

Indicator summary table

| Life Cycle Phase | Indicator | Age range | Data Source* | RANKING | | | | | | |
|---------------------|--|--|--------------|---------------------|-----------------|---------------|------------------|-----------------------|-------------------------|----------------------------|
| | | | | CO rank (out of 50) | CO ranked value | Best state | Best state value | Year for ranked value | Number of states ranked | HP 2010 target (age group) |
| HEALTHY BEGINNINGS | Prenatal care later than the first trimester or not at all | women of childbearing ages | PRAMS | 34 | 22.7% | Massachusetts | 14.4% | 2007 | 28 | NA |
| | Smoking during pregnancy | women of childbearing ages | PRAMS | 14 | 89.9% | Utah | 94.7% | 2007 | 28 | 99% abstain |
| | Low birth weight | births occurred in 2007 | Vital Stats | 37 | 9.0% | Alaska | 5.6% | 2007 | 50 | 5% |
| | Infant mortality rate (infant deaths per 1,000 live births) | less than 1 yr | Vital Stats | 13 | 5.8/1,000 | Washington | 4.7/1,000 | 2006 | 50 | 4.5/1,000 |
| | All recommended early childhood immunizations | children born between January 2006 and July 2008 | NIS | 30 | 65.2% | Massachusetts | 81.1% | 2009 | 50 | NA |
| HEALTHY CHILDREN | Children not covered by private or public health insurance | 0–12 yrs | CPS | 44 | 11.8% | Massachusetts | 2.2% | 2007–2009 | 50 | 0% |
| | Children living in families with income below the federal poverty level | 0–12 yrs | CPS | 14 | 16.1% | New Hampshire | 9.6% | 2007–2009 | 50 | NA |
| | Children with a medical home | 0–17 yrs | NSCH | 30 | 59.3% | New Hampshire | 69.3% | 2007 | 50 | 97% (age 0–17) |
| | Children receiving preventive dental care in last 12 months | 1–17 yrs | NSCH | 38 | 77.0% | Hawaii | 86.9% | 2007 | 50 | NA |
| | Children who participate in vigorous physical activity | 6–17 yrs | NSCH | 34 | 64.1% | Minnesota | 72.8% | 2007 | 50 | NA |
| | Obese children | 10–17 yrs | NSCH | 23 | 14.2% | Oregon | 9.6% | 2007 | 50 | 5% |
| HEALTHY ADOLESCENTS | Adolescents not covered by private or public health insurance | 13–17 yrs | CPS | 32 | 11.2% | Hawaii | 4.1% | 2007–2009 | 50 | 0% |
| | Adolescents living in families with income below the federal poverty level | 13–17 yrs | CPS | 18 | 12.4% | New Hampshire | 6.3% | 2007–2009 | 50 | NA |
| | Adolescent fruit and vegetable consumption | high school students | YRBS | 1 | 24.4% | Colorado | 24.4% | 2009 | 36 | 75% (all ages) |
| | Adolescents who participate in vigorous physical activity | high school students | YRBS | 10 | 47.0% | Idaho | 53.6% | 2009 | 42 | NA |
| | Adolescent binge drinking | high school students | YRBS | 37 | 25.1% | Utah | 11.5% | 2009 | 41 | 2% |
| | Adolescent smoking | high school students | YRBS | 20 | 17.7% | Utah | 8.5% | 2009 | 42 | 16% |
| | Adolescent depression | high school students | YRBS | 19 | 25.4% | Wisconsin | 20.8% | 2009 | 40 | NA |
| | Adolescents who attempted suicide | high school students | YRBS | 22 | 7.6% | Vermont | 4.3% | 2009 | 41 | 1% |
| | Adolescent sexual activity | high school students | YRBS | 1 | 27.4% | Colorado | 27.4% | 2009 | 36 | NA |
| | Adolescent condom use | high school students | YRBS | 11 | 63.2% | New York | 67.6% | 2009 | 35 | 95% |
| | Teen fertility rate (births to mothers 15–19 per 100,000 population) | 15–19 yrs | Vital Stats | 29 | 43.4/1,000 | New Hampshire | 20.0/1,000 | 2007 | 50 | 43/1,000 |

Indicator summary table (continued)

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|------------------|---|-----------|--------------|---------------------|-----------------|---------------|------------------|-----------------------|-------------------------|----------------------------|
| | | | | CO rank (out of 50) | CO ranked value | Best state | Best state value | Year for ranked value | Number of states ranked | HP 2010 target (age group) |
| HEALTHY ADULTS | Adults not covered by private or public health insurance | 18–64 yrs | CPS | 30 | 19.8% | Massachusetts | 6.8% | 2007–2009 | 50 | 0% |
| | Adults who have a regular source of medical care | 18–64 yrs | BRFSS | 31 | 76.6% | Delaware | 88.5% | 2009 | 50 | 96% (18 and over) |
| | Adult fruit and vegetable consumption | 18–64 yrs | BRFSS | 28 | 21.6% | Vermont | 27.8% | 2009 | 50 | 75% (all ages) |
| | Adult physical activity | 18–64 yrs | BRFSS | 4 | 83.5% | Minnesota | 86.1% | 2009 | 50 | 80% (18 and over) |
| | Adult obesity | 18–64 yrs | BRFSS | 1 | 19.0% | Colorado | 19.0% | 2009 | 50 | 15% (20 and over) |
| | Adult smoking | 18–64 yrs | BRFSS | 14 | 18.8% | Utah | 10.7% | 2009 | 50 | 12% (18 and over) |
| | Adult binge drinking | 18–64 yrs | BRFSS | 29 | 18.6% | Tennessee | 7.7% | 2009 | 50 | 6% (18 and over) |
| | Adults with poor mental health | 18–64 yrs | BRFSS | 12 | 13.2% | North Dakota | 9.9% | 2009 | 50 | NA |
| | Adults with diabetes | 18–64 yrs | BRFSS | 2 | 4.25% | Utah | 4.19% | 2009 | 50 | 2.5% (all ages) |
| | Adults with hypertension | 18–64 yrs | BRFSS | 2 | 17.0% | Minnesota | 15.4% | 2009 | 50 | 16% (20 and over) |
| HEALTHY AGING | Older adults with a regular source of medical care | 65+ years | BRFSS | 27 | 94.6% | Rhode Island | 96.9% | 2009 | 50 | 96% (18 and over) |
| | Older adults with recommended immunizations | 65+ years | BRFSS | 2 | 60.1% | Minnesota | 61.2% | 2009 | 50 | 90% (65 and over) |
| | Older adults who participate in physical activity | 65+ years | BRFSS | 1 | 75.2% | Colorado | 75.2% | 2009 | 50 | 80% (18 and over) |
| | Older adults who report poor physical health | 65+ years | BRFSS | 7 | 17.6% | Hawaii | 15.5% | 2009 | 50 | NA |
| | Older adults who report poor mental health | 65+ years | BRFSS | 5 | 6.1% | South Dakota | 5.5% | 2009 | 50 | NA |
| | Older adults reporting limited activity due to poor physical or mental health | 65+ years | BRFSS | 9 | 20.1% | Vermont | 18.0% | 2009 | 50 | NA |

Note: This indicator uses two decimal places to provide a more precise estimate and distinguish between the Colorado value and the best state value (Utah).

* Data Sources:

PRAMS: Pregnancy Risk Assessment Monitoring System
NIS: National Immunization Survey

Vital Stats: Vital Statistics System
NSCH: National Survey of Children's Health
YRBS: Youth Risk Behavior Survey

CPS: Current Population Survey
BRFSS: Behavior Risk Factor Surveillance System