

Local Data, Local Health

Mesa County

October 2014



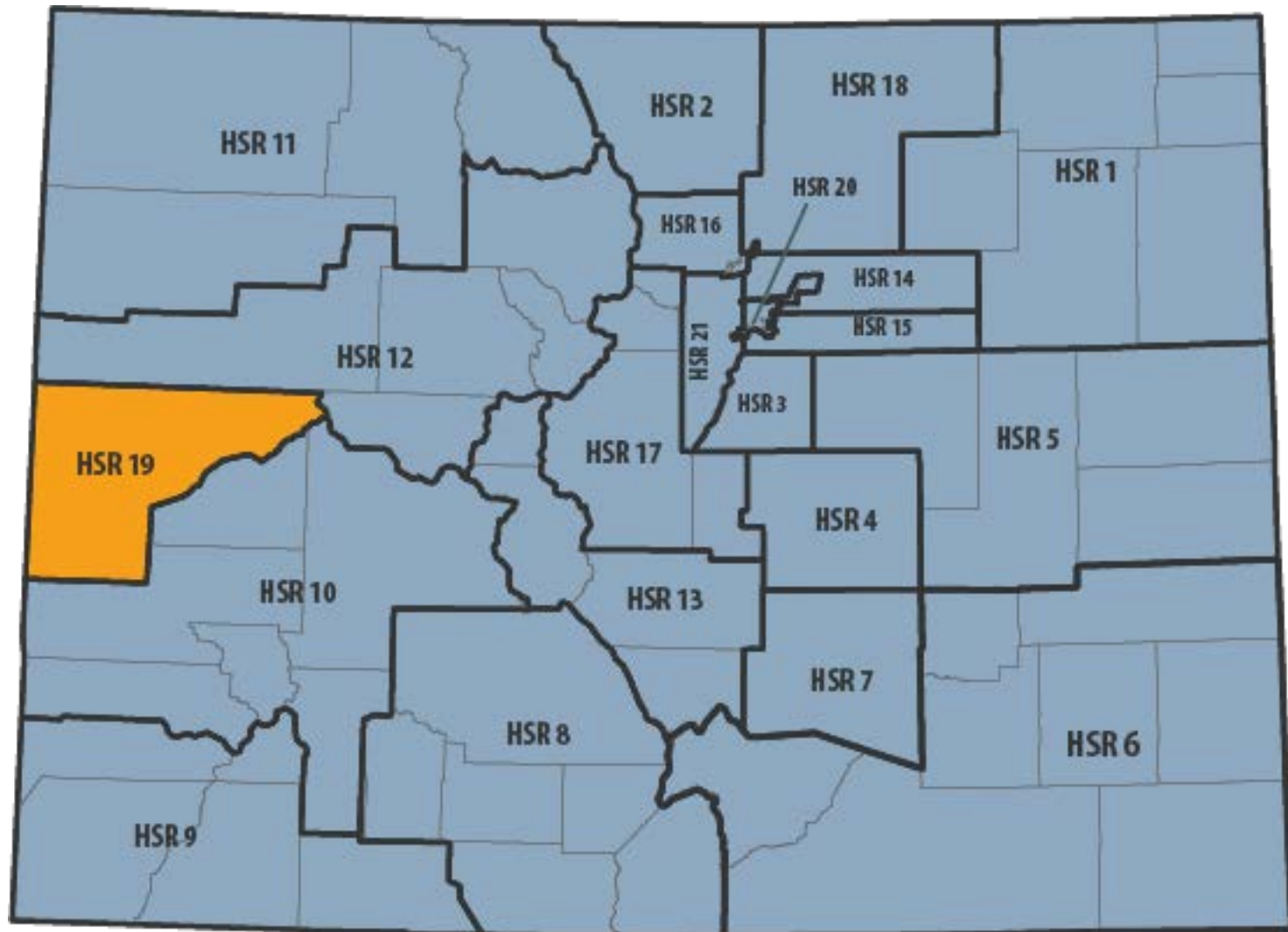
colorado health
INSTITUTE

Community Data for Community Members

- **Dive Into the Details:**
Snapshots of a region's health.
- **Use Our Data:**
These graphics are ready for your presentations, reports, grant applications, tweets, and other needs.
- **Get More Information:**
Contact the Colorado Health Institute. You can reach us by phone, email or social media.



