# Local Data, Local Health

## Delta, Gunnison, Montrose, San Miguel, Ouray and Hinsdale Counties

October 2014

colorado health
INSTITUTE

# Community Data for Community Members

- **Dive Into the Details:**
  Snapshots of a region's health.

- **Use Our Data:**
  These graphics are ready for your presentations, reports, grant applications, tweets, and other needs.

- **Get More Information:**
  Contact the Colorado Health Institute. You can reach us by phone, email or social media.

# Colorado's 21 Health Statistics Regions
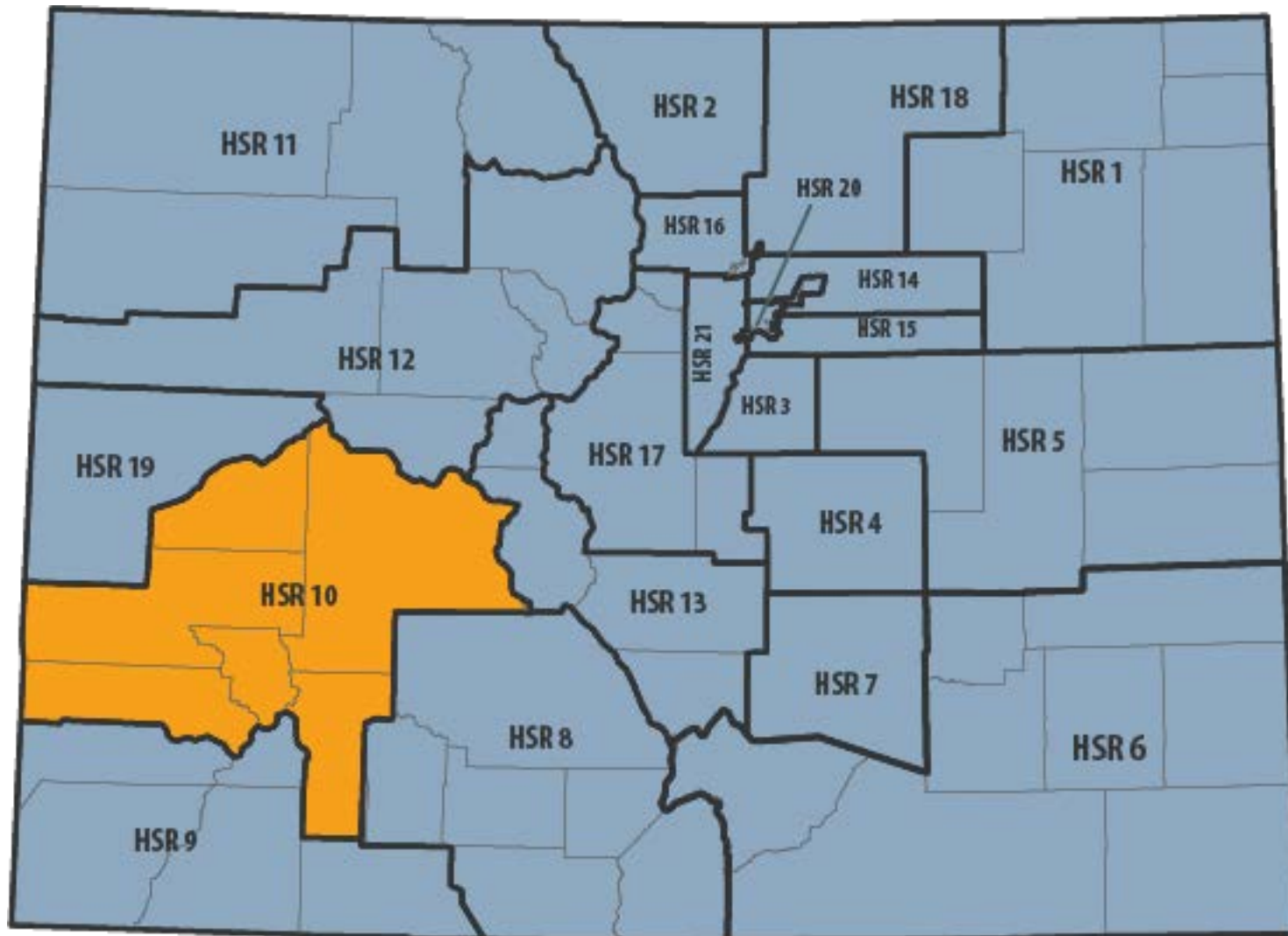
# Data Highlights: Region 10

**Seniors** are the fastest growing population.

Children **eat fruits and vegetables** at a rate below the stage average.

