Local Data, Local Health

## Adams County

October 2014

colorado health
INSTITUTE

Community Data for Community Members

- **Dive Into the Details:**
  Snapshots of a region's health.

- **Use Our Data:**
  These graphics are ready for your presentations, reports, grant applications, tweets, and other needs.

- **Get More Information:**
  Contact the Colorado Health Institute. You can reach us by phone, email or social media.

Colorado's 21 Health Statistics Regions
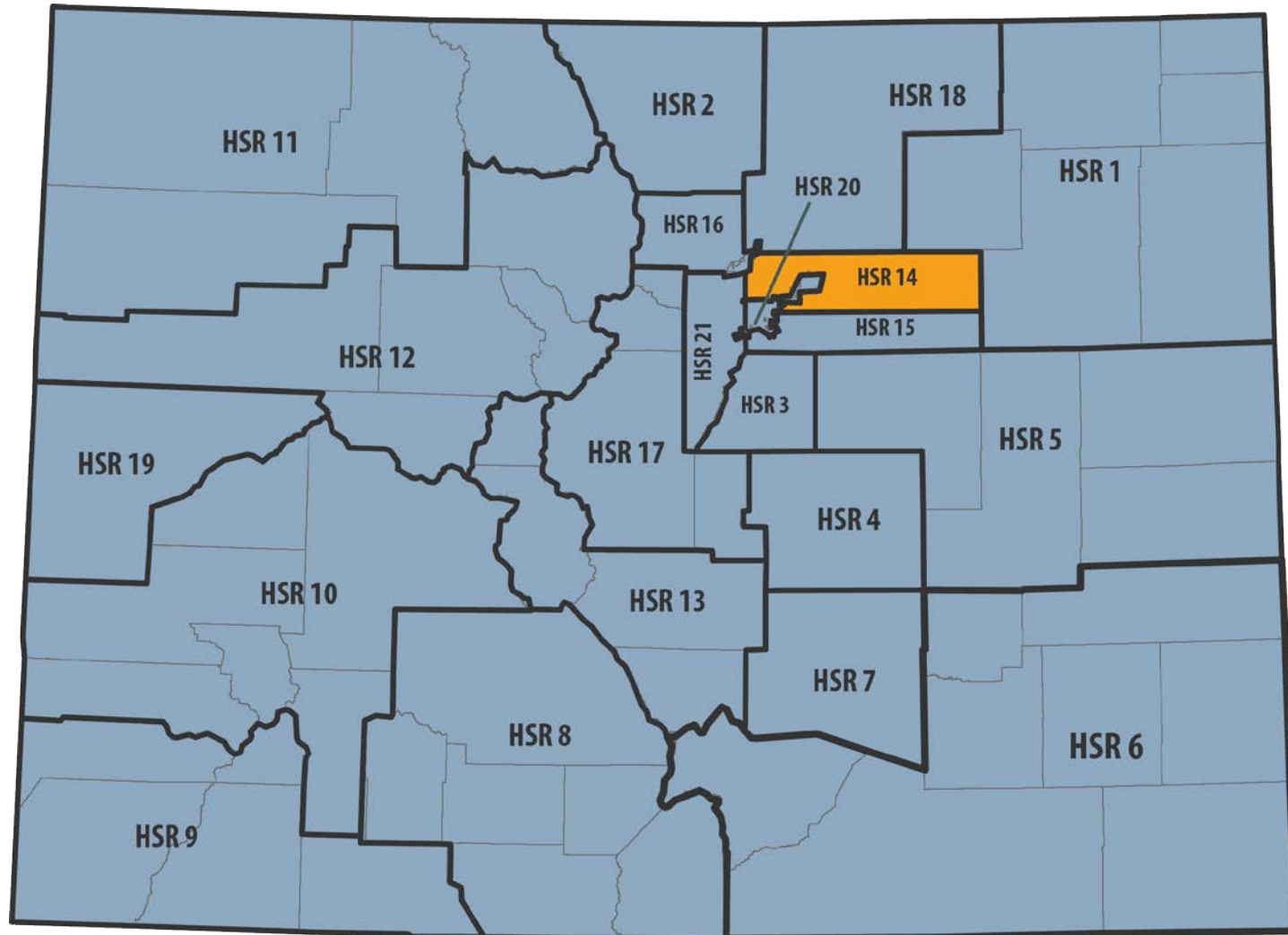
Seniors are the fastest-growing population.