Colorado's 21 Health Statistics Regions



Data Highlights: Region 19



The percentage of **children eating fruits and vegetables** is far below the state average.



More adults say they have a **usual source of care** than the state average.



Teens are having babies at a higher-than-average rate.



Health Data Profile:

Demographics

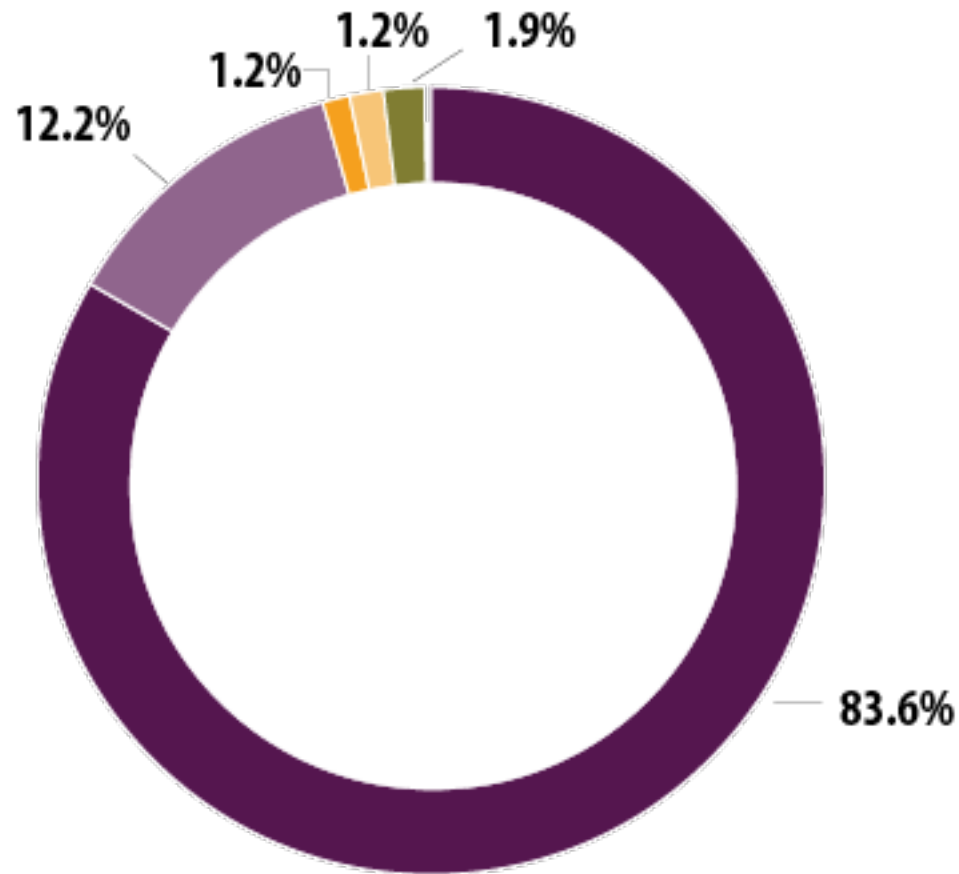
HSR 19: Population

	Population in 2014	Projected 2020 Population	Average Annual Growth Rate
All Ages	151,303	167,385	1.7%
	5,363,689	5,946,128	1.7%
Ages 0-18	36,800	40,240	1.5%
	1,345,196	1,464,674	1.4%
Ages 19-64	89,253	94,339	0.9%
	3,334,972	3,577,370	1.2%
Ages 65+	25,250	32,805	4.5%
	683,521	904,084	4.8%

