The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- Decline in mental health
  - Lowest Region: 27%
  - Highest Region: 49.4%

- Decline in physical health
  - Lowest Region: 9.8%
  - Highest Region: 23.3%

- Continued working as an essential worker
  - Lowest Region: 29.1%
  - Highest Region: 46.2%

- Had reduced hours/income
  - Lowest Region: 19.4%
  - Highest Region: 35.7%

- Did not get needed mental health care in the past 12 months
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

- Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

- Visited a dentist in the past 12 months
  - Lowest Region: 81.2%
  - Highest Region: 87.4%

- Had dental insurance
  - Lowest Region: 59.6%
  - Highest Region: 73.3%

- Had dental pain that kept them from everyday activities
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

- Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

- Of people reported poor general health
  - Lowest Region: 3.6%
  - Highest Region: 20.6%

- Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

When trying to receive health care in the past 12 months, did you...

- Not Fill a Prescription
  - 3.7%

- Not Get General Doctor Care
  - 6.6%

- Not Get Specialist Care
  - 9.0%

- Not Get Dental Care
  - 11.1%

Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21
In the past 12 months, did not receive needed care because...

<table>
<thead>
<tr>
<th>Reason</th>
<th>2015</th>
<th>2017</th>
<th>2019</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>You couldn’t get an appointment as soon as you needed one</td>
<td>18.8%</td>
<td>8.3%</td>
<td>19.8%</td>
<td>14.2%</td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting patients with your type of insurance*</td>
<td>7.4%</td>
<td>8.2%</td>
<td>13.4%</td>
<td>8.0%</td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting new patients</td>
<td>8.1%</td>
<td>10.6%</td>
<td>9.3%</td>
<td>5.8%</td>
</tr>
</tbody>
</table>

* Asked of currently insured

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