The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- Decline in mental health: 32.2%
  - Lowest Region: 27%
  - Highest Region: 49.4%
- Decline in physical health: 14.7%
  - Lowest Region: 9.8%
  - Highest Region: 23.3%
- Continued working as an essential worker: 41.7%
  - Lowest Region: 29.1%
  - Highest Region: 46.2%
- Had reduced hours/income: 19.6%
  - Lowest Region: 19.4%
  - Highest Region: 35.7%

13.5%
  - Of people reported poor general health
  - Lowest Region: 5.6%
  - Highest Region: 20.6%

18.9%
  - Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

18.3%
  - Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

11.9%
  - Did not get needed mental health care in the past 12 months
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

17.2%
  - Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

15.0%
  - Talked with a general doctor about their mental health
  - Lowest Region: 13.9%
  - Highest Region: 28%

11.5%
  - Talked with a mental health provider about their mental health
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

Missed Care:

- When trying to receive health care in the past 12 months, did you...
  - Not Fill a Prescription: 10.8%
    - Due to Cost: 1.8%
  - Not Get General Doctor Care: 10.5%
    - For Any Other Reason: 6.2%
  - Not Get Specialist Care: 12.7%
    - For Any Other Reason: 4.8%
  - Not Get Dental Care: 16.3%
    - For Any Other Reason: 8.1%
In the past 12 months, did not receive needed care because...

- You couldn’t get an appointment as soon as you needed one: 16.7% (2021), 16.8% (2019), 10.5% (2017), 18.9% (2015)
- The doctor’s office wasn’t accepting patients with your type of insurance: 9.5% (2021), 11.3% (2019), 5.9% (2017), 4.9% (2015)
- The doctor’s office wasn’t accepting new patients: 5.0% (2021), 8.4% (2019), 3.9% (2017), 6.0% (2015)

* Asked of currently insured