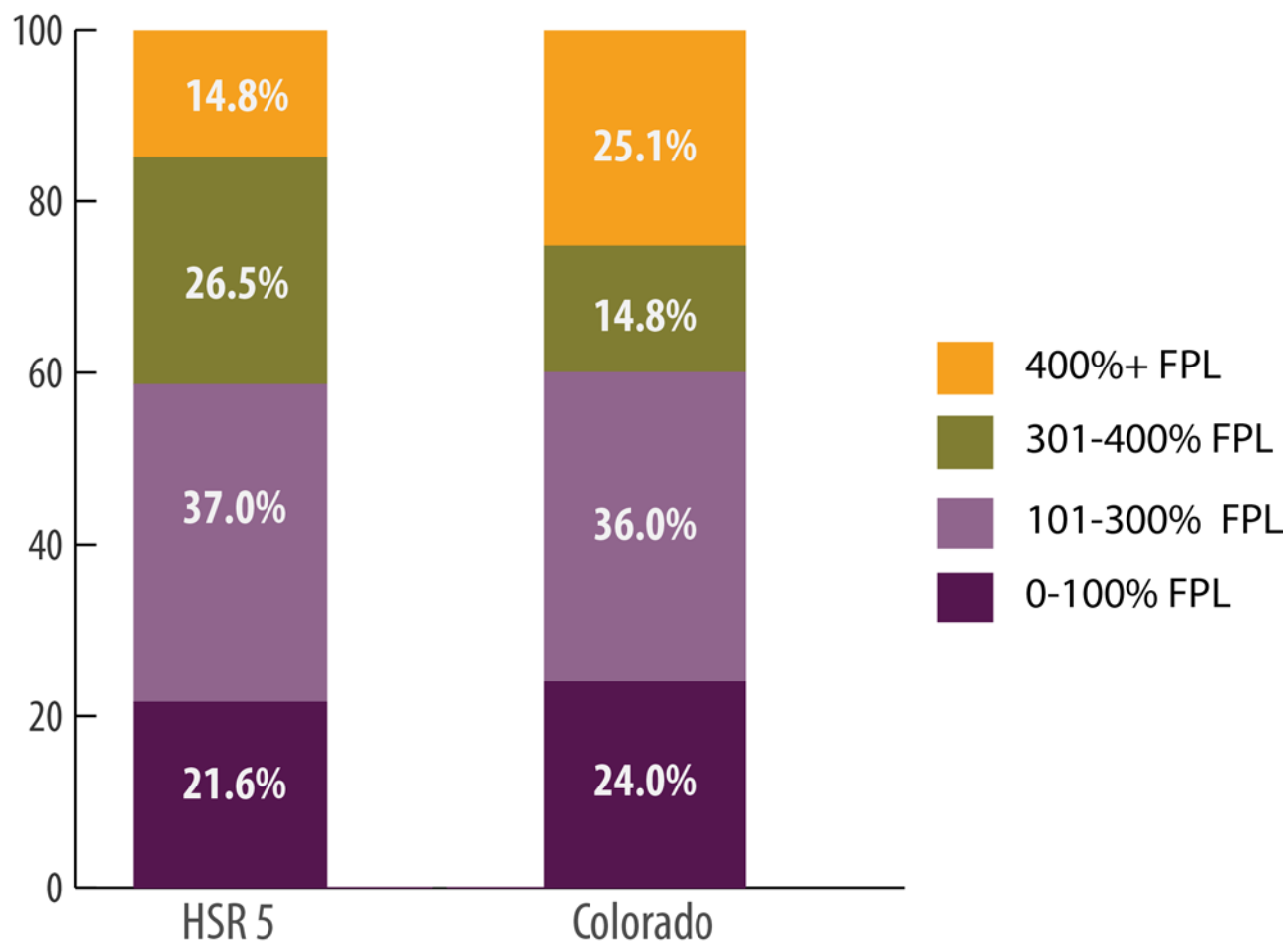
HSR 5: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits