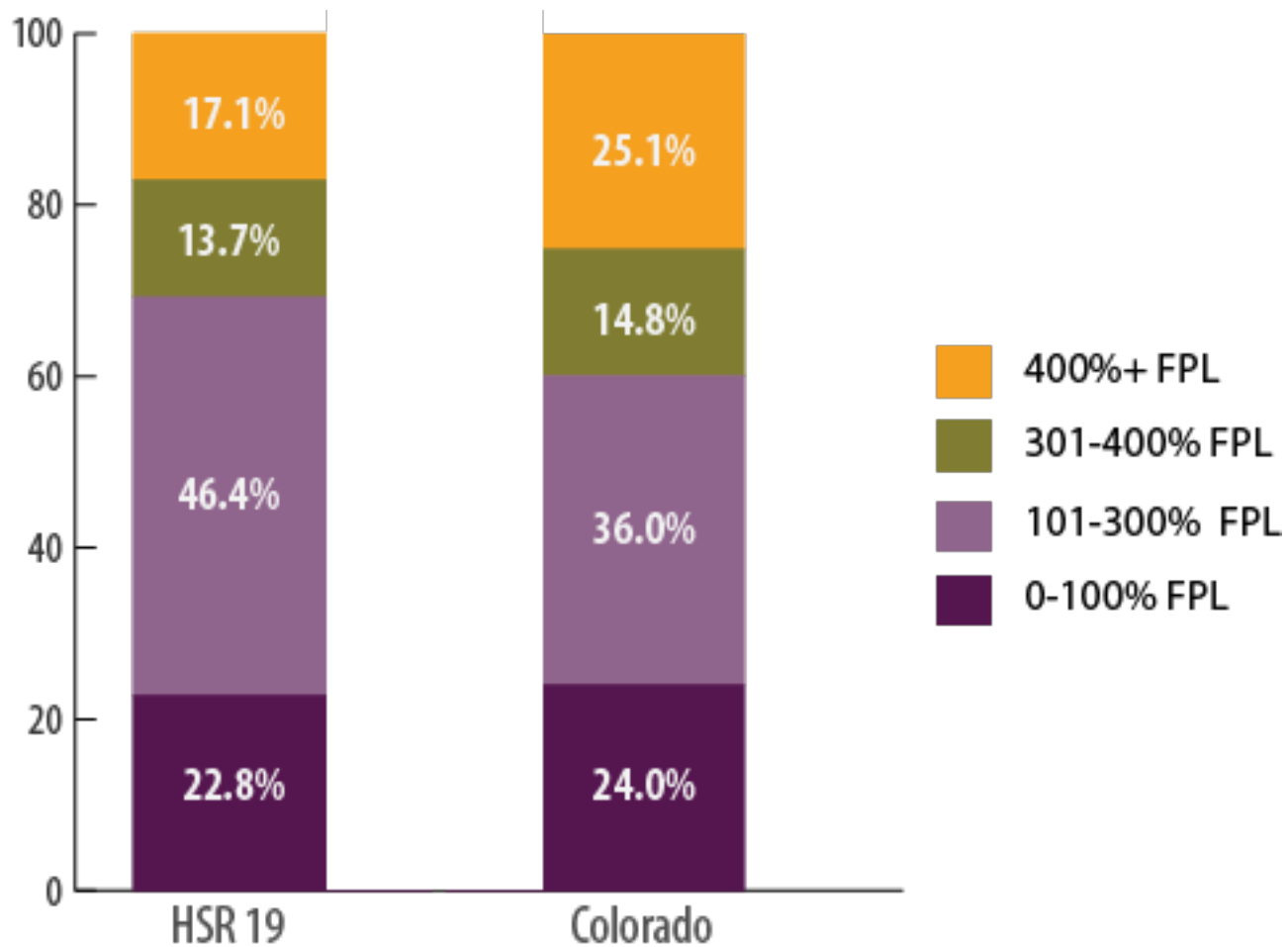
= HSR 19
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