Local Data, Local Health

Meeker, Routt, Jackson and Rio Blanco Counties

October 2014

colorado health
INSTITUTE

Community Data for Community Members

- **Dive Into the Details:**
  Snapshots of a region's health.

- **Use Our Data:**
  These graphics are ready for your presentations, reports, grant applications, tweets, and other needs.

- **Get More Information:**
  Contact the Colorado Health Institute. You can reach us by phone, email or social media.

Colorado's 21 Health Statistics Regions
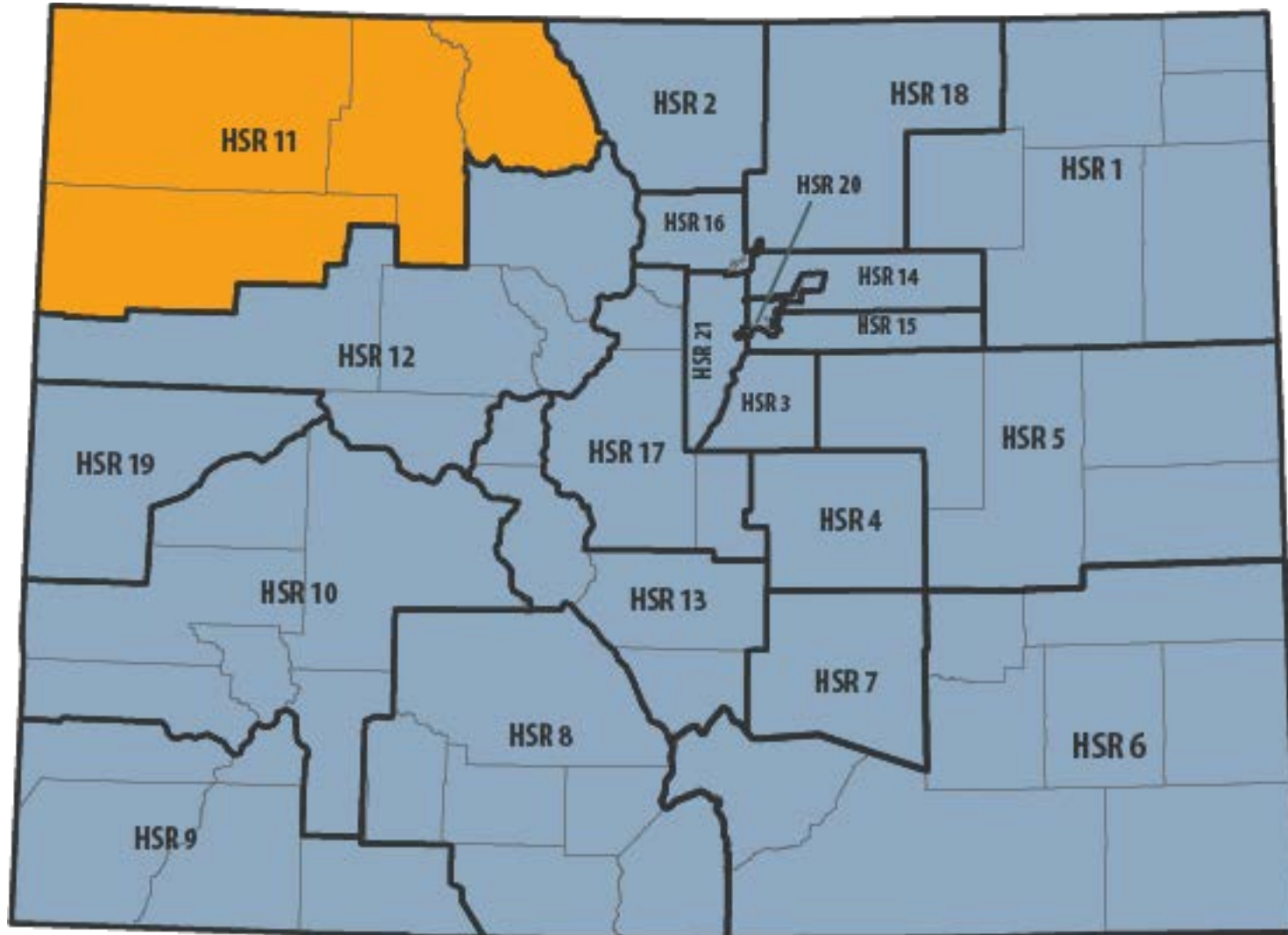
Data Highlights: Region 11

Nearly all youth **complete high school** on time.