Legend:
- 400%+ FPL
- 266-400% FPL
- 139-265% FPL
- 0-138% FPL

HSR 5:
- 42.2%
- 16.7%
- 16.6%
- 24.5%

Colorado:
- 35.7%
- 17.4%
- 19.9%
- 26.9%
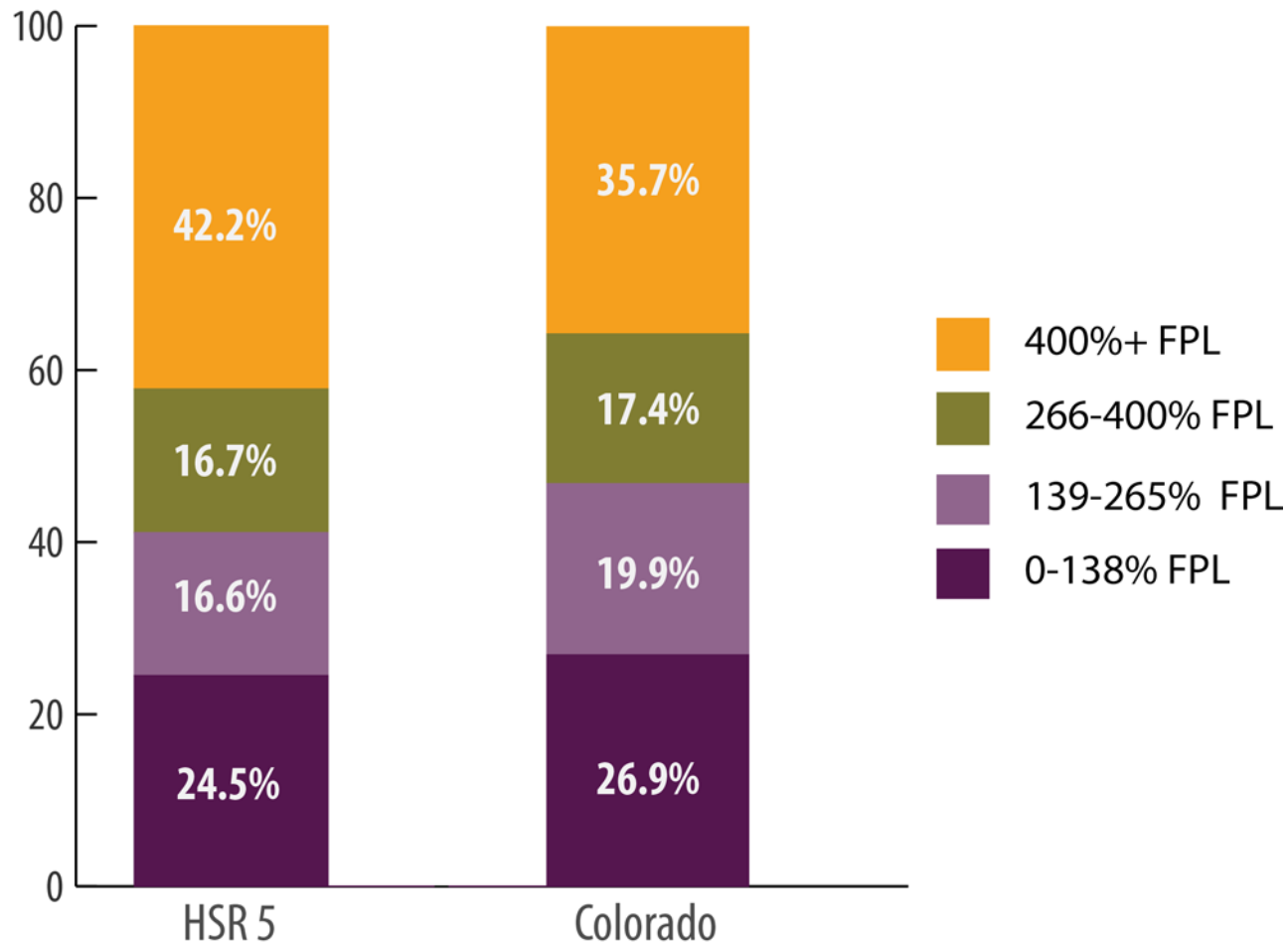
HSR 5: Unemployment

Number Unemployed, 2013

1,104

186,723

Unemployment Rate, 2013

5.2%

6.8%

■ = HSR 5   ■ = Colorado

SOURCE: Colorado Department of Labor and Employment, 2013

HSR 5: Education

Public School Students Eligible for Free and Reduced School Lunch (K-12)