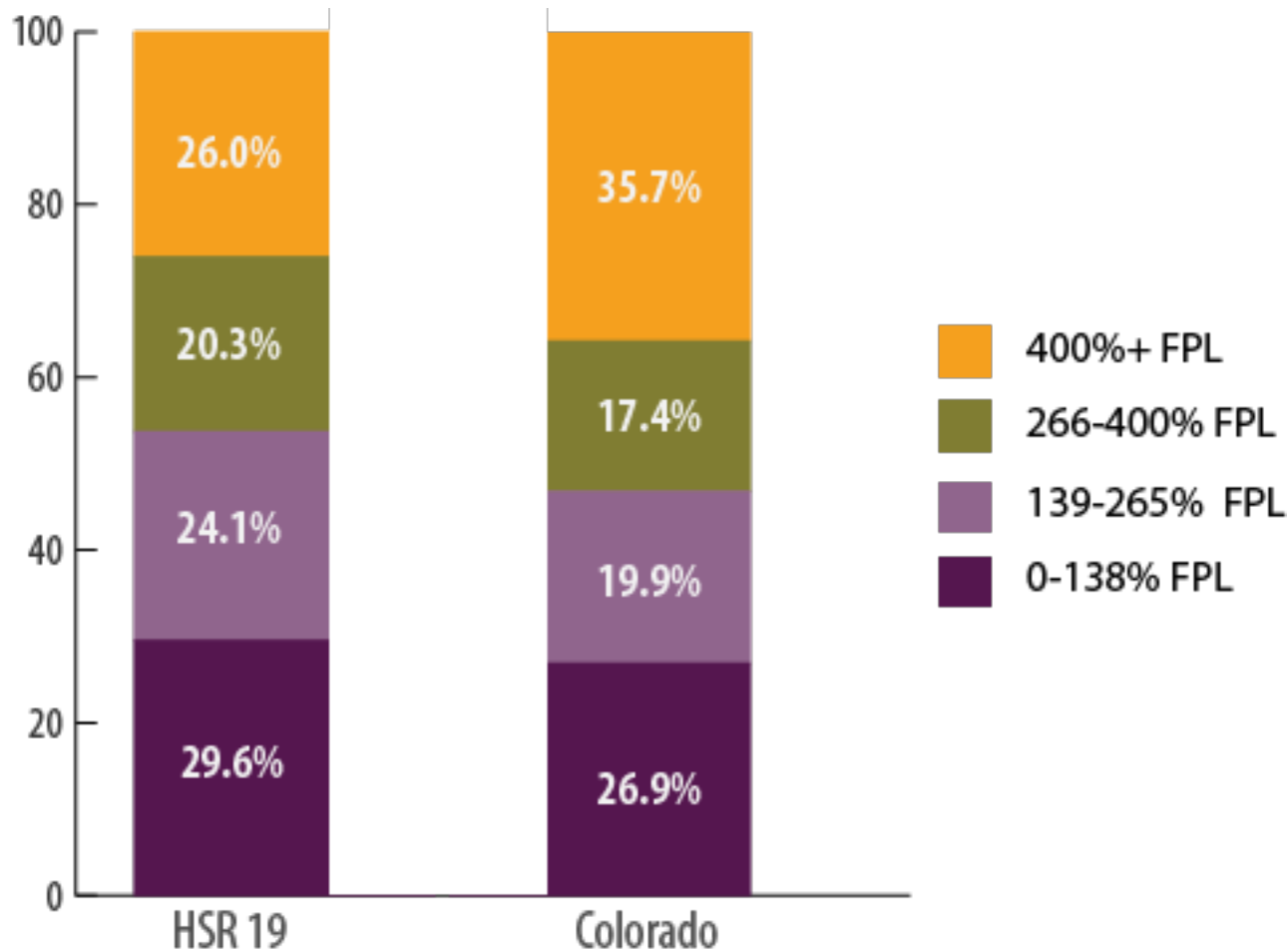
HSR 19: Race and Ethnicity



