The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- **37.4%** Decline in mental health
  - Lowest Region: 27%
  - Highest Region: 49.4%

- **17.0%** Decline in physical health
  - Lowest Region: 9.8%
  - Highest Region: 23.3%

- **29.1%** Continued working as an essential worker
  - Lowest Region: 29.1%
  - Highest Region: 46.2%

- **27.0%** Had reduced hours/income
  - Lowest Region: 19.4%
  - Highest Region: 35.7%

**HEALTH STATUS**

- **16.4%** Of people reported poor general health
  - Lowest Region: 3.6%
  - Highest Region: 20.6%

- **17.3%** Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

- **22.6%** Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

**MENTAL HEALTH**

- **15.7%** Did not get needed mental health care in the past 12 months
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

- **17.4%** Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

- **17.1%** Talked with a general doctor about their mental health
  - Lowest Region: 13.9%
  - Highest Region: 28%

- **16.1%** Talked with a mental health provider about their mental health
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

**ORAL HEALTH**

- **75.2%** Had dental insurance
  - Lowest Region: 59.6%
  - Highest Region: 87.4%

- **68.4%** Visited a dentist in the past 12 months
  - Lowest Region: 55.4%
  - Highest Region: 81.2%

**1,662 people** had dental pain that kept them from everyday activities

**3,763 people** didn’t go to the dentist because they were worried about pain

**MISSING CARE**

- **6.9% 7.0%** Not Fill a Prescription
- **11.2% 10.0%** Not Get General Doctor Care
- **10.7% 8.5%** Not Get Specialist Care
- **19.3% 12.4%** Not Get Dental Care

Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21
The Colorado Health Foundation is the primary funder of the Colorado Health Access Survey. Support also comes from the Community First Foundation, the Colorado Springs Health Foundation, the Delta Dental of Colorado Foundation, and the Rocky Mountain Health Foundation. The Colorado Department of Health Care Policy & Financing, the Colorado Office of Behavioral Health, the Latino Community Foundation of Colorado, and the UCLA Center for Health Policy Research provided funding for certain questions.