Adults are **less obese** than the state average.
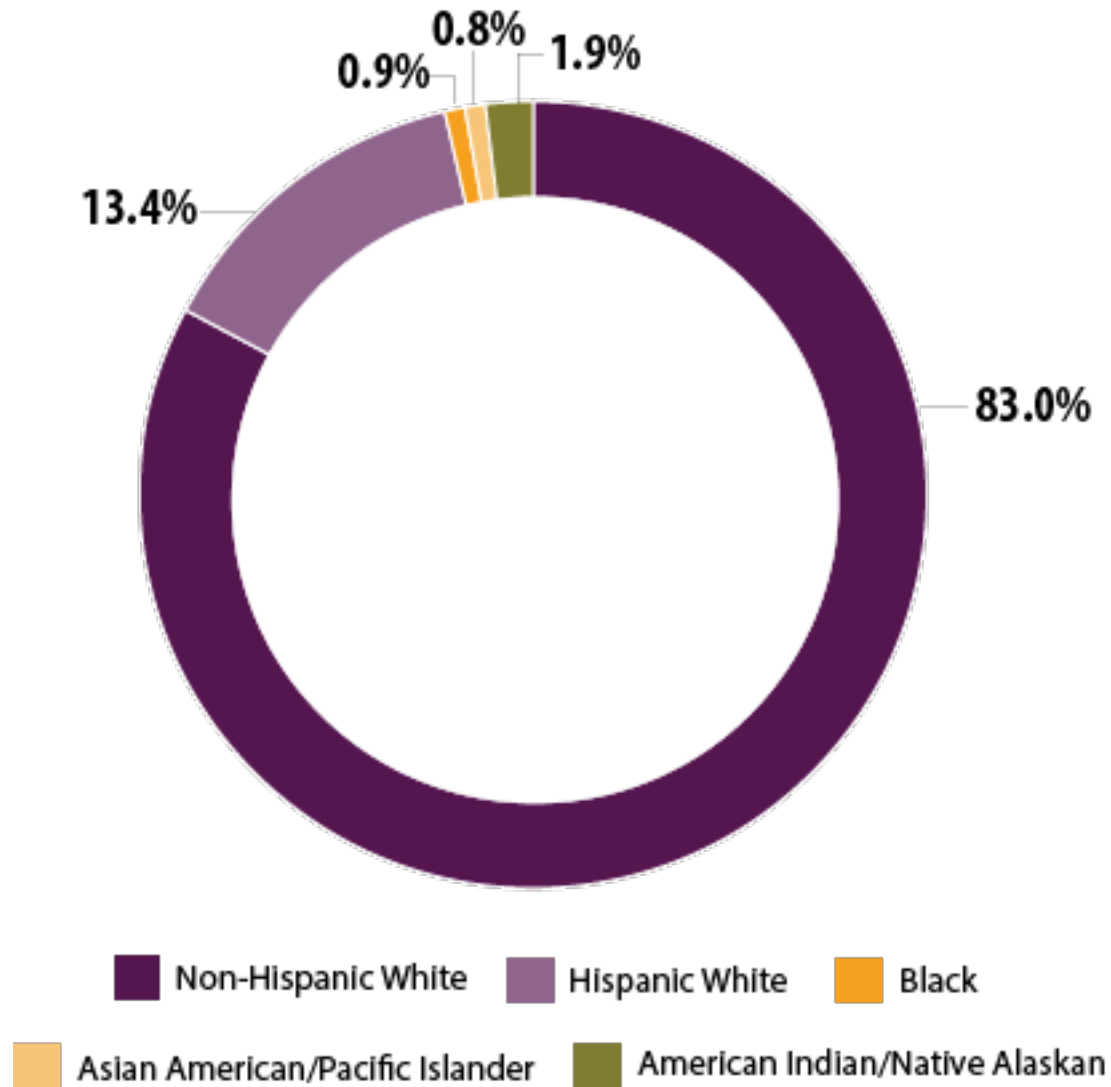
Health Data Profile:

*Demographics*

# HSR 10: Population

| | Population in 2014 | Projected 2020 Population | Average Annual Growth Rate |
|---|---|---|---|
| **All Ages** | **102,641** | **117,193** | **2.2%** |
| | 5,363,689 | 5,946,128 | 1.7% |
| **Ages 0-18** | **23,639** | **27,011** | **2.2%** |
| | 1,345,196 | 1,464,674 | 1.4% |
| **Ages 19-64** | **59,686** | **66,684** | **1.9%** |
| | 3,334,972 | 3,577,370 | 1.2% |
| **Ages 65+** | **19,314** | **23,498** | **3.3%** |
| | 683,521 | 904,084 | 4.8% |

■ = HSR 10   ■ = Colorado

SOURCE: Colorado Department of Local Affairs, Demography Office 2014

# HSR 10: Race and Ethnicity



- Non-Hispanic White — 83.0%
- Hispanic White — 13.4%
- Black — 0.9%
- Asian American/Pacific Islander — 0.8%
- American Indian/Native Alaskan — 1.9%