35.4%

42.2%

High School Completion Rate

89.1%

79.6%

■ = HSR 5   ■ = Colorado

Health Data Profile:

Health Indicators

HSR 5: General Health Status

Percentage Reporting Excellent/Very Good/Good General Health Status

90.0%

86.9%

Percentage Reporting Fair/Poor General Health Status

10.0%

13.1%

■ = HSR 5   ■ = Colorado

HSR 5: Health Behaviors

|	Adults 18+ Binge Drinking*	Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days	Adults 18+ with Adequate Physical Activity**	Age 18+ Year Old Smokers
HSR 5	**18.4%**	**47.7%**	**54.1%**	**14.7%**
Colorado	**18.5%**	**49.6%**	**59.5%**	**17.7%**

* Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.
** Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.

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HSR 5: Child Obesity

Children 2-14 Who Are Overweight or Obese

HSR 5
32.8%

Colorado
27.4%

SOURCE: Colorado Child Health Survey, 2010-2012
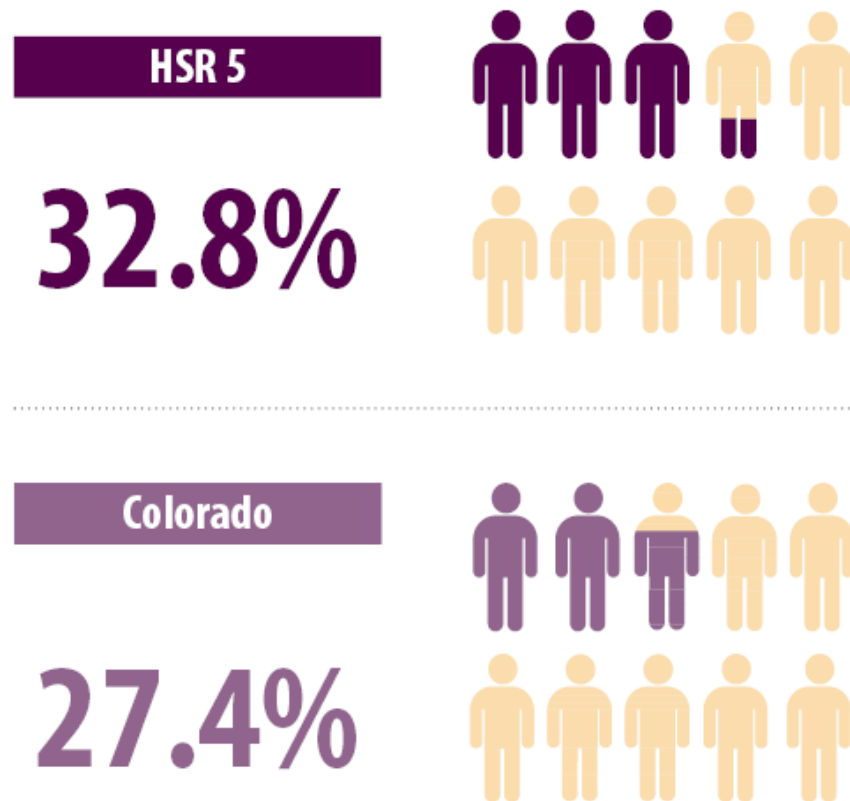
HSR 5: Adult Obesity

Adults 18+ Who Are Obese

HSR 5

24.9%

Colorado

21.3%

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013

HSR 5: Health Outcomes

	HSR 5	Colorado
Percent Births With Low Birthweight	9.2%	8.8%
Teen Birth Rate (15-17, per 1,000 Women)	5.9	14.4
Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol	44.5%	34.8%
Adults 18+ Told by Physician They Have High Blood Pressure	31.8%	26.3%

HSR 5: Food Access Indicators

	Children 1-14 Who Ate Fruit 2+ Times and Veggies 3+ Times per Day	Children 1-14 Who Ate Fast Food 1+ Times in Past Week	Adults 18+ Who Ate Fast Food 1+ Times in Past Week	Agree/Strongly Agree it is Easy to Purchase Healthy Foods in Neighborhood
HSR 5	**8.2%**	**68.1%**	**68.4%**	**76.1%**
Colorado	**10.9%**	**65.9%**	**64.4%**	**86.6%**

SOURCE: Colorado Child Health Survey 2010-2012; Colorado Behavioral Risk Factor Surveillance System, 2011