Adult **cigarette smoking** is higher than the state average.

Youth are more likely to eat healthfully than peers across the state but are **not as physically active**.

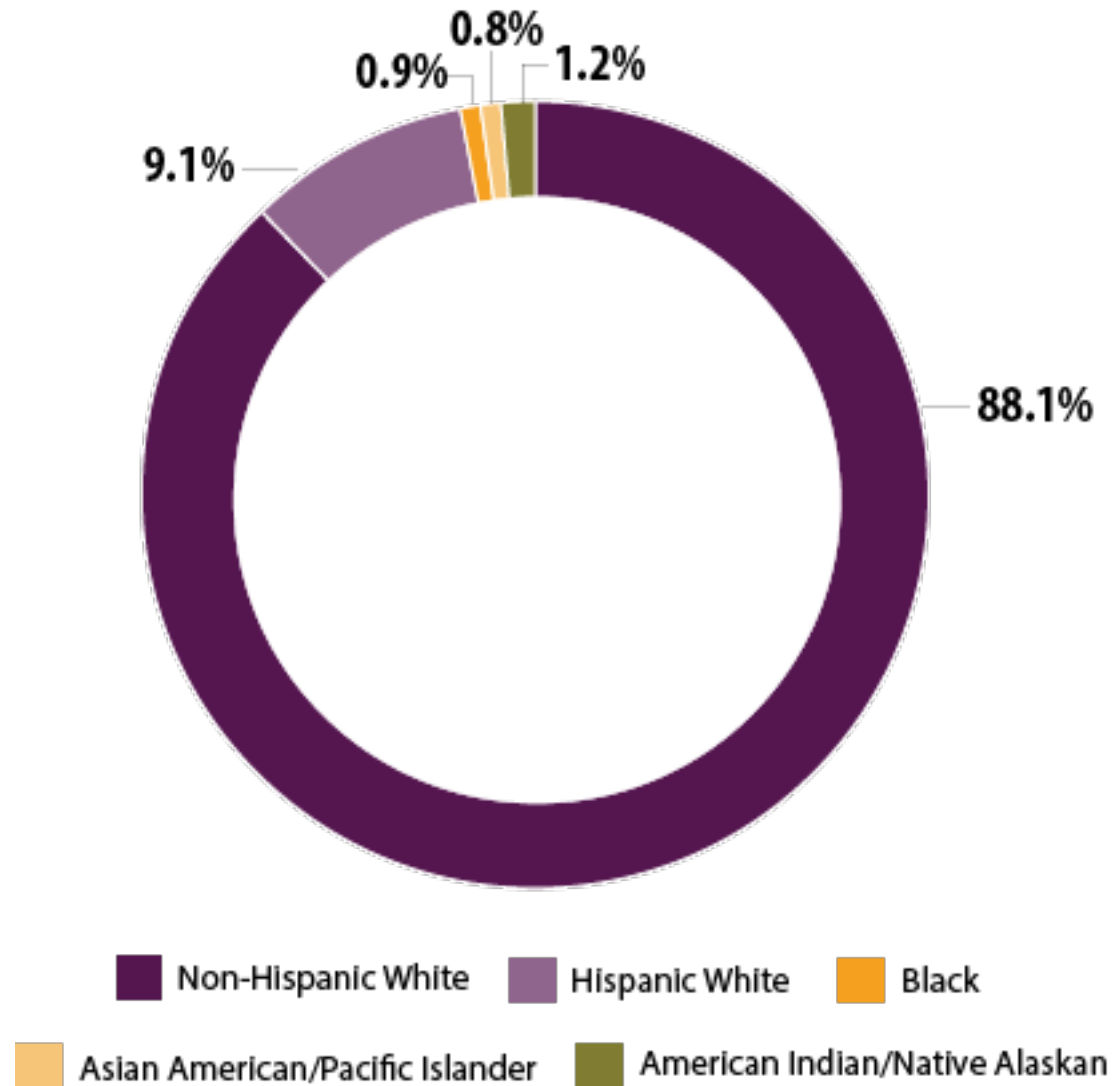**Health Data Profile:**

Demographics

HSR 11: Population

	Population in 2014	Projected 2020 Population	Average Annual Growth Rate
All Ages	**45,802**	**50,673**	**1.7%**
	5,363,689	5,946,128	1.7%
Ages 0-18	**11,111**	**12,410**	**1.9%**
	1,345,196	1,464,674	1.4%
Ages 19-64	**29,108**	**30,791**	**0.9%**
	3,334,972	3,577,370	1.2%
Ages 65+	**5,581**	**7,472**	**5.0%**
	683,521	904,084	4.8%

■ = HSR 11   ■ = Colorado

SOURCE: Colorado Department of Local Affairs, Demography Office 2014

HSR 11: Race and Ethnicity