# HSR 10: Income Levels



Legend:
- 400%+ FPL
- 301-400% FPL
- 101-300% FPL
- 0-100% FPL

**HSR 10:** 19.1%, 16.5%, 41.4%, 23.0%
**Colorado:** 25.1%, 14.8%, 36.0%, 24.0%
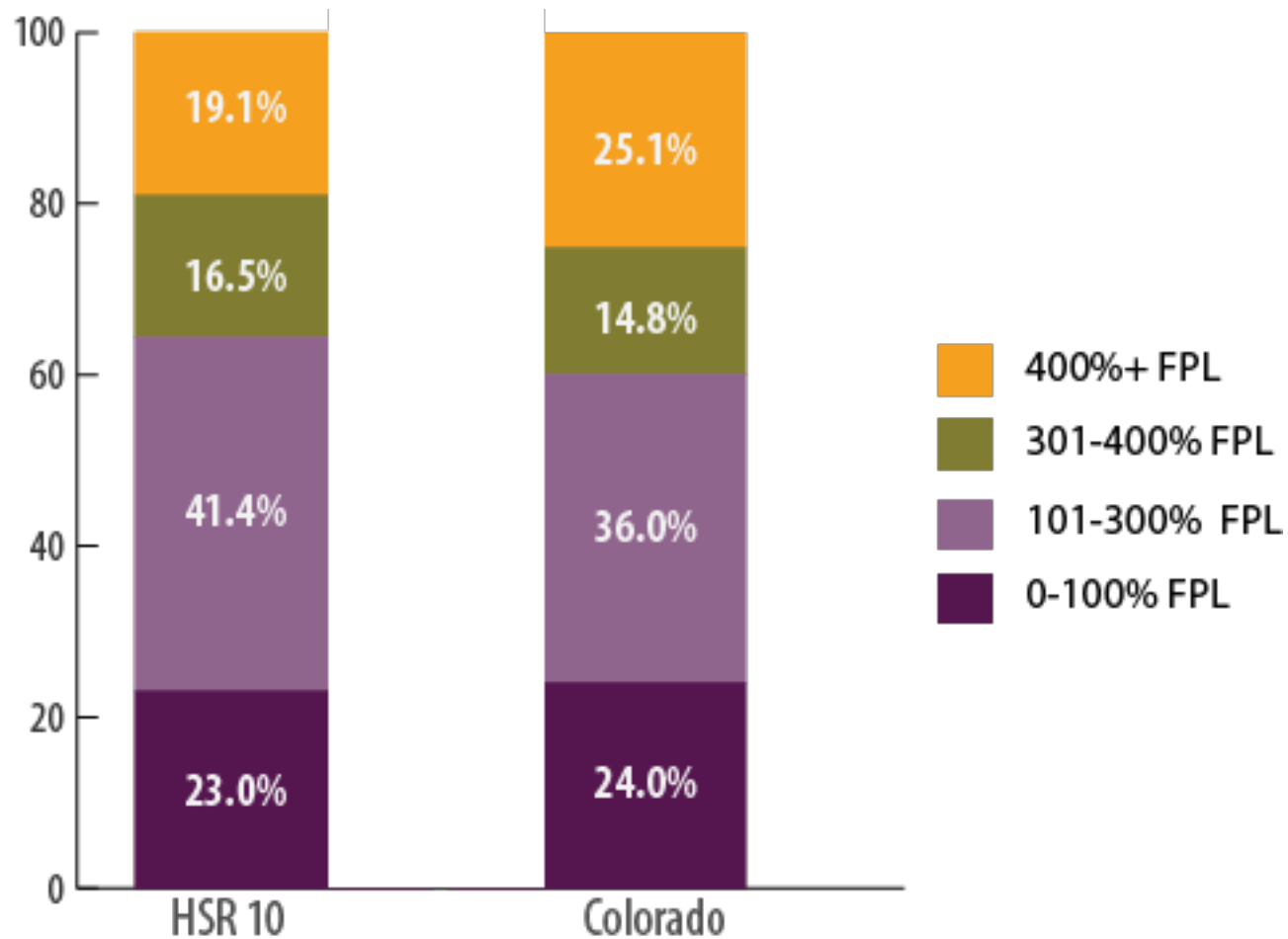
# HSR 10: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits



Legend:
- 400%+ FPL
- 266-400% FPL
- 139-265% FPL
- 0-138% FPL

HSR 10:
- 26.3%
- 20.5%
- 24.8%
- 28.4%

Colorado:
- 35.7%
- 17.4%
- 19.9%
- 26.9%
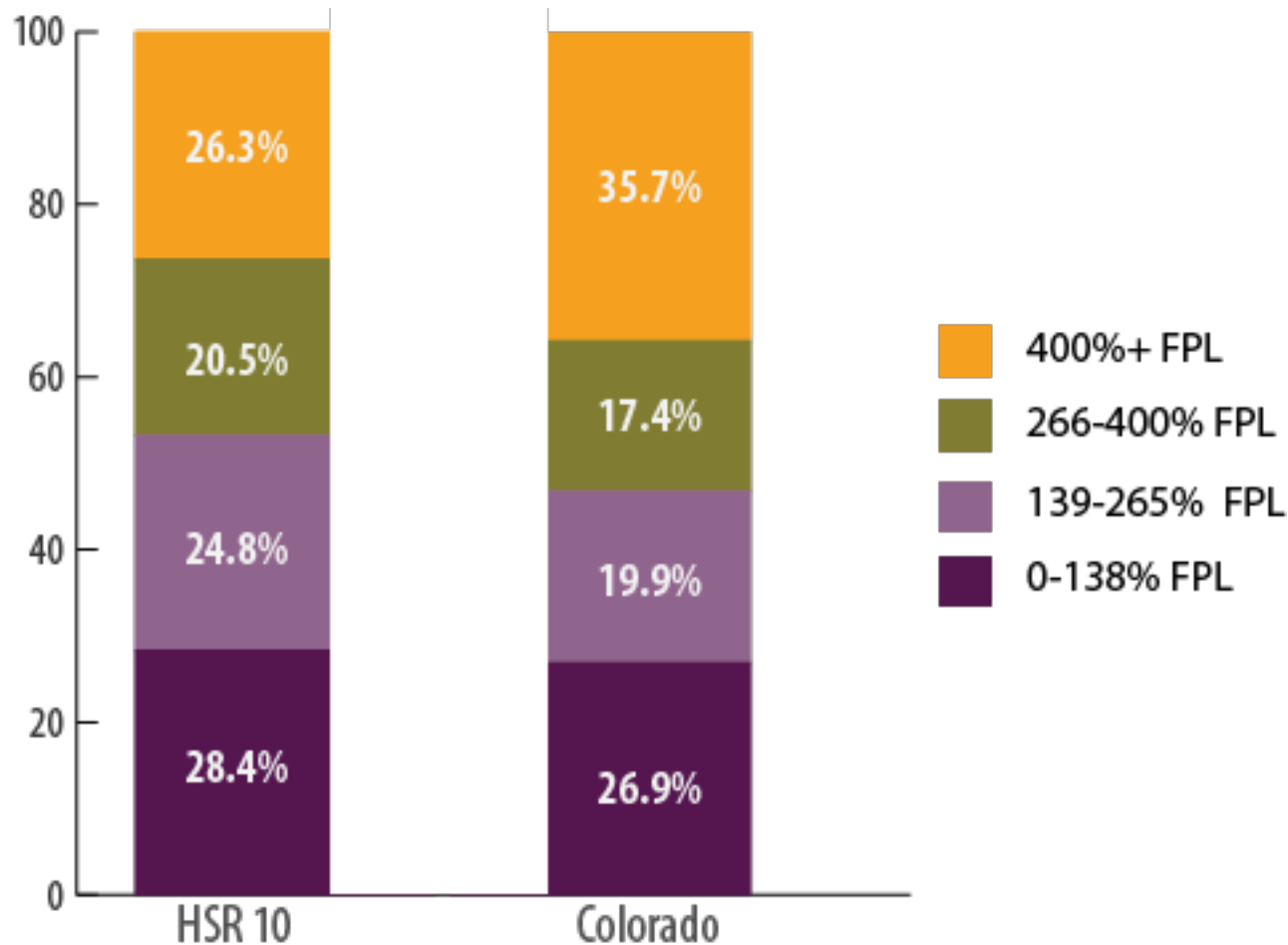
# HSR 10: Unemployment

