Welcome!
Please take your seats.
The show will begin at 10:45.

Three Small Plays About
Big Changes in the Doctor’s Office
Understanding Behavioral Health Integration

DECEMBER 7, 2017
SCENE ONE

COORDINATION
Scene One Discussion

Do you think that Samuel will visit the behavioral health provider? Why or why not?
Setting The Stage

11.8% of Coloradans report poor mental health, up from 9.9 percent in 2015

Source: 2015 and 2017 Colorado Health Access Survey
Scene One: Coordinated Care

Pros:
• Each practice can operate autonomously
• Format is familiar to patients, physicians

Cons:
• Services can overlap or work against each other
• Lack of coordination can lead to missed diagnoses
SCENE TWO

CO-LOCATION
Scene Two Discussion

• What was different about this encounter?

• Can you identify any opportunities that would improve this patient’s experience?
Setting the Stage

71% of Coloradans with at least one mental health visit saw or spoke to a general doctor about mental health.

Source: 2017 Colorado Health Access Survey
Scene Two: Co-Located Care

Pros:
• Allows for better coordination of care, professional relationships between providers
• Referrals are more successful due to proximity

Cons:
• Proximity may not lead to collaboration
• System issues may limit integration
• Limited flexibility if traditional roles are maintained
SCENE THREE

INTEGRATION
Scene Three Discussion

• What problems is this approach solving?
• What problems is this approach creating?
• What factors might influence the level of integration a practice pursues?
Integrated Care

Pros:
• Collaboration can lead to improved patient outcomes and whole-person care
• System barriers are removed, which allows for better team-based care approach

Cons:
• System changes can be hard to accommodate
• Sustainability issues can stress a practice
• Expensive to implement
Talkback

• **Ruth Benton**, CEO, New West Physicians

• **Barbara Martin**, State Innovation Model (SIM) Director, State of Colorado

• **Ashlie Brown**, Director of the SIM Extension Service, CHI
Fund - The Colorado State Innovation Model (SIM) is funded by the Centers for Medicare & Medicaid Services to encourage transformation of healthcare payment and delivery systems.

Collaborate - Colorado was the only SIM state to focus on the integration of behavioral and physical health in primary care settings with the support of public and private payers.

Integrate - This governor’s office initiative will help 400 primary care practices and 4 community mental health centers integrate physical and behavioral health.
THE SIM APPROACH

Increase access to integrated care for 80% of Coloradans

Payment Reform
Development and implementation of value-based payment models that incentivize integration and improve quality of care.

Practice Transformation
Support for practices as they accept new payment models and integrate behavioral and physical healthcare.

Population Health
Engaging communities in prevention, education, and improving access to integrated care.

HIT
Secure and efficient use of technology across health and non-health sectors in order to advance integration and improve health.
EXPANDING ACCESS
SIM practices are screening more patients to identify and address issues early. In Q2 2017 family medicine and pediatric practices, respectively, screened:

- Maternal Depression: 63% (Family Medicine), 60% (Pediatric Medicine)
- Developmental Issues: 84% (Family Medicine), 85% (Pediatric Medicine)
- Adolescent Obesity: 80% (Family Medicine), 75% (Pediatric Medicine)
- Tobacco Use: 79%
Early progress on diabetes clinical quality measure

Change in aggregate percentage of patients with diabetes with poor HbA1c control in SIM primary care sites

Percentage of eligible diabetic patients with poor HbA1C control (HbA1c >9.0%)

Cohort 1 Accountability Target - 30%

Cohort 1
Cohort 2
One last chance to participate in SIM. Encourage practices to apply for Cohort 3.

The application is open!
Release date: November 15
Deadline: January 10
Learn more: bit.ly/2yNCSxt
THANK YOU!

The Project described was supported by Funding Opportunity Number CMS-1G1-14-001 from the US Department of Health and Human Services, Centers for Medicare and Medicaid Services.
Talkback

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Integration in Action: The Big Idea of Accountable Care Collaborative (ACC) Phase Two
Primary care practices can be reimbursed for up to six behavioral health sessions.
For More Information

The Route to the RAES
Analyzing the Next Phase of Medicaid’s Accountable Care Collaborative in Colorado

COLORADO HEALTH INSTITUTE
Informing Policy. Advancing Health.
Talkback

• **Ruth Benton**, CEO, New West Physicians

• **Barbara Martin**, State Innovation Model (SIM) Director, State of Colorado

• **Ashlie Brown**, Director of the SIM Extension Service, CHI
The integration of primary care and behavioral health holds promise for improving access to care and quality.

Many factors influence the degree of integration a practice pursues.

The State Innovation Model (SIM) and Medicaid Accountable Care Collaborative are moving Colorado toward greater integration.
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