Donut chart showing:
- 88.1% Non-Hispanic White
- 9.1% Hispanic White
- 0.9% Black
- 0.8% Asian American/Pacific Islander
- 1.2% American Indian/Native Alaskan

Legend: Non-Hispanic White, Hispanic White, Black, Asian American/Pacific Islander, American Indian/Native Alaskan

SOURCE: The National Center for Health Statistics, 2012

HSR 11: Income Levels

Legend:
- 400%+ FPL
- 301-400% FPL
- 101-300% FPL
- 0-100% FPL

HSR 11:
- 28.8%
- 14.0%
- 33.2%
- 24.0%

Colorado:
- 25.1%
- 14.8%
- 36.0%
- 24.0%

SOURCE: American Community Survey, 2012

HSR 11: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits

SOURCE: American Community Survey, 2012
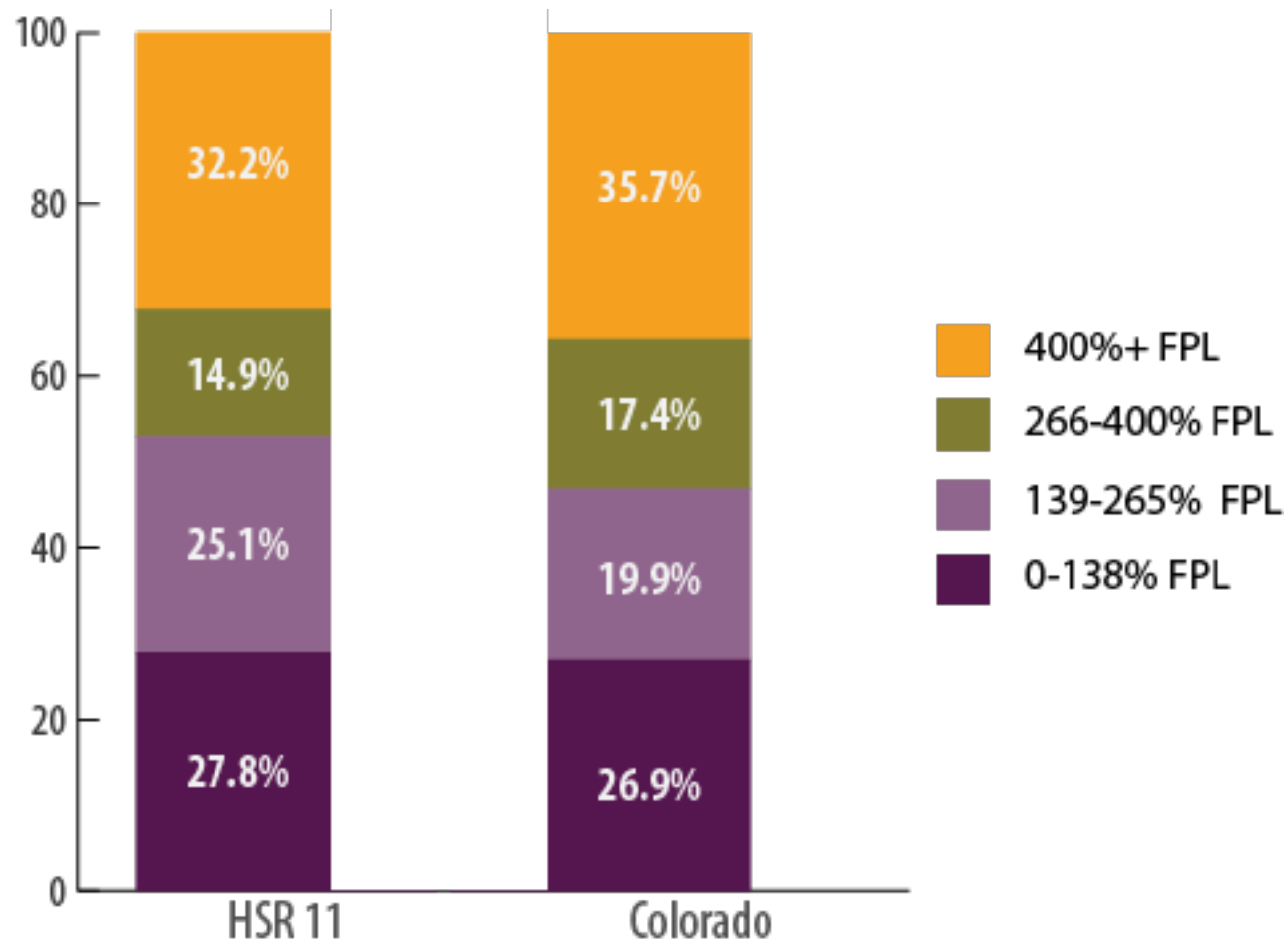
HSR 11: Unemployment

