The COVID-19 pandemic had wide-ranging health and social effects. The Colorado Health Access Survey captured evidence of many of these effects, including:

Percentage of Coloradans age 16+ in this region reporting the following effects of the COVID-19 pandemic:

- **Decline in mental health**
  - Lowest Region: 27%
  - Highest Region: 49.4%

- **Decline in physical health**
  - Lowest Region: 9.8%
  - Highest Region: 23.3%

- **Continued working as an essential worker**
  - Lowest Region: 29.1%
  - Highest Region: 46.2%

- **Had reduced hours/income**
  - Lowest Region: 19.4%
  - Highest Region: 35.7%

- **Did not get needed mental health care in the past 12 months**
  - Lowest Region: 16.9%
  - Highest Region: 29.2%

- **Expect to need mental health care in the next 12 months**
  - Lowest Region: 9.8%
  - Highest Region: 23.3%

- **Talked with a general doctor about their mental health**
  - Lowest Region: 13.9%
  - Highest Region: 28%

- **Talked with a mental health provider about their mental health**
  - Lowest Region: 9.6%
  - Highest Region: 17.6%

- **Had dental insurance**
  - Lowest Region: 17.6%
  - Highest Region: 20.9%

- **Visited a dentist in the past 12 months**
  - Lowest Region: 68.2%
  - Highest Region: 87.4%

- **Had dental pain that kept them from everyday activities**
  - Lowest Region: 43.7%
  - Highest Region: 50.3%

- **Didn’t go to the dentist because they were worried about pain**
  - Lowest Region: 26.1%
  - Highest Region: 35.7%

When trying to receive health care in the past 12 months, did you...

- **Not Fill a Prescription**
  - Due to Cost: 11.0%
  - For Any Other Reason: 4.4%

- **Not Get General Doctor Care**
  - Due to Cost: 10.8%
  - For Any Other Reason: 6.2%

- **Not Get Specialist Care**
  - Due to Cost: 10.1%
  - For Any Other Reason: 5.3%

- **Not Get Dental Care**
  - Due to Cost: 20.0%
  - For Any Other Reason: 14.9%

Download profiles for all 21 Health Statistics Regions and the State of Colorado at colo.health/CHAS21
In the past 12 months, did not receive needed care because...

<table>
<thead>
<tr>
<th>Reason</th>
<th>2015</th>
<th>2017</th>
<th>2019</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>You couldn’t get an appointment as soon</td>
<td>16.8</td>
<td>10.6</td>
<td>21.5</td>
<td>19.7</td>
</tr>
<tr>
<td>as you needed one</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting</td>
<td>5.1</td>
<td>9.1</td>
<td>8.1</td>
<td>6.9</td>
</tr>
<tr>
<td>patients with your type of insurance*</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The doctor’s office wasn’t accepting new</td>
<td>4.8</td>
<td>7.7</td>
<td>4.8</td>
<td>3.7</td>
</tr>
<tr>
<td>patients</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Asked of currently insured

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