**Number Unemployed, 2013**

**3,963**

186,723

**Unemployment Rate, 2013**

**7.6%**

6.8%

■ = HSR 10   ■ = Colorado

SOURCE: Colorado Department of Labor and Employment, 2013

# HSR 10: Education

**Public School Students Eligible for Free and Reduced School Lunch (K-12)**

## 46.6%
### 42.2%

**High School Completion Rate**

## 81.7%
### 79.6%

■ = HSR 10   ■ = Colorado

**Health Data Profile:**

*Health Indicators*

# HSR 10: General Health Status

**Percentage Reporting Excellent/Very Good/Good General Health Status**

## 84.0%
### 86.9%

**Percentage Reporting Fair/Poor General Health Status**

## 16.0%
### 13.1%

■ = HSR 10    ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013

# HSR 10: Health Behaviors

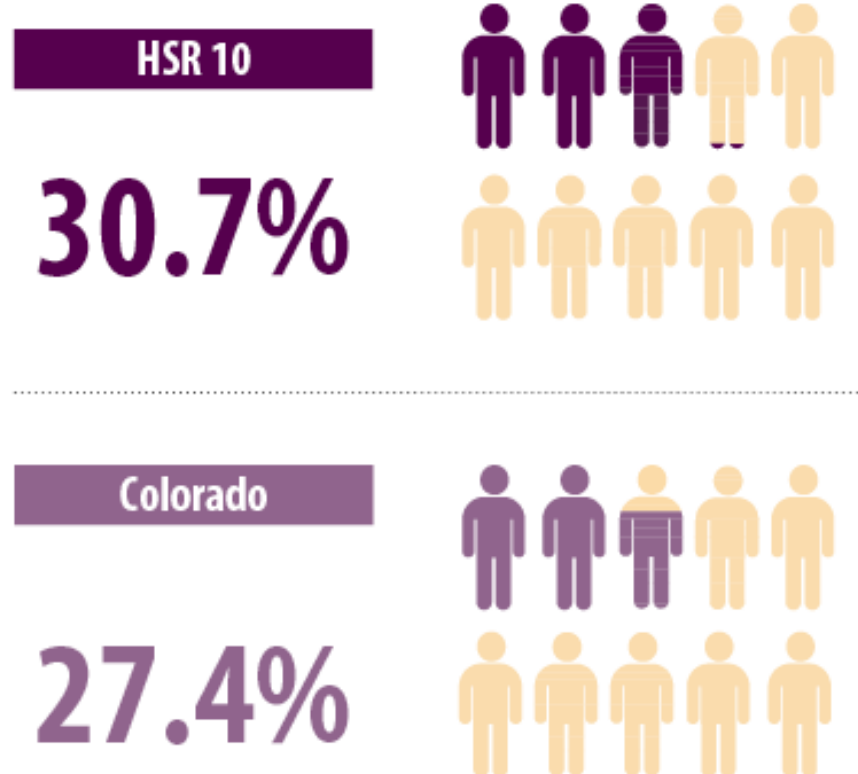| | Adults 18+ Binge Drinking* | Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days | Adults 18+ with Adequate Physical Activity** | Age 18+ Year Old Smokers |
|---|---|---|---|---|
| **HSR 10** | 16.8% | 52.8% | 63.1% | 15.0% |
| **Colorado** | 18.5% | 49.6% | 59.5% | 17.7% |

* Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.
** Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013; Colorado Health Child Survey 2011-2012

# HSR 10: Child Obesity

**Children 2-14 Who Are Overweight or Obese**

HSR 10

**30.7%**

Colorado

**27.4%**

# HSR 10: Adult Obesity



Adults 18+
Who Are Obese

HSR 10
18.4%

Colorado
21.3%

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013
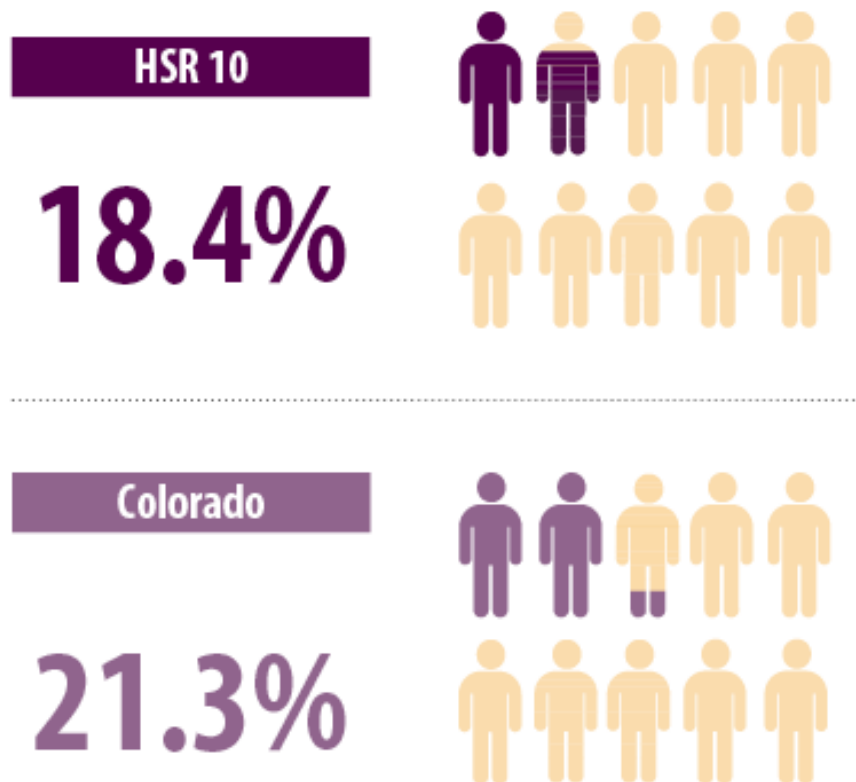
# HSR 10: Health Outcomes

| | HSR 10 | Colorado |
|---|---|---|
| **Percent Births With Low Birthweight** | 8.9% | 8.8% |
| **Teen Birth Rate (15-17, per 1,000 Women)** | 16.8 | 14.4 |
| **Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol** | 34.2% | 34.8% |
| **Adults 18+ Told by Physician They Have High Blood Pressure** | 26.5% | 26.3% |

# HSR 10: Food Access Indicators

| | Children 1-14 Who Ate Fruit 2+ Times and Veggies 3+ Times per Day | Children 1-14 Who Ate Fast Food 1+ Times in Past Week | Adults 18+ Who Ate Fast Food 1+ Times in Past Week | Agree/Strongly Agree it is Easy to Purchase Healthy Foods in Neighborhood |
|---|---|---|---|---|
| **HSR 10** | 8.6% | 54.1% | 59.0% | 89.6% |
| **Colorado** | 10.9% | 65.9% | 64.4% | 86.6% |