Number Unemployed, 2013

1,617

186,723

Unemployment Rate, 2013

5.8%

6.8%

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SOURCE: Colorado Department of Labor and Employment, 2013

HSR 11: Education

Public School Students Eligible for Free and Reduced School Lunch (K-12)

31.8%
42.2%

High School Completion Rate

90.7%
79.6%

■ = HSR 11   ■ = Colorado

Health Data Profile:

Health Indicators

HSR 11: General Health Status

Percentage Reporting Excellent/Very Good/Good General Health Status

82.9%

86.9%

Percentage Reporting Fair/Poor General Health Status

17.1%

13.1%

■ = HSR 11   ■ = Colorado

HSR 11: Health Behaviors

	Adults 18+ Binge Drinking*	Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days	Adults 18+ with Adequate Physical Activity**	Age 18+ Year Old Smokers
HSR 11	19.3%	40.1%	60.4%	20.5%
Colorado	18.5%	49.6%	59.5%	17.7%

* Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.
** Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013; Colorado Health Child Survey 2011-2012

HSR 11: Child Obesity

Children 2-14 Who Are
Overweight or Obese

HSR 11

23.2%

Colorado

27.4%

SOURCE: Colorado Child Health Survey, 2010-2012

HSR 11: Adult Obesity

Adults 18+
Who Are Obese

HSR 11
18.5%

Colorado
21.3%

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013

HSR 11: Health Outcomes

	HSR 11	Colorado
Percent Births With Low Birthweight	9.2%	8.8%
Teen Birth Rate (15-17, per 1,000 Women)	10.9	14.4
Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol	35.3%	34.8%
Adults 18+ Told by Physician They Have High Blood Pressure	26.0%	26.3%

SOURCE: Colorado Health Access Survey, 2013; Colorado Health Statistics and Vital Records, 2010-2012; Colorado Behavioral Risk Factor Surveillance Survey, 2013.