HSR 19: Income Levels



HSR 19: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits



HSR 19: Unemployment

**Number Unemployed,
2013**

6,232

186,723

**Unemployment Rate,
2013**

8.1%

6.8%

■ = HSR 19 ■ = Colorado



HSR 19: Education

**Public School Students
Eligible for Free and Reduced
School Lunch (K-12)**

42.3%

42.2%

**High School
Completion
Rate**

77.2%

79.6%

■ = HSR 19 ■ = Colorado





Health Data Profile:
Health Indicators

HSR 19: General Health Status

Percentage Reporting
Excellent/Very Good/Good
General Health Status

82.5%
86.9%

Percentage Reporting
Fair/Poor
General Health Status

17.5%
13.1%

■ = HSR 19 ■ = Colorado



HSR 19: Health Behaviors



Adults 18+ Binge Drinking*



Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days



Adults 18+ with Adequate Physical Activity**



Age 18+ Year Old Smokers

HSR 19

14.1%

51.5%

59.2%

23.5%

Colorado

18.5%

49.6%

59.5%

17.7%

* Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.

** Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.



HSR 19: Child Obesity

Children 2-14 Who Are Overweight or Obese

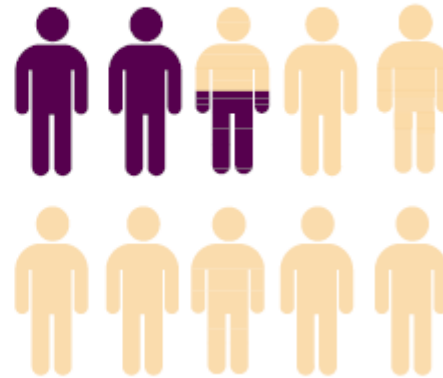


HSR 19: Adult Obesity

Adults 18+ Who Are Obese

HSR 19

24.3%



Colorado

21.3%



HSR 19: Health Outcomes

	HSR 19	Colorado
Percent Births With Low Birthweight	7.2%	8.8%
Teen Birth Rate (15-17, per 1,000 Women)	17.6	14.4
Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol	29.0%	34.8%
Adults 18+ Told by Physician They Have High Blood Pressure	25.8%	26.3%



HSR 19: Food Access Indicators

Children 1-14 Who
Ate Fruit 2+ Times
and Veggies 3+
Times per Day

Children 1-14 Who
Ate Fast Food 1+
Times in Past Week

Adults 18+ Who Ate
Fast Food 1+ Times
in Past Week

Agree/Strongly Agree
it is Easy to Purchase
Healthy Foods in
Neighborhood

HSR 19

3.3%

59.6%

69.9%

81.3%

Colorado

10.9%

65.9%

64.4%

86.6%



HSR 19: Oral Health

Percentage Who Have Dental Insurance



Percentage Reporting Excellent/Very Good/Good Oral Health



■ = HSR 19 ■ = Colorado



HSR 19: Mental Health

Percentage Reporting
Poor Mental Health*

14.5%
10.6%

Percentage Did Not
Get Mental Health
Care When Needed**

7.5%
7.8%

■ = HSR 19 ■ = Colorado

*Poor mental health includes eight or more days of stress, depression, and problems with emotions.