Teen births are higher than the state average.

Adults **eat more fast food** than the state average.

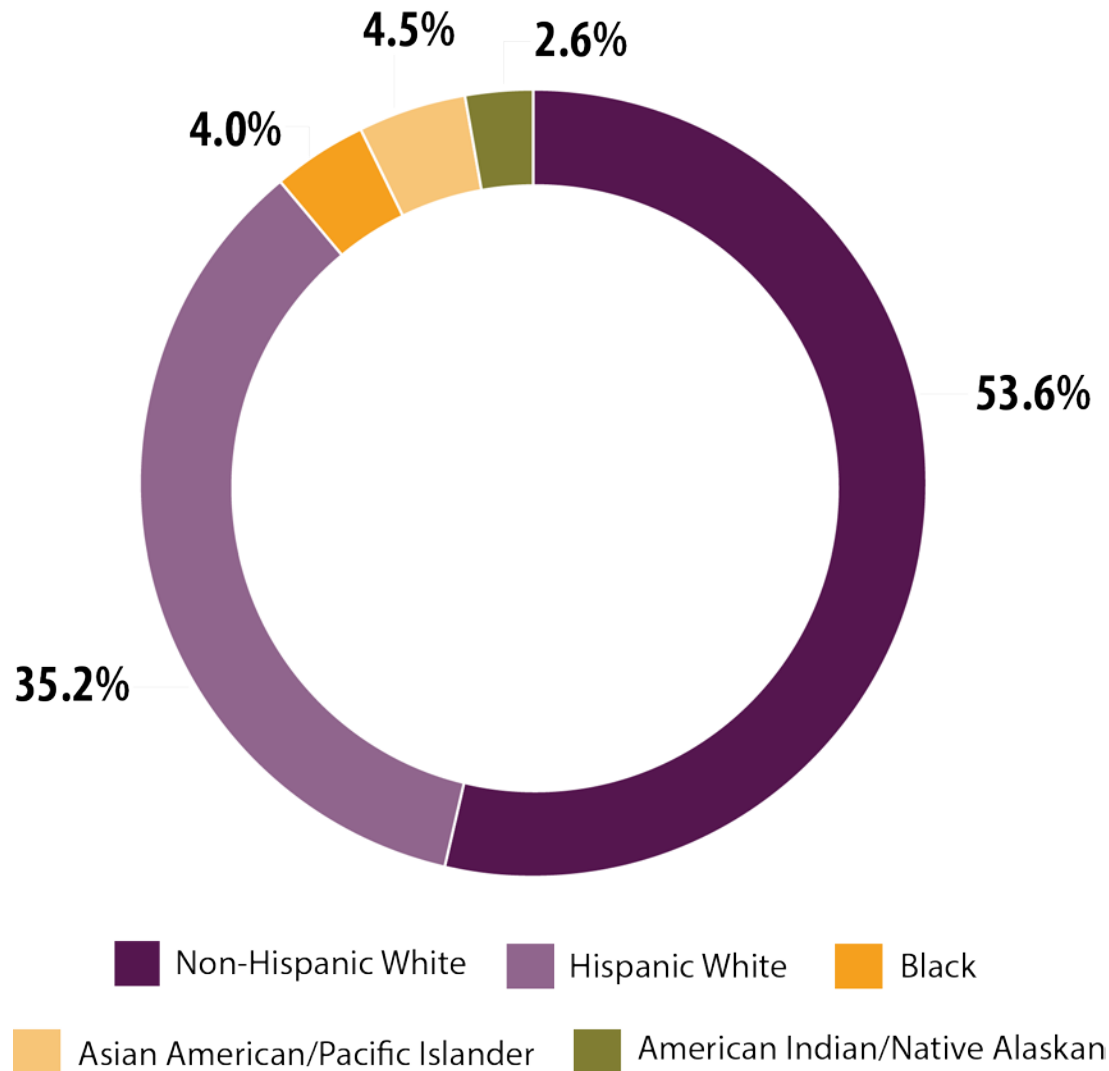**Health Data Profile:**

Demographics

HSR 14: Population

	Population in 2014	Projected 2020 Population	Average Annual Growth Rate
All Ages	475,956	529,051	1.8%
	5,363,689	5,946,128	1.7%
Ages 0-18	140,121	151,032	1.3%
	1,345,196	1,464,674	1.4%
Ages 19-64	289,253	315,159	1.4%
	3,334,972	3,577,370	1.2%
Ages 65+	46,582	62,860	5.1%
	683,521	904,084	4.8%