HSR 11: Food Access Indicators

	Children 1-14 Who Ate Fruit 2+ Times and Veggies 3+ Times per Day	Children 1-14 Who Ate Fast Food 1+ Times in Past Week	Adults 18+ Who Ate Fast Food 1+ Times in Past Week	Agree/Strongly Agree it is Easy to Purchase Healthy Foods in Neighborhood
HSR 11	**18.0%**	**49.1%**	**51.9%**	**77.2%**
Colorado	**10.9%**	**65.9%**	**64.4%**	**86.6%**

18

HSR 11: Oral Health

Percentage Who Have Dental Insurance

42.5%

61.6%
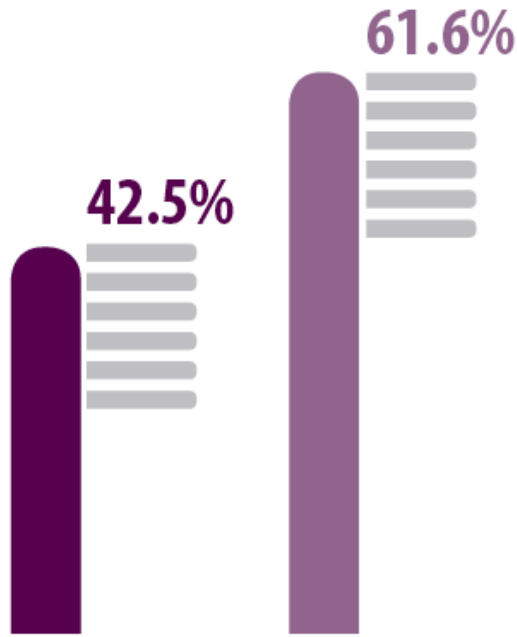
Percentage Reporting Excellent/Very Good/ Good Oral Health

79.4%

83.0%

■ = HSR 11   ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013
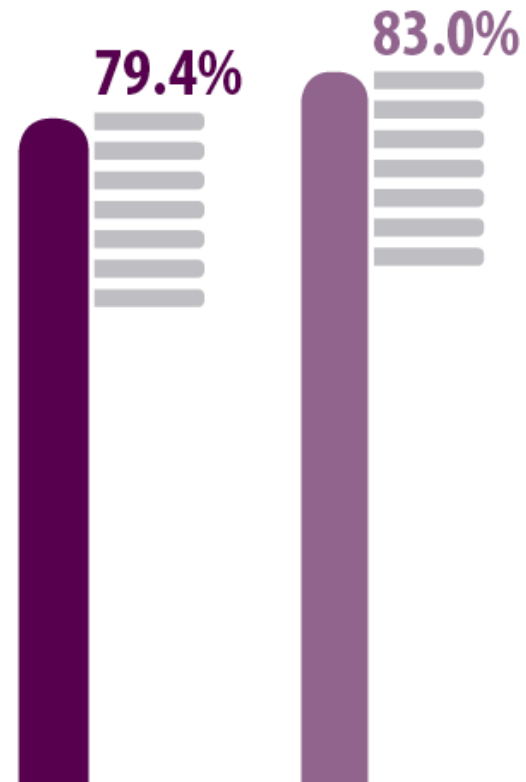
HSR 11: Mental Health

Percentage Reporting Poor Mental Health*

7.5%
10.6%

Percentage Did Not Get Mental Health Care When Needed**

5.4%
7.8%

■ = HSR 11   ■ = Colorado

*Poor mental health includes eight or more days of stress, depression, and problems with emotions.
**In the past 12 months