SOURCE: Colorado Child Health Survey 2010-2012; Colorado Behavioral Risk Factor Surveillance System, 2011

# HSR 10: Oral Health



**Percentage Who Have Dental Insurance**

40.6%

61.6%

**Percentage Reporting Excellent/Very Good/ Good Oral Health**

84.4%

83.0%

■ = HSR 10   ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013

# HSR 10: Mental Health

**Percentage Reporting Poor Mental Health***

**11.7%**
10.6%

**Percentage Did Not Get Mental Health Care When Needed****

**7.9%**
7.8%

■ = HSR 10   ■ = Colorado

*Poor mental health includes eight or more days of stress, depression, and problems with emotions.
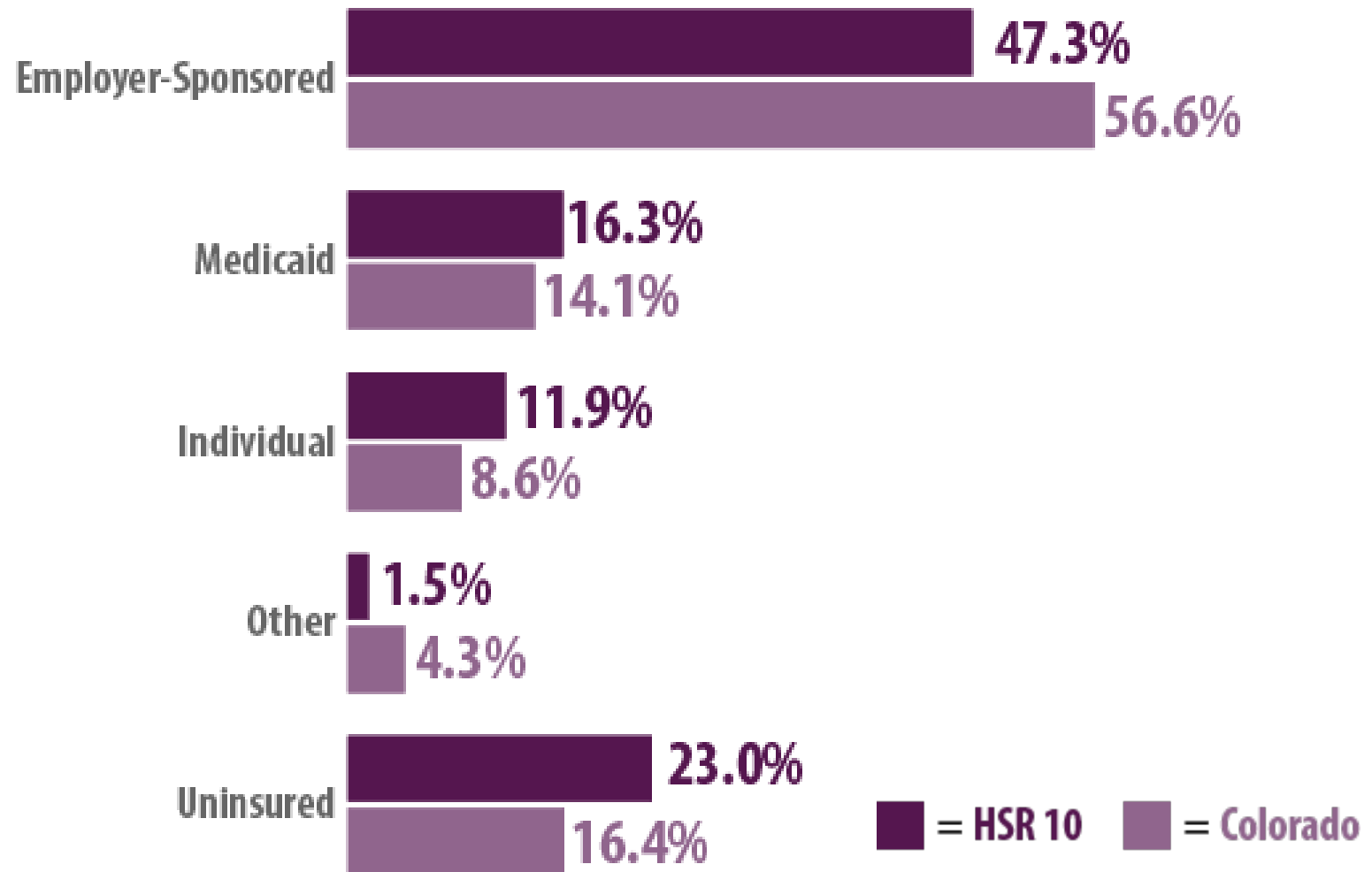**In the past 12 months

SOURCE: Colorado Health Access Survey, 2013

**Health Data Profile:**

*Insurance and Access*

# HSR 10: Health Insurance Types, 2012



**Employer-Sponsored**
- 47.3% (HSR 10)
- 56.6% (Colorado)

**Medicaid**
- 16.3% (HSR 10)
- 14.1% (Colorado)

**Individual**
- 11.9% (HSR 10)
- 8.6% (Colorado)

**Other**
- 1.5% (HSR 10)
- 4.3% (Colorado)

**Uninsured**
- 23.0% (HSR 10)
- 16.4% (Colorado)

■ = HSR 10   ■ = Colorado

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# HSR 10: Health Insurance Projections, 2016