■ = HSR 14   ■ = Colorado

SOURCE: Colorado Department of Local Affairs, Demography Office 2014

HSR 14: Race and Ethnicity

Donut chart showing Race and Ethnicity percentages:
- Non-Hispanic White: 53.6%
- Hispanic White: 35.2%
- Black: 4.0%
- Asian American/Pacific Islander: 4.5%
- American Indian/Native Alaskan: 2.6%

HSR 14: Income Levels

SOURCE: American Community Survey, 2012
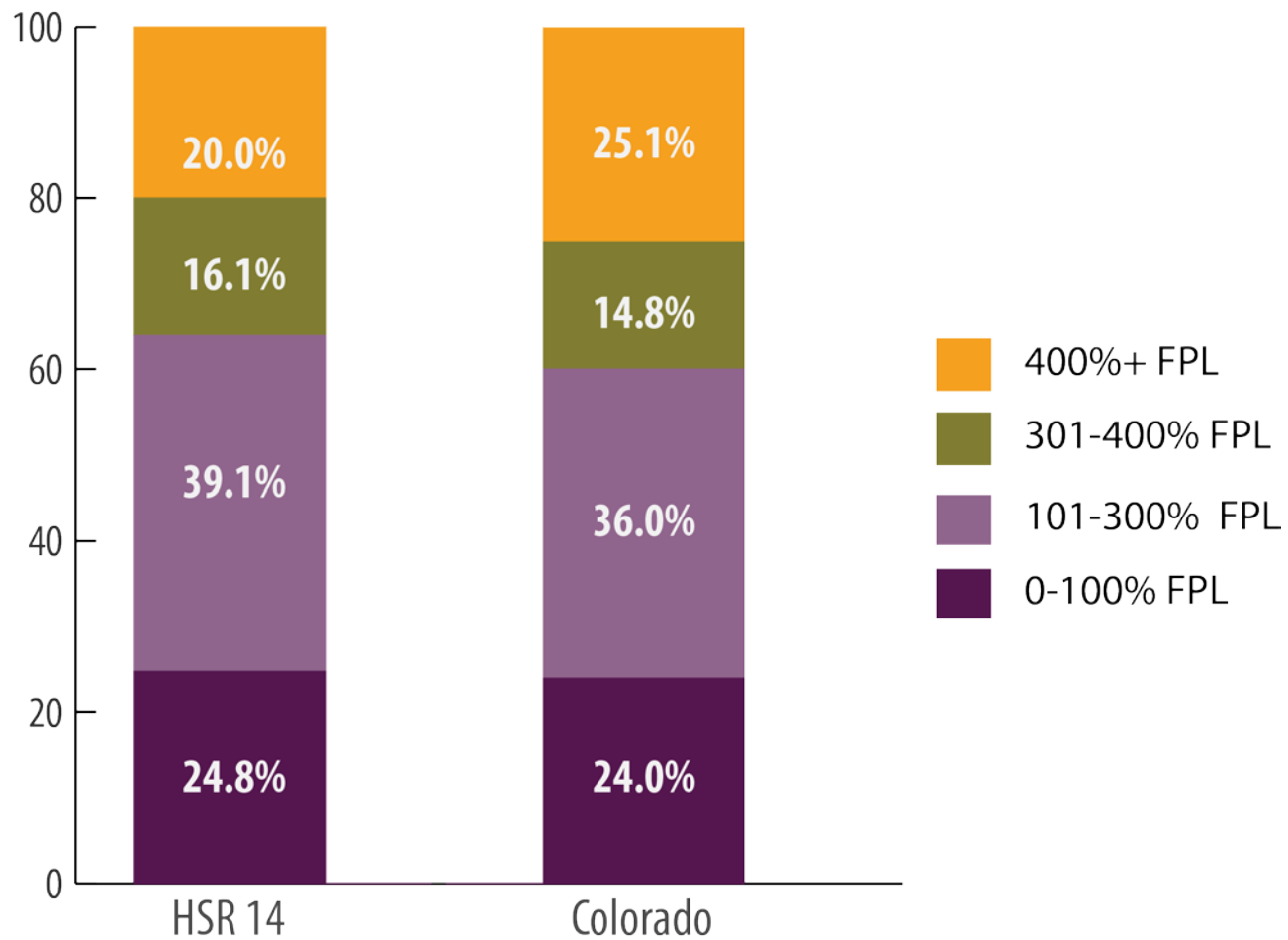
HSR 14: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits

Legend:
- 400%+ FPL
- 266-400% FPL
- 139-265% FPL
- 0-138% FPL

HSR 14:
- 26.2%
- 19.6%
- 25.0%
- 29.2%

Colorado:
- 35.7%
- 17.4%
- 19.9%
- 26.9%
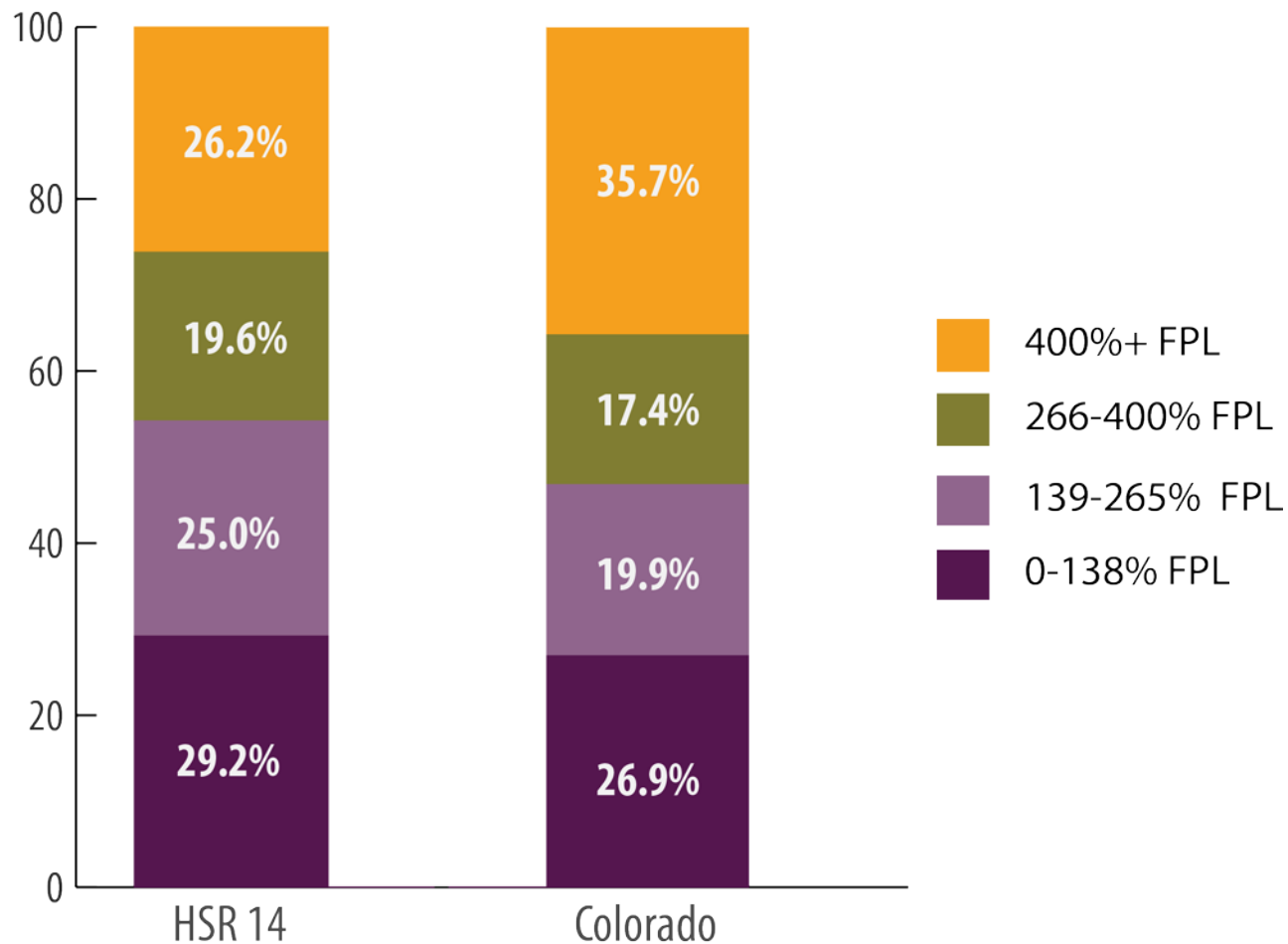
HSR 14: Unemployment