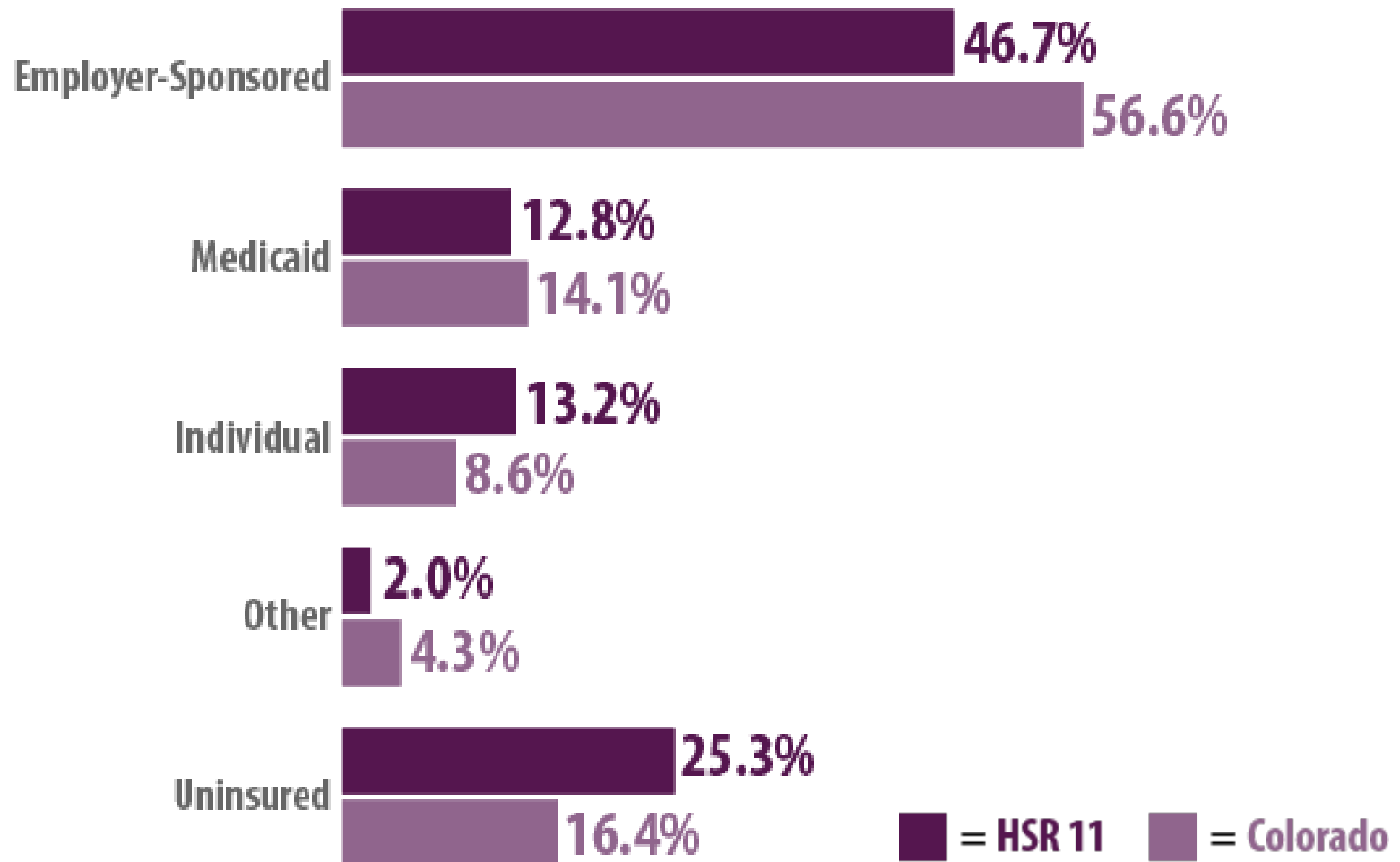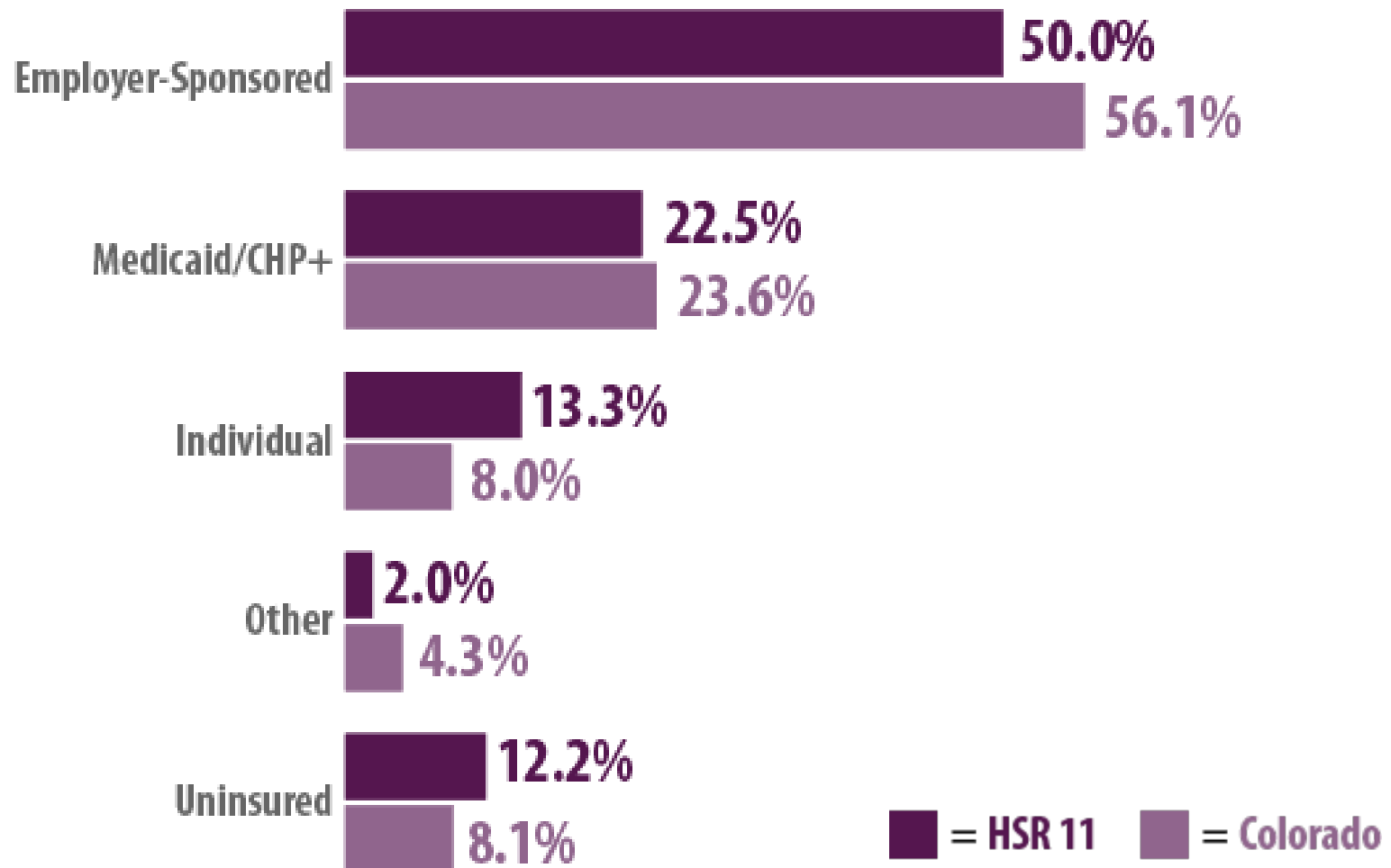SOURCE: Colorado Health Access Survey, 2013