HSR 5: Oral Health

Percentage Who Have Dental Insurance
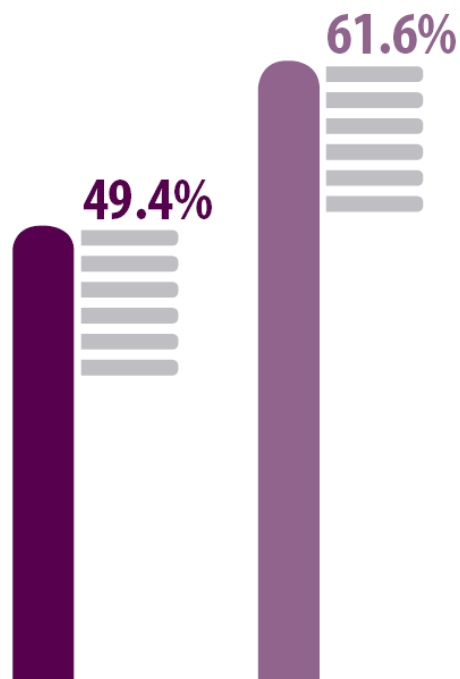
Percentage Reporting Excellent/Very Good/ Good Oral Health

61.6%

49.4%

83.0%

77.3%

■ = HSR 5   ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013
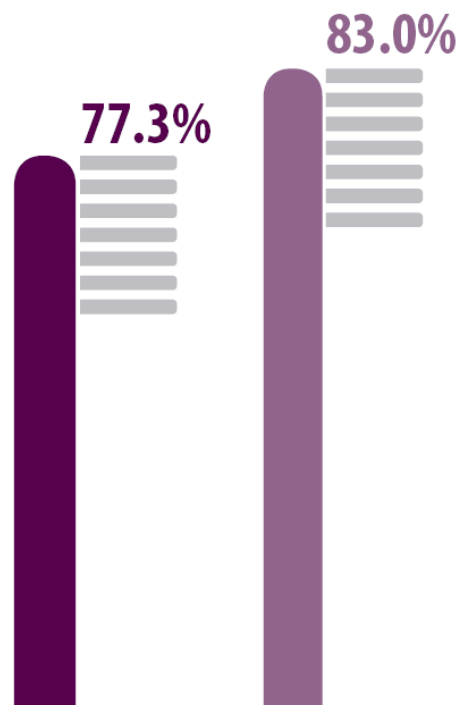
HSR 5: Mental Health