Number Unemployed, 2013

17,829

186,723

Unemployment Rate, 2013

7.5%

6.8%

■ = HSR 14   ■ = Colorado

SOURCE: Colorado Department of Labor and Employment, 2013

HSR 14: Education

Public School Students Eligible for Free and Reduced School Lunch (K-12)

48.9%

42.2%

High School Completion Rate

72.2%

79.6%

■ = HSR 14   ■ = Colorado

Health Data Profile:

Health Indicators

HSR 14: General Health Status

Percentage Reporting Excellent/Very Good/Good General Health Status

83.4%

86.9%

Percentage Reporting Fair/Poor General Health Status

16.6%

13.1%

■ = HSR 14   ■ = Colorado

HSR 14: Health Behaviors

	Adults 18+ Binge Drinking*	Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days	Adults 18+ with Adequate Physical Activity**	Age 18+ Year Old Smokers
HSR 14	21.0%	33.4%	49.1%	21.7%
Colorado	18.5%	49.6%	59.5%	17.7%

* Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.
** Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.

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SOURCE: Behavioral Risk Factor Surveillance Survey, 2013; Colorado Health Child Survey 2011-2012

HSR 14: Child Obesity

Children 2-14 Who Are Overweight or Obese

HSR 14
28.8%
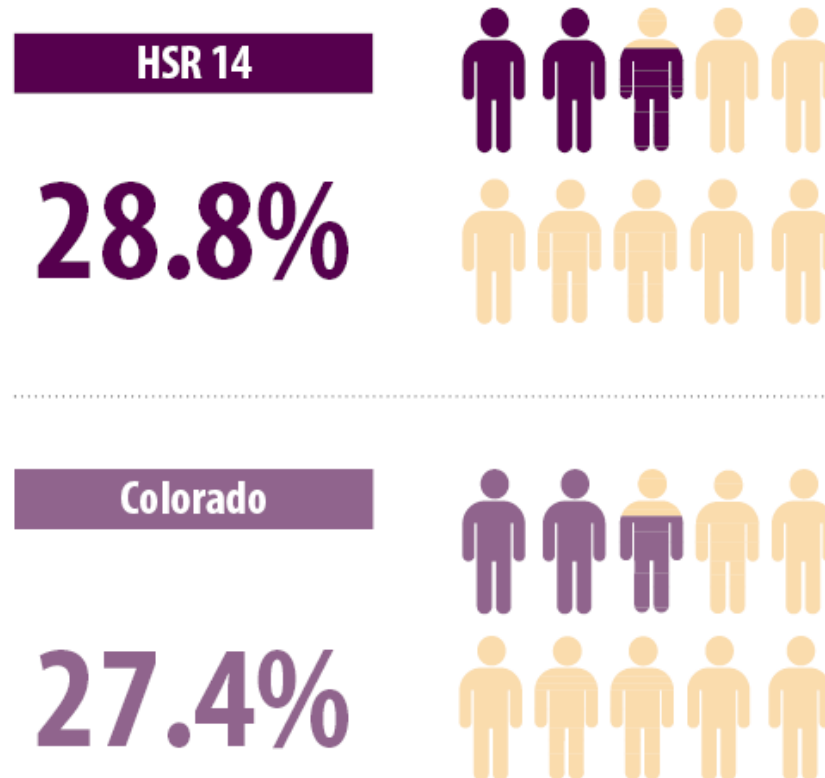
Colorado
27.4%

HSR 14: Adult Obesity

Adults 18+ Who Are Obese

HSR 14
27.0%

Colorado
21.3%

