The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- **Decline in mental health**
  - Lowest Region: 27%
  - Highest Region: 49.4%

- **Decline in physical health**
  - Lowest Region: 9.8%
  - Highest Region: 23.3%

- **Continued working as an essential worker**
  - Lowest Region: 29.1%
  - Highest Region: 46.2%

- **Had reduced hours/income**
  - Lowest Region: 19.4%
  - Highest Region: 35.7%

**HEALTH STATUS**

- **9.6%** Of people reported poor general health
  - Lowest Region: 5.6%
  - Highest Region: 20.6%

- **14.6%** Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

- **27.4%** Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

**MENTAL HEALTH**

- **16.9%** Did not get needed mental health care in the past 12 months
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

- **20.4%** Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

- **18.6%** Talked with a general doctor about their mental health
  - Lowest Region: 13.9%
  - Highest Region: 28%

- **18.8%** Talked with a mental health provider about their mental health
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

**ORAL HEALTH**

- **79.0%** Had dental insurance
  - Lowest Region: 59.6%
  - Highest Region: 87.4%

- **65.8%** Visited a dentist in the past 12 months
  - Lowest Region: 55.4%
  - Highest Region: 81.2%

**MISS ED CARE**

When trying to receive health care in the past 12 months, did you...

- **19,499** people had dental pain that kept them from everyday activities

- **22,963** people didn’t go to the dentist because they were worried about pain

Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21
In the past 12 months, did not receive needed care because...

- **You couldn’t get an appointment as soon as you needed one**
  - 2015: 20.8%
  - 2017: 17.9%
  - 2019: 18.8%
  - 2021: 19.7%

- **The doctor’s office wasn’t accepting patients with your type of insurance**
  - 2015: 10.4%
  - 2017: 15.5%
  - 2019: 12.2%
  - 2021: 8.4%

- **The doctor’s office wasn’t accepting new patients**
  - 2015: 8.5%
  - 2017: 15.0%
  - 2019: 9.2%
  - 2021: 6.9%

*Asked of currently insured

**INSURANCE COVERAGE**

<table>
<thead>
<tr>
<th>Year</th>
<th>Employer-Sponsored</th>
<th>Medicare</th>
<th>Medicaid / CHP</th>
<th>Individual / Other Insurance</th>
<th>Uninsured</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>57.7%</td>
<td>12.2%</td>
<td>11.3%</td>
<td>13.4%</td>
<td>5.3%</td>
</tr>
<tr>
<td>2021</td>
<td>56.1%</td>
<td>10.4%</td>
<td>17.5%</td>
<td>11.4%</td>
<td>4.6%</td>
</tr>
</tbody>
</table>

Number of uninsured: 18,518

**SOCIAL FACTORS**

- **Worried about having stable housing in the next two months**
  - Lowest Region: 1.7%
  - Highest Region: 8.3%

- **Ate less than they should due to lack of money**
  - Lowest Region: 1.2%
  - Highest Region: 12.3%

- **Could not find child care for at least a week in the past year**
  - Lowest Region: 3.0%
  - Highest Region: 17.8%

**AFFORDABILITY**

- **17.7%**
  - Had a surprise medical bill in the past 12 months
  - Lowest Region: 15.1%
  - Highest Region: 27.6%

- **7.8%**
  - Had problems paying medical bills in the past 12 months
  - Lowest Region: 4.3%
  - Highest Region: 17.8%

**ACCESS TO CARE**

- **87.6%**
  - Had a usual source of care
  - Lowest Region: 78.7%
  - Highest Region: 91.9%

- **78.8%**
  - Visited a general doctor
  - Lowest Region: 69.3%
  - Highest Region: 80.8%

- **49.9%**
  - Visited a specialist
  - Lowest Region: 29%
  - Highest Region: 49.9%

- **12.1%**
  - Visited the emergency room
  - Lowest Region: 12.1%
  - Highest Region: 21.7%

**BARRIERS TO CARE**

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