

HOT ISSUES IN HEALTH CONFERENCE AGENDA

8:00 – 9 a.m. **Breakfast**

9 – 9:15 a.m. **Welcome and Opening Remarks**

- *Sara Schmitt, President and CEO, CHI*
- *Kay Ramachandran, Board of Trustees, CHI*
- *Patrick Gordon, President and CEO, Rocky Mountain Health Plans, a UnitedHealthcare Company*

9:15 – 9:45 a.m. **A Sneak Peek at the 2023 Colorado Health Access Survey**

We start the day with the debut of the 2023 Colorado Health Access Survey, the state's premier source of information on health coverage, access to health care, and the factors that influence health in our state. The Hot Issues in Health audience will be the first to see top-level findings from the survey. The data will provide a critical window into Coloradans' health and will influence how individuals and organizations throughout our state prioritize their health policy work in the coming years. CHI will release full survey results in early 2024.

- **Jeff Bontrager**, *Director of Research and Evaluation, CHI*
- **Lindsey Whittington**, *Policy Analyst, CHI*

9:45 – 10:30 a.m. **ChatGPT and Your Brain: Changing How We Think About Thinking**

Legal scholar and ethicist Nita Farahany asserts that "Using ChatGPT isn't cheating." She draws a parallel to the transformative shifts in thinking that occurred with the introduction of calculators. As a leading expert in neurotechnology and the author of *The Battle for Your Brain*, Nita suggests that we need to adapt our perspective on thinking and begin mastering the art of asking the right questions. She demonstrates how we can teach the fundamentals of writing, research, and the core principles of art to the next generation, enabling them to use this technology effectively. Through this, we can create critical thinkers who are aware of what they create, and develop a future where humans and technology collaborate and enhance one another.

- **Nita Farahany**, *Legal Scholar and Ethicist, Director of the Duke Initiative for Science and Society*

10:30 – 10:45 a.m. **Break Sponsored by Colorado Access**

10:45 – 11:45 a.m. **Can Artificial Intelligence Set Us Free? How Rapid Technological Advancement May Finally Deliver the Support We Were Promised**

The information age has fallen short of the hype. Data overload continues to grow exponentially, leaving health professionals feeling overwhelmed instead of empowered. Keynote speaker Nita Farahany joins public health innovator and global entrepreneur Kaakpema "KP" Yelapaala to discuss the possibilities (and the pitfalls) for AI to finally deliver actionable insights for clinicians and all Coloradans.

- **Nita Farahany**, *Legal Scholar and Ethicist, Director of the Duke Initiative for Science and Society*
- **Kaakpema "KP" Yelapaala**, *Senior Fellow, Yale School of Public Health*
- **Ashlie Brown**, *Director, CHI (moderator)*

11:45 a.m. – 12 p.m. **Morning Recap**

12 – 1:00 p.m. **Lunch Sponsored by The Colorado Health Foundation**

1:00-2:15 p.m. Breakout Sessions (select one)

Alpine 1

Transforming Silos into People-First Systems

Why does it feel so challenging to get the care and services we need? What if our public health, health care, and social service systems prioritized people's needs and experiences for building integrated systems around them? The process of journey mapping helps us move forward and solve complex problems better and faster. Join us in this engaging session for an immersive mapping experience. We'll break out of our siloes and adopt a broader perspective with fresh thinking, a new mindset, and an innovative tool to think about how to evolve and better integrate our systems of care.

- **Nina Bianchi**, Director, CHI
- **Kirsti Klaverkamp**, Senior Program Manager, CHI
- **Stephanie Pugliese**, Director, Colorado Office of eHealth Innovation (OeHI)

Alpine 2-3

Screens: A Youth-Led Guide to Mental Health in the Age of Social Media

From bullying to hate speech to sleep disruption, research has shown that social media affects the development of children and adolescents. Policymakers and parents certainly have a role to play. But ultimately, the actions of young people themselves will have the greatest impact. Join CHI for a brief presentation on what the research says about social media and young minds, followed by a panel discussion featuring the voices of young Coloradans.

- **Emily Johnson**, Director of Policy Analysis, CHI
- **Suman Mathur**, Program Manager, CHI
- **Alli Daley**, Policy Director, Partners for Children's Mental Health
- Youth leaders from the **Colorado Youth Congress, Young Aspiring Americans for Social and Political Activism, and Youth Council on Mental Health**

Alpine 4

You're Already Making a Difference: How to Amplify Your Role in Climate Adaptation to Advance Health Equity

The task of adapting to a warming climate might seem daunting, but you're already on the path to making a positive difference in your community, even if you're unaware of it. Join us for an illuminating exploration of the synergy between your work and climate change adaptation, through a dynamic "fishbowl" exercise. Discover how to amplify your efforts and explore the inspiring journeys of a health system and a community health organization that have successfully harnessed this connection to support and prepare the communities they serve.

- **Karam Ahmad**, Director, CHI (facilitator)
- **Emily Santich**, Policy Analyst, CHI (facilitator)
- **Lisa Romero**, Senior Community Health Specialist, Kaiser Permanente Colorado
- **Guadalupe Solís**, Director of Environmental Justice, Cultivando

2:15 p.m. – 2:30 p.m. Break Sponsored by Colorado Access

2:30 – 3 p.m. Health Policy and Politics in 2024

The upcoming legislative session will be upon us soon. Here, we will preview the legislative session, which pairs a "back-to-normal" budget with ambitious policy plans. We will also look ahead to the 2024 election, which is already challenging assumptions about what's possible in American politics.

- **Joe Hanel**, Director of Communications, CHI
- **Kendra Neumann**, Research Analyst, CHI

3 – 3:45 p.m. Hearing from Our Legislators

Where exactly is Colorado headed with all the health and social reforms in recent years? Join us as we hear from some of the legislature's leading voices and gain insights in this panel discussion.

- **Rep. Chris deGruy Kennedy**
- **Sen. Rhonda Fields**
- **Sen. Jim Smallwood**
- **Rep. Judy Amabile**
- **Sara Schmitt**, President and CEO, CHI (moderator)

3:45 – 4 p.m. Closing Remarks and Gift Card Drawing

- **Sara Schmitt**, President and CEO, CHI

4 – 5:30 p.m. Reception Sponsored by Colorado Hospital Association, Partners for Children's Mental Health, and the Trailhead Institute