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013

HSR 14: Health Outcomes

	HSR 14	Colorado
Percent Births With Low Birthweight	8.4%	8.8%
Teen Birth Rate (15-17, per 1,000 Women)	24.0	14.4
Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol	31.9%	34.8%
Adults 18+ Told by Physician They Have High Blood Pressure	22.4%	26.3%

HSR 14: Food Access Indicators

	Children 1-14 Who Ate Fruit 2+ Times and Veggies 3+ Times per Day	Children 1-14 Who Ate Fast Food 1+ Times in Past Week	Adults 18+ Who Ate Fast Food 1+ Times in Past Week	Agree/Strongly Agree it is Easy to Purchase Healthy Foods in Neighborhood
HSR 14	**5.8%**	**65.4%**	**74.2%**	**84.2%**
Colorado	**10.9%**	**65.9%**	**64.4%**	**86.6%**

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SOURCE: Colorado Child Health Survey 2010-2012; Colorado Behavioral Risk Factor Surveillance System, 2011

HSR 14: Oral Health

Percentage Who Have Dental Insurance

Percentage Reporting Excellent/Very Good/ Good Oral Health

63.6%

61.6%

81.9%

83.0%

■ = HSR 14　　■ = Colorado

HSR 14: Mental Health

Percentage Reporting Poor Mental Health*

13.7%
10.6%

Percentage Did Not Get Mental Health Care When Needed**

12.4%
7.8%

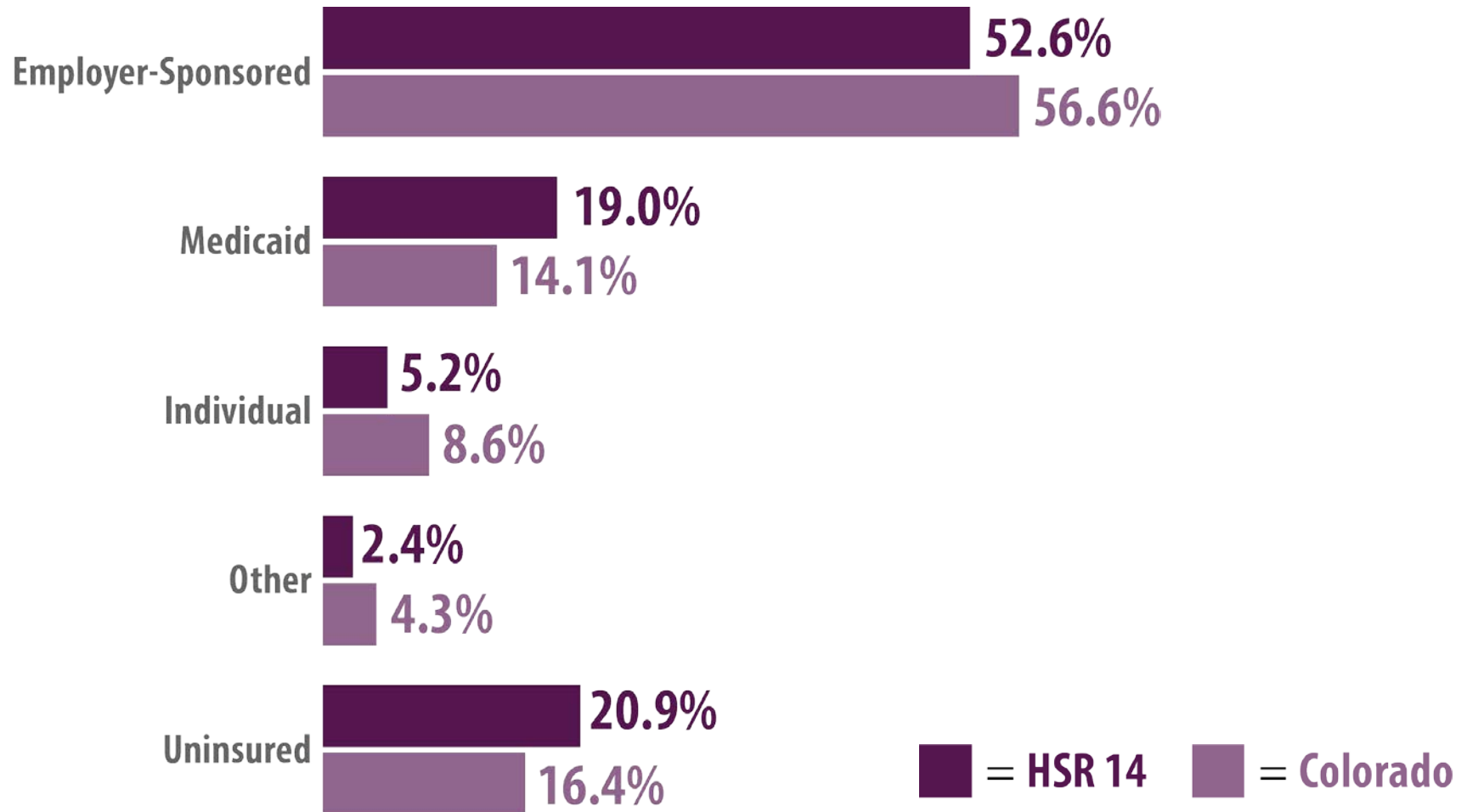*Poor mental health includes eight or more days of stress, depression, and problems with emotions.
**In the past 12 months

