The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- **Decline in mental health**
  - Lowest Region: 27%
  - Highest Region: 49.4%

- **Decline in physical health**
  - Lowest Region: 9.8%
  - Highest Region: 23.3%

- **Continued working as an essential worker**
  - Lowest Region: 29.1%
  - Highest Region: 46.2%

- **Had reduced hours/income**
  - Lowest Region: 19.4%
  - Highest Region: 35.7%

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**HEALTH STATUS**

- **12.0%** Of people reported poor general health
  - Lowest Region: 3.6%
  - Highest Region: 20.6%

- **15.0%** Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

- **24.2%** Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

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**MENTAL HEALTH**

- **12.9%** Did not get needed mental health care in the past 12 months
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

- **18.7%** Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

- **19.0%** Talked with a general doctor about their mental health
  - Lowest Region: 13.9%
  - Highest Region: 28%

- **19.1%** Talked with a mental health provider about their mental health
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

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**ORAL HEALTH**

- **77.5%** Had dental insurance
  - Lowest Region: 59.6%
  - Highest Region: 87.4%

- **66.4%** Visited a dentist in the past 12 months
  - Lowest Region: 55.4%
  - Highest Region: 81.2%

- **51,258 people** had dental pain that kept them from everyday activities

- **67,460 people** didn’t go to the dentist because they were worried about pain

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**MISSING CARE**

When trying to receive health care in the past 12 months, did you...

- **Not Fill a Prescription**
  - Due to Cost: 13.4%
  - For Any Other Reason: 5.6%

- **Not Get General Doctor Care**
  - Due to Cost: 12.0%
  - For Any Other Reason: 7.1%

- **Not Get Specialist Care**
  - Due to Cost: 13.0%
  - For Any Other Reason: 8.5%

- **Not Get Dental Care**
  - Due to Cost: 15.2%
  - For Any Other Reason: 12.6%

Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21
In the past 12 months, did not receive needed care because...

- You couldn’t get an appointment as soon as you needed one: 17.8% (2015), 16.3% (2017), 21.1% (2019), 17.2% (2021)
- The doctor’s office wasn’t accepting patients with your type of insurance*: 12.2% (2015), 10.1% (2017), 8.5% (2019), 10.4% (2021)
- The doctor’s office wasn’t accepting new patients: 9.1% (2015), 8.8% (2017), 11.6% (2019), 6.1% (2021)

* Asked of currently insured

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