Mesa County

The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- **Decline in mental health**
  - Lowest Region: 27%
  - Highest Region: 49.4%

- **Decline in physical health**
  - Lowest Region: 9.8%
  - Highest Region: 23.3%

- **Continued working as an essential worker**
  - Lowest Region: 20.9%
  - Highest Region: 46.2%

- **Had reduced hours/income**
  - Lowest Region: 19.4%
  - Highest Region: 35.7%

- **Expect to need mental health care in the next 12 months**
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

- **Talked with a general doctor about their mental health**
  - Lowest Region: 13.9%
  - Highest Region: 28%

- **Talked with a mental health provider about their mental health**
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

**HEALTH STATUS**

- **15.8%**
  - Of people reported poor general health
  - Lowest Region: 3.6%
  - Highest Region: 20.6%

- **24.2%**
  - Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

- **25.0%**
  - Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

**MENTAL HEALTH**

- **12.4%**
  - Did not get needed mental health care in the past 12 months
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

- **18.7%**
  - Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

**ORAL HEALTH**

- **68.2%**
  - Had dental insurance
  - Lowest Region: 59.6%
  - Highest Region: 87.4%

- **66.7%**
  - Visited a dentist in the past 12 months
  - Lowest Region: 55.4%
  - Highest Region: 81.2%

**MISSED CARE**

When trying to receive health care in the past 12 months, did you...

- **Not Fill a Prescription**
  - Due to Cost: 8.6%
  - For Any Other Reason: 2.0%

- **Not Get General Doctor Care**
  - Due to Cost: 13.2%
  - For Any Other Reason: 7.4%

- **Not Get Specialist Care**
  - Due to Cost: 8.1%
  - For Any Other Reason: 6.0%

- **Not Get Dental Care**
  - Due to Cost: 24.3%
  - For Any Other Reason: 13.5%

Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21
2021
Lost, switched, or gained coverage in the past 12 months

- Employer-Sponsored
- Medicare
- Medicaid / CHP+
- Individual / Other Insurance
- Uninsured

<table>
<thead>
<tr>
<th>Year</th>
<th>Employer-Sponsored</th>
<th>Medicare</th>
<th>Medicaid / CHP+</th>
<th>Individual / Other Insurance</th>
<th>Uninsured</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>38.7%</td>
<td>17.5%</td>
<td>29.5%</td>
<td>5.1%</td>
<td>9.2%</td>
</tr>
<tr>
<td>2021</td>
<td>40.1%</td>
<td>14.6%</td>
<td>29.4%</td>
<td>6.1%</td>
<td>9.8%</td>
</tr>
</tbody>
</table>

Number of uninsured: 15,219

Social Factors

5.6%
Worried about having stable housing in the next two months
- Lowest Region: 1.7%
- Highest Region: 8.3%

8.8%
Ate less than they should due to lack of money
- Lowest Region: 1.2%
- Highest Region: 12.3%

5.2%
Could not find child care for at least a week in the past year
- Lowest Region: 3%
- Highest Region: 17.8%

Affordability

22.1%
Had a surprise medical bill in the past 12 months
- Lowest Region: 15.1%
- Highest Region: 27.6%

11.5%
Had problems paying medical bills in the past 12 months
- Lowest Region: 4.3%
- Highest Region: 17.8%

Access to Care

85.4%
Had a usual source of care
- Lowest Region: 78.7%
- Highest Region: 91%

77.0%
Visited a general doctor
- Lowest Region: 69.3%
- Highest Region: 80.8%

38.5%
Visited a specialist
- Lowest Region: 29%
- Highest Region: 49.9%

20.5%
Visited the emergency room
- Lowest Region: 12.1%
- Highest Region: 21.7%

Barriers to Care

In the past 12 months, did not receive needed care because...

<table>
<thead>
<tr>
<th>Reason</th>
<th>2015</th>
<th>2017</th>
<th>2019</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>You couldn’t get an appointment as soon as you needed one</td>
<td>19.2%</td>
<td>17.7%</td>
<td>25.3%</td>
<td>16.8%</td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting patients with your type of insurance*</td>
<td>15.8%</td>
<td>11.2%</td>
<td>10.4%</td>
<td>3.6%</td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting new patients</td>
<td>15.2%</td>
<td>15.1%</td>
<td>13.0%</td>
<td>5.5%</td>
</tr>
</tbody>
</table>

* Asked of currently insured

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