SOURCE: Colorado Health Access Survey, 2013

Health Data Profile:

Insurance and Access

HSR 14: Health Insurance Types, 2012

Employer-Sponsored
- 52.6% (HSR 14)
- 56.6% (Colorado)

Medicaid
- 19.0% (HSR 14)
- 14.1% (Colorado)

Individual
- 5.2% (HSR 14)
- 8.6% (Colorado)

Other
- 2.4% (HSR 14)
- 4.3% (Colorado)

Uninsured
- 20.9% (HSR 14)
- 16.4% (Colorado)

■ = HSR 14   ■ = Colorado

SOURCE: American Community Survey, 2012

HSR 14: Health Insurance Projections, 2016

Employer-Sponsored
50.7%
56.1%

Medicaid/CHP+
29.9%
23.6%

Individual
7.5%
8.0%

Other
2.3%
4.3%

Uninsured
9.6%
8.1%

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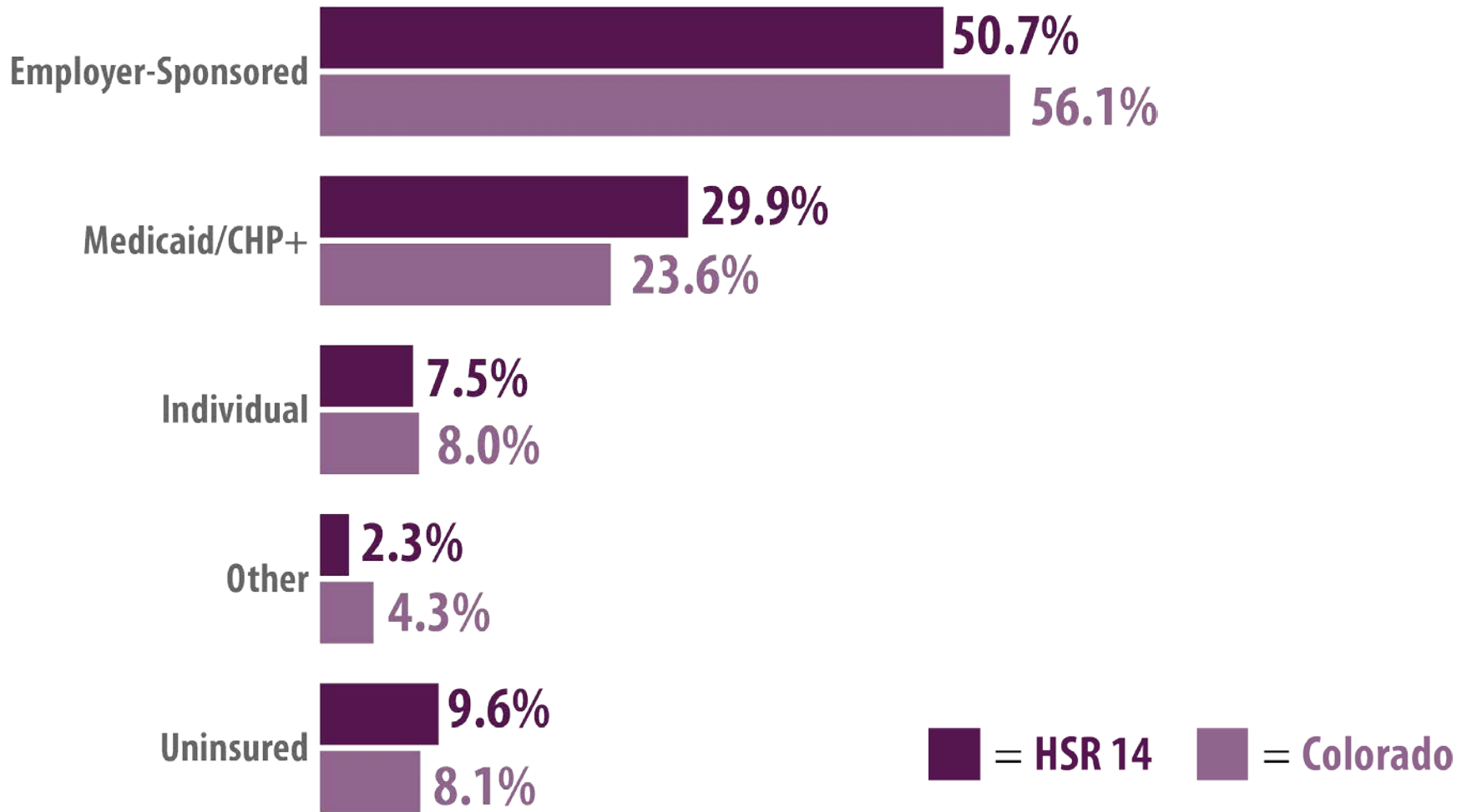
HSR 14: Eligible But Not Enrolled In Public Insurance Programs

	HSR 14	Colorado
Children (0-18) Eligible But Not Enrolled in Medicaid	10.7%	11.5%
Children (0-18) Eligible But Not Enrolled in CHP+	29.1%	30.6%
Adults (19-64) Eligible But Not Enrolled in Medicaid	23.5%	26.1%

SOURCE: 2014 Colorado Health Institute analysis of 2012 American Community Survey Data

HSR 14: Access to Care

Usual Source of Care
- HSR 14: 83.4%
- Colorado: 83.1%

Visited General Doctor in Prior 12 Months
- HSR 14: 66.5%
- Colorado: 70.0%

Visited Specialist in Prior 12 Months
- HSR 14: 29.6%
- Colorado: 35.1%

Visited Emergency Room in Prior 12 Months
- HSR 14: 22.7%
- Colorado: 19.5%

Visited Dentist in Prior 12 Months
- HSR 14: 61.6%
- Colorado: 65.2%

■ = HSR 14   ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013

HSR 14: Health Care Workforce (Rate per 1,000 Residents)

Practicing Primary Care Physicians
288 (0.6)
3,332 (0.6)

Active Licensed Physican Assistants
124 (0.3)
2,411 (0.4)

Active Licensed Nurse Practioners
141 (0.3)
3,142 (0.6)

Active Licensed Dentists
202 (0.4)
3,880 (0.7)

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SOURCE: Colorado Department of Regulatory Agencies, 2014; Colorado Department of Local Affairs, Demography Office 2014

Data Highlights: Region 14

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Adults **eat more fast food** than the state average.

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