The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- **Decline in mental health**:
  - Lowest Region: 27%
  - Highest Region: 49.4%

- **Decline in physical health**: 20.7%

- **Continued working as an essential worker**: 34.1%

- **Had reduced hours/income**: 34.2%

**HEALTH STATUS**

- **15.4%**
  - Of people reported poor general health
    - Lowest Region: 3.6%
    - Highest Region: 20.6%

- **18.7%**
  - Of people reported poor oral health
    - Lowest Region: 6.9%
    - Highest Region: 31%

- **26.9%**
  - Of people ages 5+ reported poor mental health
    - Lowest Region: 16.9%
    - Highest Region: 29.2%

**MENTAL HEALTH**

- **17.0%**
  - Did not get needed mental health care in the past 12 months
    - Lowest Region: 9.6%
    - Highest Region: 17.6%

- **25.7%**
  - Expect to need mental health care in the next 12 months
    - Lowest Region: 10.6%
    - Highest Region: 26.6%

- **18.9%**
  - Talked with a general doctor about their mental health
    - Lowest Region: 13.9%
    - Highest Region: 28%

- **20.9%**
  - Talked with a mental health provider about their mental health
    - Lowest Region: 9.6%
    - Highest Region: 20.9%

**ORAL HEALTH**

- **76.1%**
  - Had dental insurance
    - Lowest Region: 59.6%
    - Highest Region: 87.4%

- **66.9%**
  - Visited a dentist in the past 12 months
    - Lowest Region: 55.4%
    - Highest Region: 81.2%

**75,247 people** had dental pain that kept them from everyday activities

**83,771 people** didn’t go to the dentist because they were worried about pain

Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21
**COLORADO HEALTH ACCESS SURVEY 2021**

**Denver County**

**INSURANCE COVERAGE**

<table>
<thead>
<tr>
<th>Year</th>
<th>Employer-Sponsored</th>
<th>Medicare</th>
<th>Medicaid / CHP+</th>
<th>Individual / Other Insurance</th>
<th>Uninsured</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>55.7%</td>
<td>12.1%</td>
<td>21.5%</td>
<td>4.6%</td>
<td>6.1%</td>
</tr>
<tr>
<td>2021</td>
<td>48.2%</td>
<td>8.5%</td>
<td>27.9%</td>
<td>7.9%</td>
<td>7.5%</td>
</tr>
</tbody>
</table>

Number of uninsured: 54,549

**SOCIAL FACTORS**

8.2% Worried about having stable housing in the next two months

- Lowest Region: 1.7%
- Highest Region: 8.3%

9.6% Ate less than they should due to lack of money

- Lowest Region: 1.2%
- Highest Region: 12.3%

13.6% Could not find child care for at least a week in the past year

- Lowest Region: 3%
- Highest Region: 17.8%

**AFFORDABILITY**

22.2% Had a surprise medical bill in the past 12 months

- Lowest Region: 15.1%
- Highest Region: 27.6%

13.5% Had problems paying medical bills in the past 12 months

- Lowest Region: 4.3%
- Highest Region: 17.8%

**ACCESS TO CARE**

78.7% Had a usual source of care

- Lowest Region: 78.7%
- Highest Region: 91%

69.3% Visited a general doctor

- Lowest Region: 69.3%
- Highest Region: 80.8%

39.4% Visited a specialist

- Lowest Region: 29%
- Highest Region: 49.9%

14.9% Visited the emergency room

- Lowest Region: 12.1%
- Highest Region: 21.7%

**BARRIERS TO CARE**

In the past 12 months, did not receive needed care because...

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2017</th>
<th>2019</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>You couldn't get an appointment as soon as you needed one</td>
<td>21.2%</td>
<td>21.7%</td>
<td>23.3%</td>
<td>23.6%</td>
</tr>
<tr>
<td>The doctor's office wasn't accepting patients with your type of insurance*</td>
<td>7.3%</td>
<td>12.2%</td>
<td>10.8%</td>
<td>10.1%</td>
</tr>
<tr>
<td>The doctor's office wasn't accepting new patients</td>
<td>9.8%</td>
<td>14.9%</td>
<td>10.9%</td>
<td>9.0%</td>
</tr>
</tbody>
</table>

* Asked of currently insured

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The Colorado Health Institute believes that good health policy leads to a healthier Colorado. Every day we bring research, insight, and expertise to leaders across the state because informed decisions lead to better health for all. The Colorado Health Access Survey is the premier source of information on health insurance coverage, access to health care, and use of health care services in Colorado.

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