The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

### Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- **Decline in mental health**:
  - Lowest Region: 27%
  - Highest Region: 49.4%

- **Decline in physical health**: 12.2%

- **Continued working as an essential worker**: 38.7%

- **Had reduced hours/income**: 19.4%

### HEATH STATUS

- **20.6%** Of people reported poor general health
  - Lowest Region: 3.6%
  - Highest Region: 20.6%

- **31.0%** Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

- **24.3%** Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

### MENTAL HEALTH

- **13.5%** Did not get needed mental health care in the past 12 months
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

- **19.2%** Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

- **17.4%** Talked with a general doctor about their mental health
  - Lowest Region: 13.9%
  - Highest Region: 28%

- **14.0%** Talked with a mental health provider about their mental health
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

### ORAL HEALTH

- **68.4%** Had dental insurance
  - Lowest Region: 59.6%
  - Highest Region: 87.4%

- **55.4%** Visited a dentist in the past 12 months
  - Lowest Region: 55.4%
  - Highest Region: 81.2%

- **6,315 people** had dental pain that kept them from everyday activities

- **8,650 people** didn’t go to the dentist because they were worried about pain

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**Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21**
COLORADO HEALTH ACCESS SURVEY 2021

Baca, Bent, Crowley, Huerfano, Kiowa, Las Animas, Otero, and Prowers Counties

INSURANCE COVERAGE

<table>
<thead>
<tr>
<th>Year</th>
<th>Employer-Sponsored</th>
<th>Medicare</th>
<th>Medicaid / CHP+</th>
<th>Individual / Other Insurance</th>
<th>Uninsured</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>29.2%</td>
<td>19.0%</td>
<td>39.9%</td>
<td>6.5%</td>
<td>5.4%</td>
</tr>
<tr>
<td>2021</td>
<td>22.7%</td>
<td>15.7%</td>
<td>48.1%</td>
<td>5.7%</td>
<td>7.8%</td>
</tr>
</tbody>
</table>

Number of uninsured: 5,441

SOCIAL FACTORS

3.6%
Worried about having stable housing in the next two months
Lowest Region: 1.7%
Highest Region: 8.3%

12.3%
Ate less than they should due to lack of money
Lowest Region: 1.2%
Highest Region: 12.3%

12.8%
Could not find child care for at least a week in the past year
Lowest Region: 3%
Highest Region: 17.8%

AFFORDABILITY

18.2%
Had a surprise medical bill in the past 12 months
Lowest Region: 15.1%
Highest Region: 27.6%

12.5%
Had problems paying medical bills in the past 12 months
Lowest Region: 4.3%
Highest Region: 17.8%

ACCESS TO CARE

90.9%
Had a usual source of care
Lowest Region: 78.7%
Highest Region: 91%

76.1%
Visited a general doctor
Lowest Region: 69.3%
Highest Region: 80.8%

35.1%
Visited a specialist
Lowest Region: 29%
Highest Region: 49.9%

21.7%
Visited the emergency room
Lowest Region: 12.1%
Highest Region: 21.7%

BARRIERS TO CARE

In the past 12 months, did not receive needed care because...

<table>
<thead>
<tr>
<th>Reason</th>
<th>2015</th>
<th>2017</th>
<th>2019</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>You couldn’t get an appointment as soon as you needed one</td>
<td>22.7%</td>
<td>18.6%</td>
<td>19.2%</td>
<td>15.2%</td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting patients with your type of insurance*</td>
<td>7.2%</td>
<td>11.7%</td>
<td>11.0%</td>
<td>5.3%</td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting new patients</td>
<td>8.9%</td>
<td>13.2%</td>
<td>19.9%</td>
<td>6.2%</td>
</tr>
</tbody>
</table>

* Asked of currently insured

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