The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

**Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:**

<table>
<thead>
<tr>
<th>Effect</th>
<th>Lowest Region</th>
<th>Highest Region</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decline in mental health</td>
<td>27%</td>
<td>49.4%</td>
</tr>
<tr>
<td>Decline in physical health</td>
<td>9.8%</td>
<td>23.3%</td>
</tr>
<tr>
<td>Continued working as an essential worker</td>
<td>29.1%</td>
<td>46.2%</td>
</tr>
<tr>
<td>Had reduced hours/income</td>
<td>19.4%</td>
<td>35.7%</td>
</tr>
</tbody>
</table>

**HEALTH STATUS**

- **13.7%** Of people reported poor general health
  - Lowest Region: 3.6%
  - Highest Region: 20.6%

- **13.4%** Of people reported poor oral health
  - Lowest Region: 6.9%
  - Highest Region: 31%

- **23.5%** Of people ages 5+ reported poor mental health
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

**MENTAL HEALTH**

- **12.6%** Did not get needed mental health care in the past 12 months
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

- **19.2%** Expect to need mental health care in the next 12 months
  - Lowest Region: 10.6%
  - Highest Region: 26.6%

- **17.2%** Talked with a general doctor about their mental health
  - Lowest Region: 13.9%
  - Highest Region: 28%

- **16.3%** Talked with a mental health provider about their mental health
  - Lowest Region: 9.6%
  - Highest Region: 20.9%

**ORAL HEALTH**

- **79.6%** Had dental insurance
  - Lowest Region: 59.6%
  - Highest Region: 87.4%

- **71.0%** Visited a dentist in the past 12 months
  - Lowest Region: 55.4%
  - Highest Region: 81.2%

**MISSED CARE**

When trying to receive health care in the past 12 months, did you...

- **8.7%** Not fill a prescription
- **12.6%** Not get general doctor care
- **12.2%** Not get specialist care
- **15.7%** Not get dental care

**Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21**
In the past 12 months, did not receive needed care because...

<table>
<thead>
<tr>
<th>Reason</th>
<th>2015</th>
<th>2017</th>
<th>2019</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>You couldn’t get an appointment as soon as you needed one</td>
<td>18.4%</td>
<td>11.7%</td>
<td>18.8%</td>
<td>18.1%</td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting patients with your type of insurance*</td>
<td>9.8%</td>
<td>8.9%</td>
<td>11.6%</td>
<td>8.2%</td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting new patients</td>
<td>8.8%</td>
<td>10.5%</td>
<td>10.7%</td>
<td>4.7%</td>
</tr>
</tbody>
</table>

* Asked of currently insured

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