Employer-Sponsored
- HSR 10: 47.7%
- Colorado: 56.1%

Medicaid/CHP+
- HSR 10: 28.8%
- Colorado: 23.6%

Individual
- HSR 10: 11.4%
- Colorado: 8.0%

Other
- HSR 10: 1.5%
- Colorado: 4.3%

Uninsured
- HSR 10: 10.6%
- Colorado: 8.1%
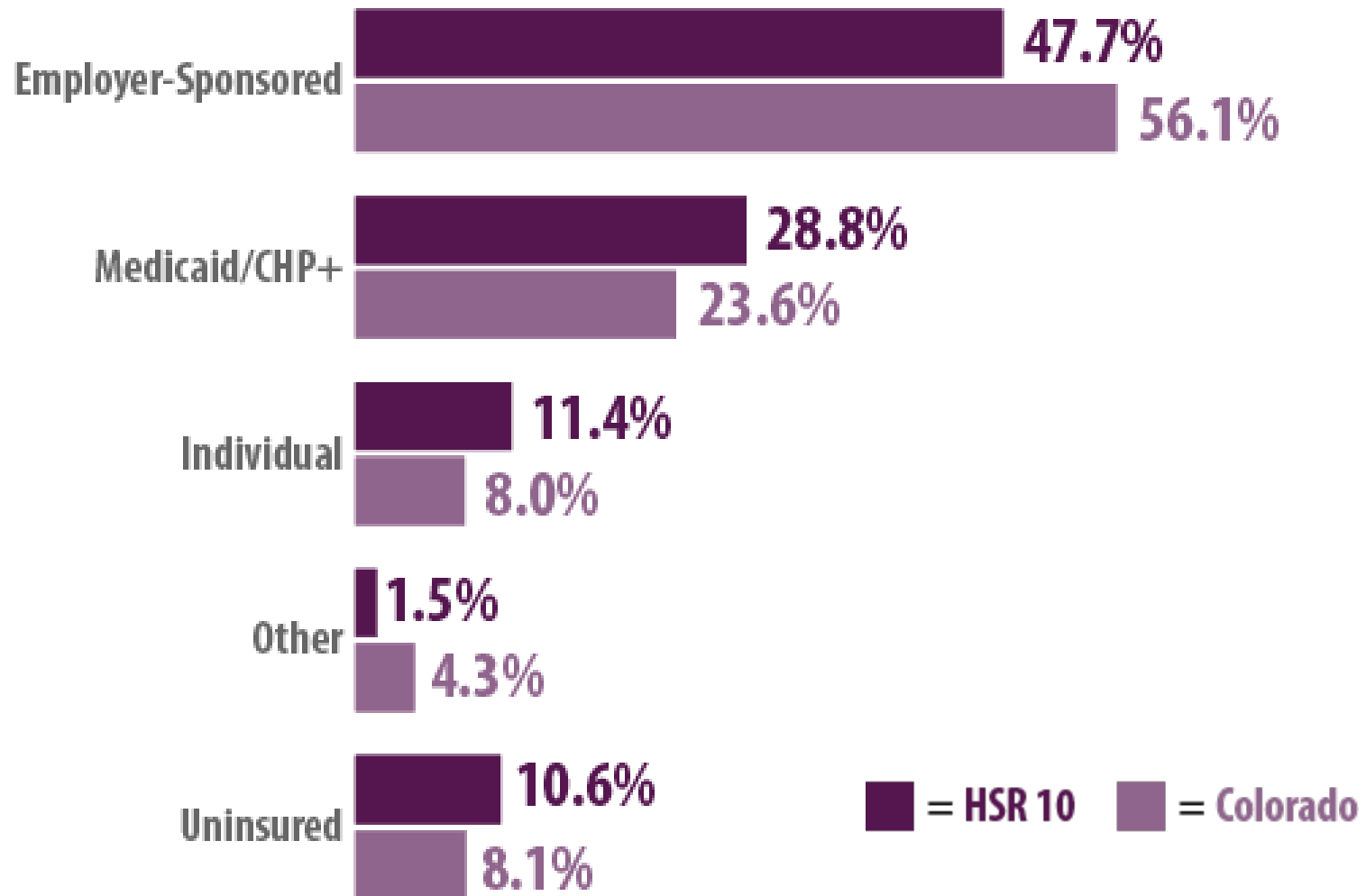
■ = HSR 10   ■ = Colorado

# HSR 10: Eligible But Not Enrolled In Public Insurance Programs

| | HSR 10 | Colorado |
|---|---|---|
| Children (0-18) Eligible But Not Enrolled in Medicaid | 19.2% | 11.5% |
| Children (0-18) Eligible But Not Enrolled in CHP+ | 12.9% | 30.6% |
| Adults (19-64) Eligible But Not Enrolled in Medicaid | 19.4% | 26.1% |