**In the past 12 months

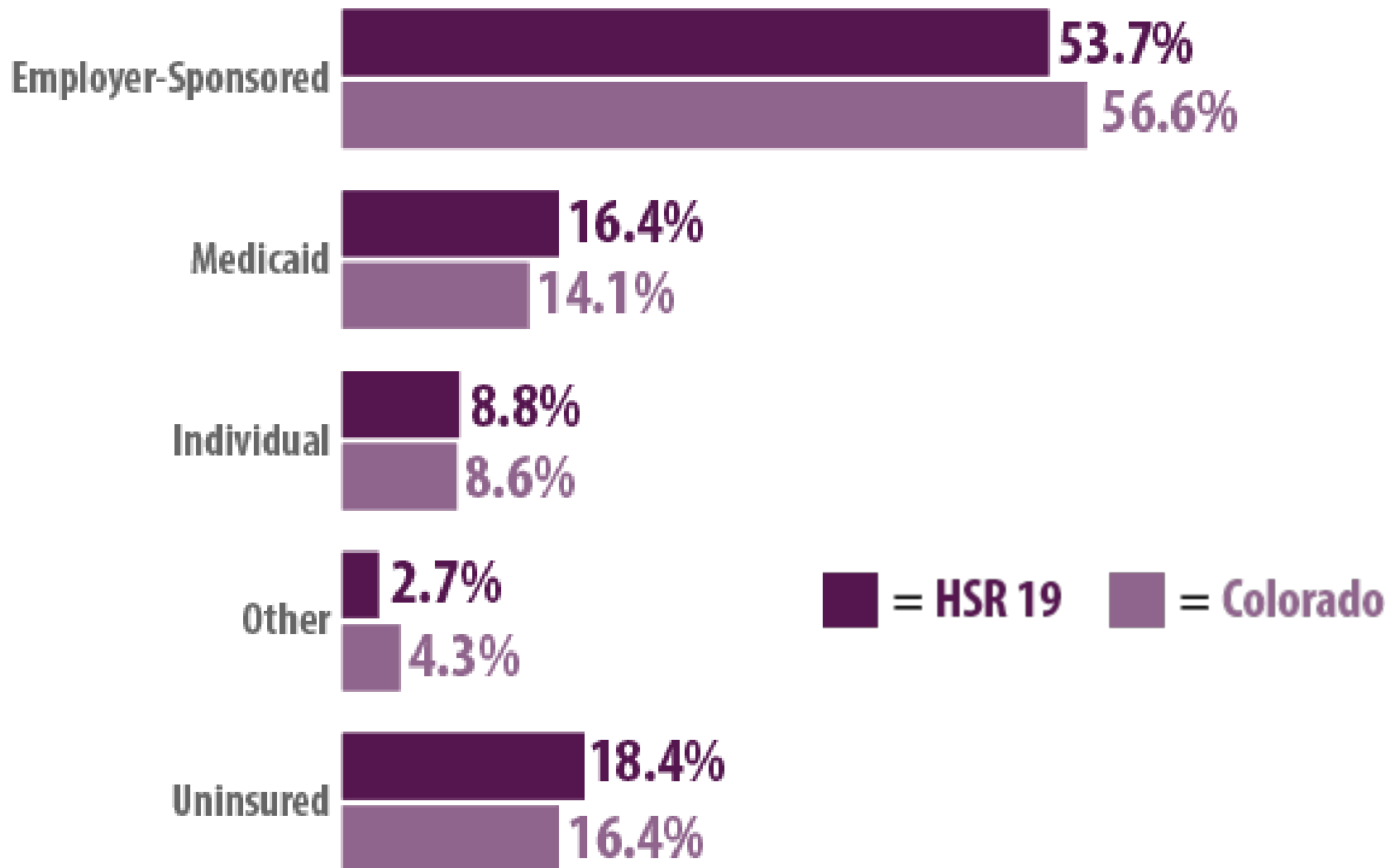