Health Data Profile:

Insurance and Access

HSR 11: Health Insurance Types, 2012

Employer-Sponsored
- 46.7%
- 56.6%

Medicaid
- 12.8%
- 14.1%

Individual
- 13.2%
- 8.6%

Other
- 2.0%
- 4.3%

Uninsured
- 25.3%
- 16.4%

= HSR 11   = Colorado

SOURCE: American Community Survey, 2012

HSR 11: Health Insurance Projections, 2016

SOURCE: Colorado Health Institute

HSR 11: Eligible But Not Enrolled In Public Insurance Programs

	HSR 11	Colorado
Children (0-18) Eligible But Not Enrolled in Medicaid	21.6%	11.5%
Children (0-18) Eligible But Not Enrolled in CHP+	49.1%	30.6%
Adults (19-64) Eligible But Not Enrolled in Medicaid	32.9%	26.1%

SOURCE: 2014 Colorado Health Institute analysis of 2012 American Community Survey Data
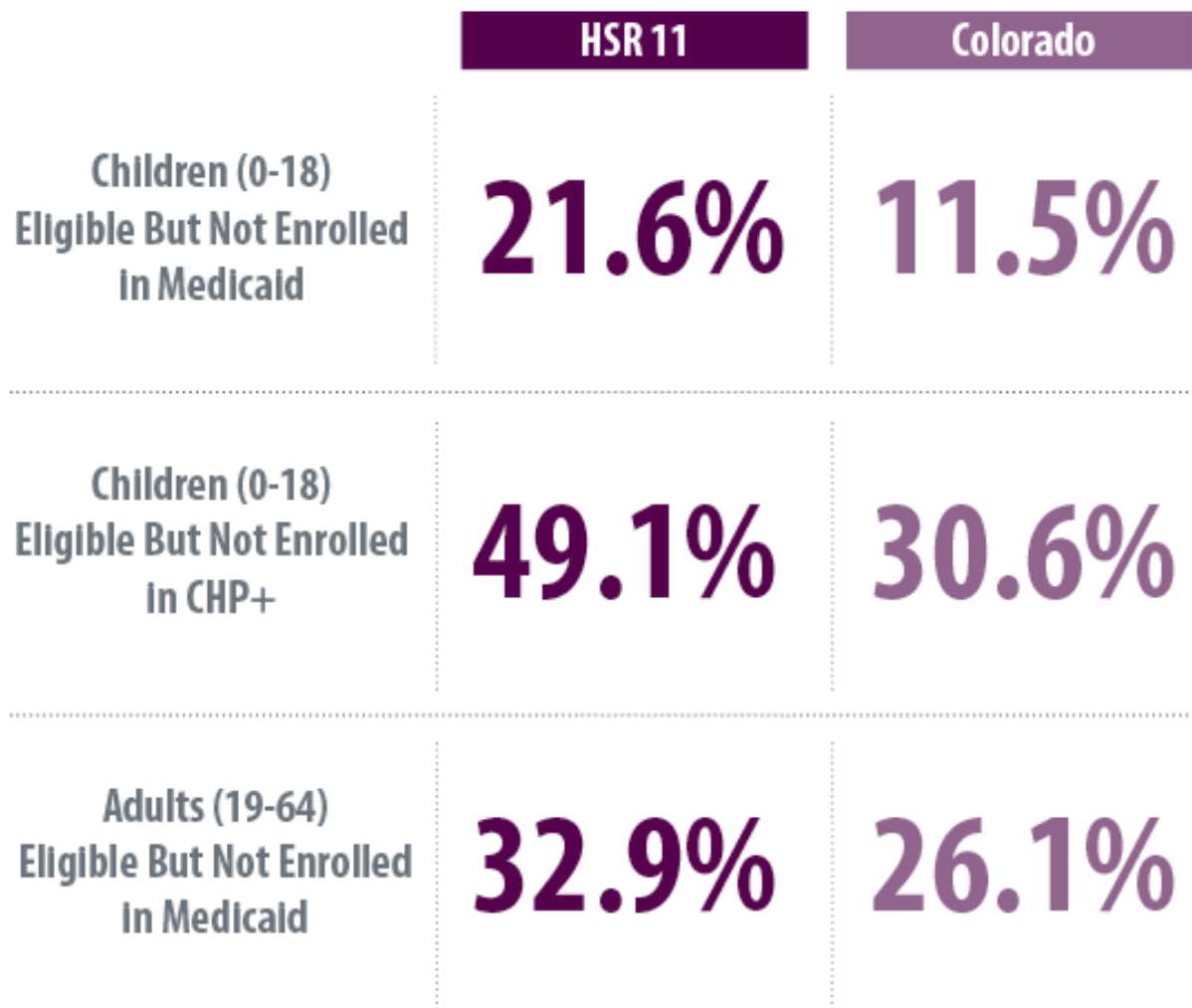
HSR 11: Access to Care

	HSR 11	Colorado
Usual Source of Care	80.9%	83.1%
Visited General Doctor in Prior 12 Months	65.0%	70.0%
Visited Specialist in Prior 12 Months	35.9%	35.1%
Visited Emergency Room in Prior 12 Months	24.2%	19.5%
Visited Dentist in Prior 12 Months	65.0%	65.2%

■ = HSR 11   ■ = Colorado

HSR 11: Health Care Workforce (Rate per 1,000 Residents)

Practicing Primary Care Physicians	Active Licensed Physican Assistants
34 (0.7)	**21 (0.5)**
3,332 (0.6)	2,411 (0.4)

Active Licensed Nurse Practioners	Active Licensed Dentists
18 (0.4)	**33 (0.7)**
3,142 (0.6)	3,880 (0.7)

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