



# Advancing Breastfeeding in Colorado



## What is ABC?

### About the Advancing Breastfeeding in Colorado Project

Advancing Breastfeeding in Colorado (ABC) is a regional project based in the Denver metro area that also offers resources for partners statewide.

ABC seeks to reduce health disparities and improve overall health in Colorado by creating a seamless system of lactation support for parents and families at their jobs, in child care settings and medical offices, and in their communities. It is supported by a three-year grant from the Cancer, Cardiovascular and Chronic Pulmonary Disease (CCPD) Grants Program. Work began in summer 2018 and will continue until summer 2021.

The ABC project team includes Boulder County Public Health, Denver Public Health, Jefferson County Public Health, Tri-County Health Department, and the Colorado Health Institute.

Please contact your local agency to learn more.

#### Our Mission:

We work with local and regional partners to create a seamless system of culturally relevant lactation support, effect policy change, and develop breastfeeding friendly environments throughout Colorado.

#### ABC offers:

- Technical support and coaching
- Limited funding (seed money for non-metro partners, mini grants for metro businesses)
- Printed materials
- Assistance with new connections to partners and resources statewide

### Local Agency Contacts



**BOULDER COUNTY PUBLIC HEALTH**  
Opportunity for a healthy life.

**Heather Elkins, JD, IBCLC**

Breastfeeding Environments Program Specialist  
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[bouldercounty.org/families/pregnancy/breastfeeding/](http://bouldercounty.org/families/pregnancy/breastfeeding/)



**DENVER PUBLIC HEALTH.**

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[denverpublichealth.org](http://denverpublichealth.org)



**Tri-County Health Department**  
Serving Adams, Arapahoe and Douglas Counties

**Michele Haugh**

Worksite Wellness Coordinator  
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[tchd.org/Breastfeeding](http://tchd.org/Breastfeeding)



**JEFFERSON COUNTY COLORADO Public Health**

**Allison Wilson**

Project Coordinator  
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[jeffco.us/2193/Breastfeeding](http://jeffco.us/2193/Breastfeeding)

**For general questions about ABC, please contact:**

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