# HSR 10: Access to Care



| | HSR 10 | Colorado |
|---|---|---|
| Usual Source of Care | 81.2% | 83.1% |
| Visited General Doctor in Prior 12 Months | 62.0% | 70.0% |
| Visited Specialist in Prior 12 Months | 31.1% | 35.1% |
| Visited Emergency Room in Prior 12 Months | 10.7% | 19.5% |
| Visited Dentist in Prior 12 Months | 62.3% | 65.2% |

= HSR 10     = Colorado

SOURCE: Colorado Health Access Survey, 2013
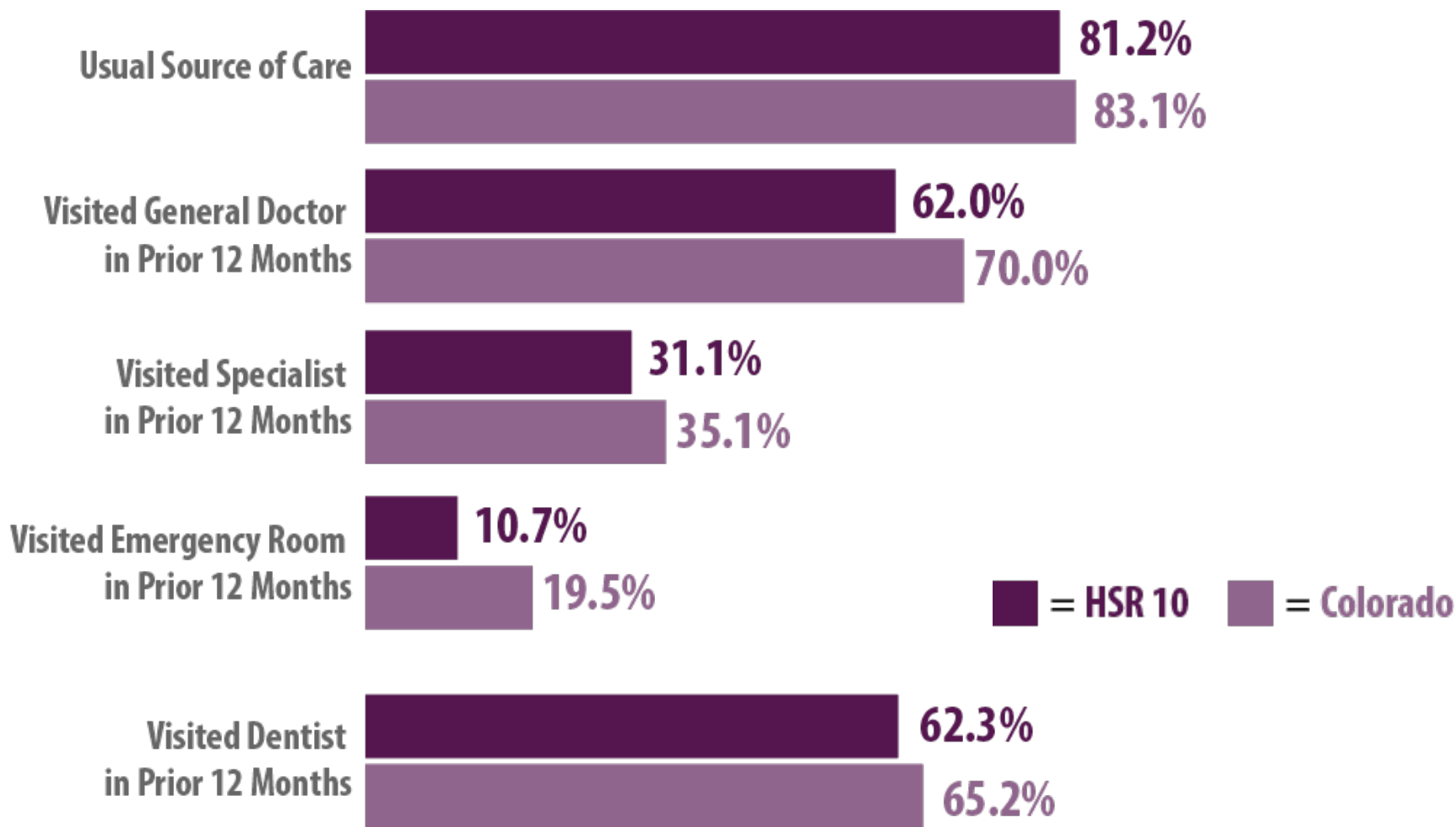
# HSR 10: Health Care Workforce (Rate per 1,000 Residents)

**Practicing Primary Care Physicians**

**75 (0.7)**

3,332 (0.6)

**Active Licensed Physican Assistants**

**32 (0.3)**

2,411 (0.4)

**Active Licensed Nurse Practioners**

**44 (0.4)**

3,142 (0.6)

**Active Licensed Dentists**

**73 (0.7)**

3,880 (0.7)

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Adults are **less obese** than the state average.

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