Percentage Reporting Poor Mental Health*

4.7%

10.6%

Percentage Did Not Get Mental Health Care When Needed**

9.0%

7.8%

■ = HSR 5   ■ = Colorado

*Poor mental health includes eight or more days of stress, depression, and problems with emotions.
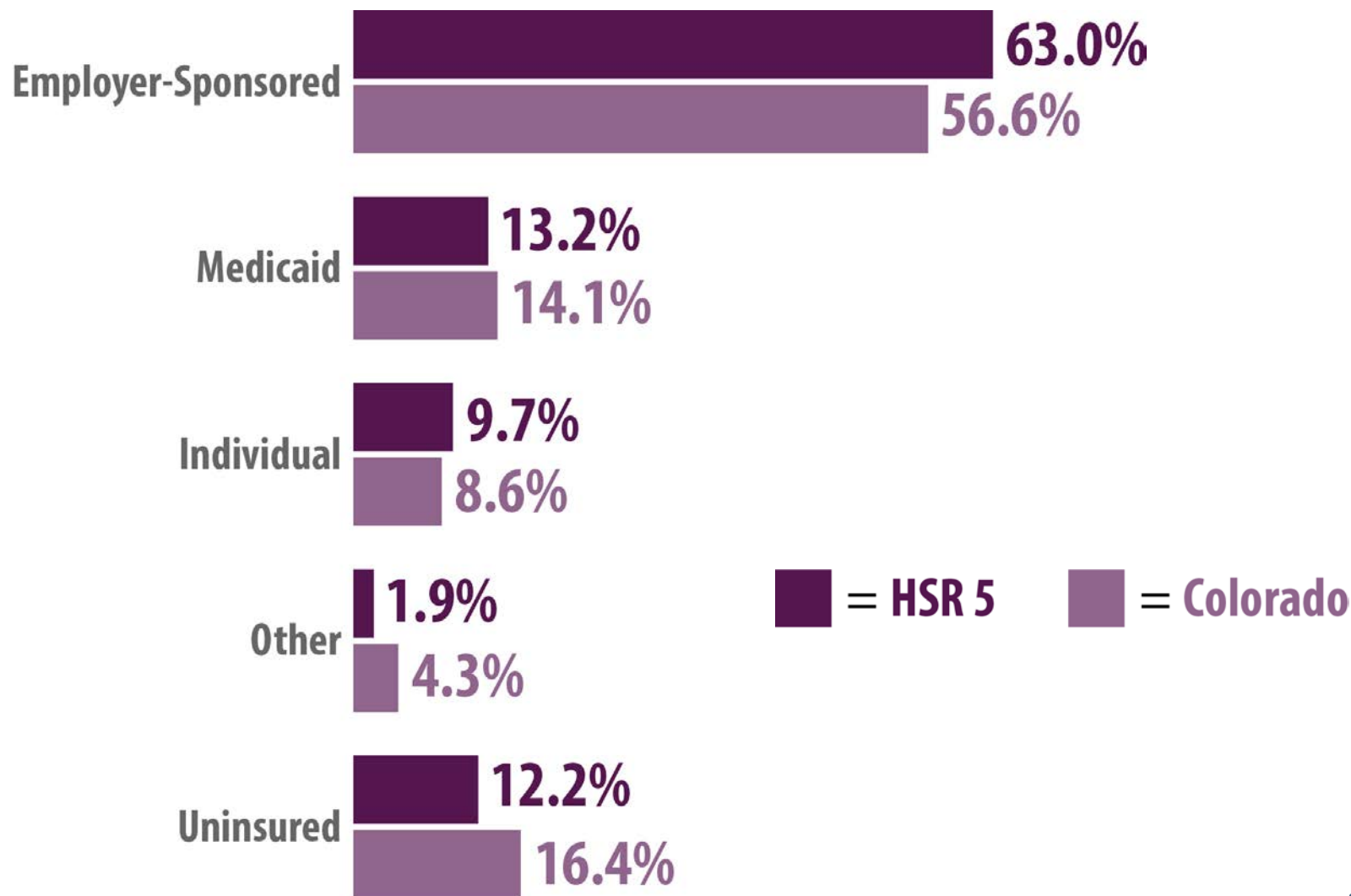**In the past 12 months

SOURCE: Colorado Health Access Survey, 2013

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Health Data Profile:

Insurance and Access

HSR 5: Health Insurance Types, 2012

Employer-Sponsored
63.0%
56.6%

Medicaid
13.2%
14.1%

Individual
9.7%
8.6%

Other
1.9%
4.3%

Uninsured
12.2%
16.4%

■ = HSR 5   ■ = Colorado

SOURCE: American Community Survey, 2012

HSR 5: Eligible But Not Enrolled In Public Insurance Programs

	HSR 5	Colorado
Children (0-18) Eligible But Not Enrolled in Medicaid	9.5%	11.5%
Children (0-18) Eligible But Not Enrolled in CHP+	24.9%	30.6%
Adults (19-64) Eligible But Not Enrolled in Medicaid	24.0%	26.1%

SOURCE: 2014 Colorado Health Institute analysis of 2012 American Community Survey Data

HSR 5: Access to Care

Usual Source of Care
- HSR 5: 85.2%
- Colorado: 83.1%

Visited General Doctor in Prior 12 Months
- HSR 5: 66.5%
- Colorado: 70.0%

Visited Specialist in Prior 12 Months
- HSR 5: 32.1%
- Colorado: 35.1%

Visited Emergency Room in Prior 12 Months
- HSR 5: 21.5%
- Colorado: 19.5%

Visited Dentist in Prior 12 Months
- HSR 5: 64.8%
- Colorado: 65.2%

■ = HSR 5   ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013

HSR 5: Health Care Workforce (Rate per 1,000 Residents)

Practicing Primary Care Physicians

11 (0.3)

3,332 (0.6)

Active Licensed Physican Assistants

7 (0.2)

2,411 (0.4)

Active Licensed Nurse Practioners

19 (0.5)

3,142 (0.6)

Active Licensed Dentists

10 (0.2)

3,880 (0.7)

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