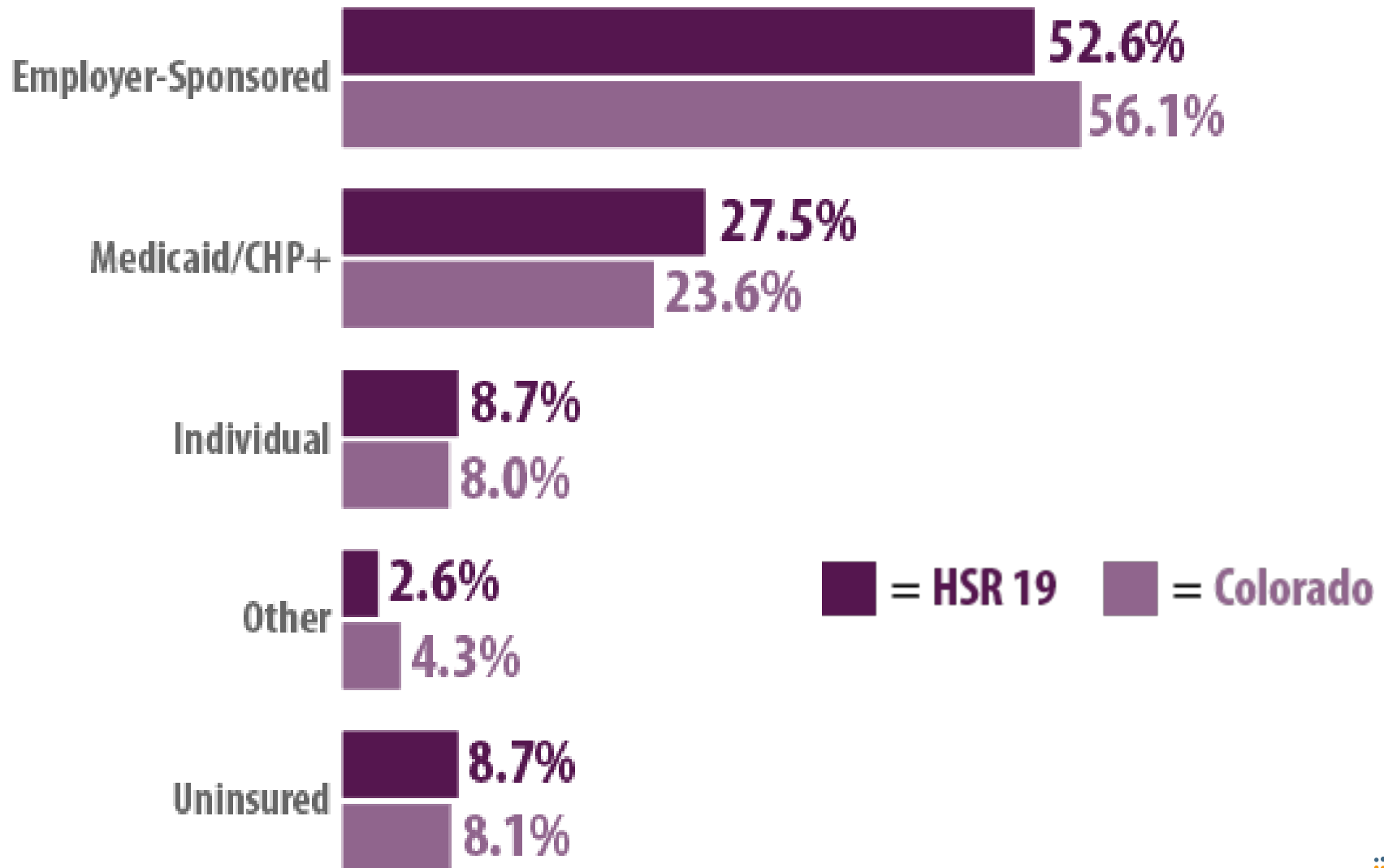
Health Data Profile:

Insurance and Access

HSR 19: Health Insurance Types, 2012



HSR 19: Health Insurance Projections, 2016

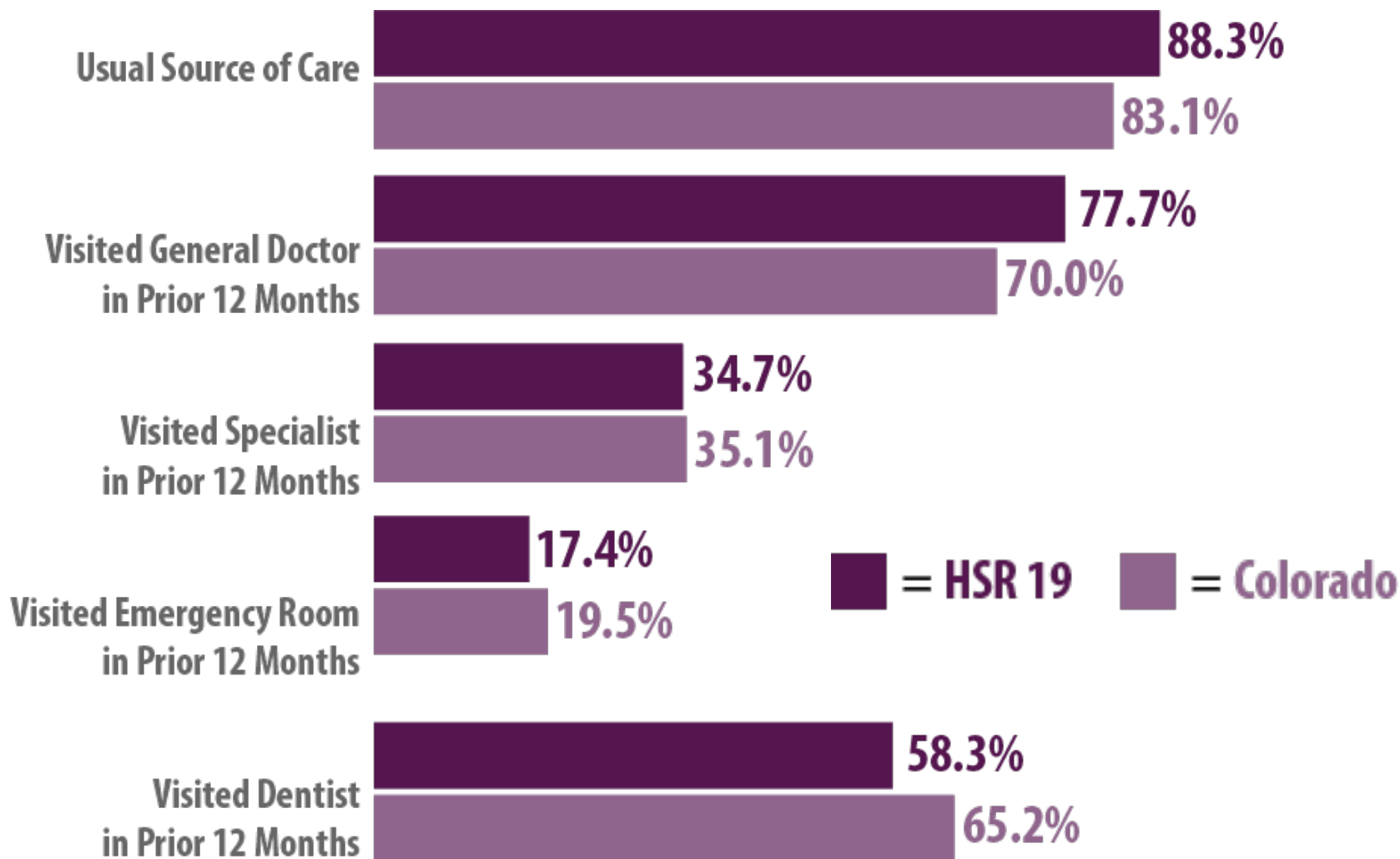


HSR 19: Eligible But Not Enrolled In Public Insurance Programs

	HSR 19	Colorado
Children (0-18) Eligible But Not Enrolled in Medicaid	9.6%	11.5%
Children (0-18) Eligible But Not Enrolled in CHP+	7.4%	30.6%
Adults (19-64) Eligible But Not Enrolled in Medicaid	7.9%	26.1%



HSR 19: Access to Care



HSR 19: Health Care Workforce (Rate per 1,000 Residents)

Practicing Primary Care Physicians

168 (1.1)

3,332 (0.6)

Active Licensed Physician Assistants

74 (0.5)

2,411 (0.4)

Active Licensed Nurse Practitioners

91 (0.6)

3,142 (0.6)

Active Licensed Dentists

99 (0.7)

3,880 (0.7)

 = HSR 19  = Colorado



Data Highlights: Region 19



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