The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- **Decline in mental health**
  - Lowest Region: 27%
  - Highest Region: 49.4%

- **Decline in physical health**
  - Lowest Region: 9.8%
  - Highest Region: 23.3%

- **Continued working as an essential worker**
  - Lowest Region: 29.1%
  - Highest Region: 46.2%

- **Had reduced hours/income**
  - Lowest Region: 19.4%
  - Highest Region: 35.7%

**HEALTH STATUS**

- **15.5%** Of people reported poor general health
  - Lowest Region: 3.6%
  - Highest Region: 20.6%

- **19.2%** Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

- **27.8%** Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

**MENTAL HEALTH**

- **14.7%** Did not get needed mental health care in the past 12 months
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

- **19.2%** Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

- **18.3%** Talked with a general doctor about their mental health
  - Lowest Region: 13.9%
  - Highest Region: 28%

- **13.4%** Talked with a mental health provider about their mental health
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

**ORAL HEALTH**

- **70.0%** Had dental insurance
  - Lowest Region: 59.6%
  - Highest Region: 87.4%

- **66.4%** Visited a dentist in the past 12 months
  - Lowest Region: 55.4%
  - Highest Region: 81.2%

- **6,289 people** had dental pain that kept them from everyday activities

- **7,311 people** didn’t go to the dentist because they were worried about pain

**MISSED CARE**

When trying to receive health care in the past 12 months, did you...

- **Not Fill a Prescription**
  - Due to Cost: 12.5%
  - For Any Other Reason: 2.1%

- **Not Get General Doctor Care**
  - Due to Cost: 13.3%
  - For Any Other Reason: 7.0%

- **Not Get Specialist Care**
  - Due to Cost: 16.5%
  - For Any Other Reason: 5.5%

- **Not Get Dental Care**
  - Due to Cost: 21.0%
  - For Any Other Reason: 18.8%

Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21
**COLORADO HEALTH ACCESS SURVEY 2021**

Archuleta, Dolores, La Plata, Montezuma, and San Juan Counties

**HEALTH STATISTICS REGION (HSR) 9**

**INSURANCE COVERAGE**

<table>
<thead>
<tr>
<th>Year</th>
<th>Employer-Sponsored</th>
<th>Medicare</th>
<th>Medicaid / CHP+</th>
<th>Individual / Other Insurance</th>
<th>Uninsured</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>36.7%</td>
<td>20.8%</td>
<td>24.9%</td>
<td>9.0%</td>
<td>8.6%</td>
</tr>
<tr>
<td>2021</td>
<td>28.8%</td>
<td>17.4%</td>
<td>35.7%</td>
<td>10.1%</td>
<td>8.1%</td>
</tr>
</tbody>
</table>

Number of uninsured: 8,077

**SOCIAL FACTORS**

- **6.7%**
  Worried about having stable housing in the next two months
  Lowest Region: 1.7%
  Highest Region: 8.3%

- **11.3%**
  Ate less than they should due to lack of money
  Lowest Region: 1.2%
  Highest Region: 12.3%

- **17.0%**
  Could not find child care for at least a week in the past year
  Lowest Region: 3%
  Highest Region: 17.8%

**AFFORDABILITY**

- **27.6%**
  Had a surprise medical bill in the past 12 months
  Lowest Region: 15.1%
  Highest Region: 27.6%

- **15.4%**
  Had problems paying medical bills in the past 12 months
  Lowest Region: 4.3%
  Highest Region: 17.8%

**ACCESS TO CARE**

- **85.9%**
  Had a usual source of care
  Lowest Region: 78.7%
  Highest Region: 91%

- **73.3%**
  Visited a general doctor
  Lowest Region: 69.3%
  Highest Region: 80.8%

- **41.8%**
  Visited a specialist
  Lowest Region: 29%
  Highest Region: 49.9%

- **17.7%**
  Visited the emergency room
  Lowest Region: 12.1%
  Highest Region: 21.7%

**BARRIERS TO CARE**

In the past 12 months, did not receive needed care because...

<table>
<thead>
<tr>
<th>2015</th>
<th>2017</th>
<th>2019</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>You couldn't get an appointment as soon as you needed one</td>
<td>22.5%</td>
<td>14.2%</td>
<td>26.3%</td>
</tr>
<tr>
<td>The doctor's office wasn't accepting patients with your type of insurance*</td>
<td>12.4%</td>
<td>10.0%</td>
<td>10.8%</td>
</tr>
<tr>
<td>The doctor's office wasn't accepting new patients</td>
<td>12.3%</td>
<td>12.2%</td>
<td>14.1%</td>
</tr>
</tbody>
</table>

* Asked of currently insured

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