

## Appendix I: Indicator summary table

Life Cycle Phase	Indicator	Age range	Data Source*
HEALTHY BEGINNINGS	Prenatal care later than the first trimester or not at all	women of childbearing ages	Vital Stats
	Smoking during pregnancy	women of childbearing ages	PRAMS
	Low birth weight	births occurred in 2005	Vital Stats
	Infant mortality rate (infant deaths per 1,000 live births)	less than 1 yr	Vital Stats
	All recommended early childhood immunizations	children born between July 2005 and December 2005	NIS
HEALTHY CHILDREN	Children not covered by private or public health insurance	0 – 12 yrs	CPS
	Children living in families with income below the federal poverty level	0 – 12 yrs	CPS
	Children with a regular source of primary care	0 – 17 yrs	NSCH
	Children receiving preventive dental care in last 12 months	1 – 17 yrs	NSCH
	Children who participate in vigorous physical activity	6 – 17 yrs	NSCH
	Obese children	10 – 17 yrs	NSCH
HEALTHY ADOLESCENTS	Adolescents not covered by private or public health insurance	13 – 17 yrs	CPS
	Adolescents living in families with income below the federal poverty level	13 – 17 yrs	CPS
	Adolescent fruit and vegetable consumption	high school students	YRBS
	Adolescents who participate in vigorous physical activity	high school students	YRBS
	Obese adolescents	high school students	YRBS
	Adolescent binge drinking	high school students	YRBS
	Adolescent smoking	high school students	YRBS
	Adolescent depression	high school students	YRBS
	Adolescents who attempted suicide	high school students	YRBS
	Adolescent sexual activity	high school students	YRBS
	Adolescent condom use	high school students	YRBS
Teen fertility rate (births to mothers 15 – 19 per 100,000 population)	15 – 19 yrs	Vital Stats	



RANKING

CO rank	CO ranked value	Best state	Best state value	Year for ranked values	Number of states ranked	CO most recent value	Most recent year for CO	HP 2010 target (age group)
31	19.5%	New York	8.9%	2005	38	20.3%	2006	NA
5	89.4%	Utah	96.1%	2000 – 2003	19	89.6%	2006	99% abstain
41	9.2%	Alaska, Oregon & Washington	6.1%	2005	50	9.0%	2006	5%
18	6.4/1,000	Utah	4.5/1,000	2005	50	5.7/1,000	2006	4.5/1,000
36	79.2%	New Hampshire	91.5%	2006 – 2007	50	79.2%	2006 – 2007	90%
45	14.2%	Massachusetts	3.3%	2005 – 2007	50	14.2%	2005 – 2007	0%
17	14.8%	New Hampshire	6.4%	2005 – 2007	50	14.8%	2005 – 2007	NA
28	45.8%	New Hampshire	61.0%	2003	50	62.0%	2007	97% (age 0 – 17)
38	70.5%	Vermont	85.7%	2003	50	70.5%	2003	NA
37	57.1%	Alabama	69.2%	2003	50	56.5%	2007	NA
3	9.9%	Utah	8.5%	2003	50	13.0%	2007	5%
33	12.1%	Iowa	5.7%	2005 – 2007	50	12.1%	2005 – 2007	0%
14	10.4%	New Hampshire	4.7%	2005 – 2007	50	10.4%	2005 – 2007	NA
11	19.2%	Rhode Island	25.4%	2005	34	19.2%	2005	75% (all ages)
4	70.1%	New Hampshire	72.1%	2005	39	70.1%	2005	85%
6	9.8%	Utah	5.6%	2005	39	9.8%	2005	5%
33	30.6%	Utah	8.8%	2005	40	30.6%	2005	2%
14	18.7%	Utah	7.4%	2005	40	18.7%	2005	16%
7	25.0%	North Dakota	20.3%	2005	39	25.0%	2005	NA
6	6.7%	Vermont	6.2%	2005	40	6.7%	2005	1%
3	29.5%	New York	29.2%	2005	27	29.5%	2005	NA
3	69.3%	New Jersey	71.2%	2005	32	69.3%	2005	NA
32	42.6/1,000	New Hampshire	17.9/1,000	2005	50	39.2/1,000	2006	43/1,000



## Appendix I: Indicator summary table (continued)

Life Cycle Phase	Indicator	Age range	Data Source*
HEALTHY ADULTS	Adults not covered by private or public health insurance	18 – 64 yrs	CPS
	Adults who have a regular source of medical care	18 – 64 yrs	BRFSS
	Adult fruit and vegetable consumption	18 – 64 yrs	BRFSS
	Adult physical activity	18 – 64 yrs	BRFSS
	Adult obesity	18 – 64 yrs	BRFSS
	Adult smoking	18 – 64 yrs	BRFSS
	Adult binge drinking	18 – 64 yrs	BRFSS
	Adults with poor mental health	18 – 64 yrs	BRFSS
	Adults with diabetes	18 – 64 yrs	BRFSS
	Adults with hypertension	18 – 64 yrs	BRFSS
HEALTHY AGING	Older adults with a regular source of medical care	65+ years	BRFSS
	Older adults with recommended immunizations	65+ years	BRFSS
	Older adults who participate in physical activity	65+ years	BRFSS
	Older adults who report poor physical health	65+ years	BRFSS
	Older adults who report poor mental health	65+ years	BRFSS
	Older adults reporting limited activity due to poor physical or mental health	65+ years	BRFSS



RANKING

CO rank	CO ranked value	Best state	Best state value	Year for ranked values	Number of states ranked	CO most recent value	Most recent year for CO	HP 2010 target (age group)
33	20.1%	Minnesota	10.6%	2005 – 2007	50	20.1%	2005 – 2007	0%
33	75.8%	Deleware	88.6%	2007	50	75.8%	2007	96% (18 and over)
17	25.1%	Vermont	29.1%	2007	50	25.1%	2007	75% (all ages)
4	84.0%	Minnesota	85.3%	2007	50	84.0%	2007	80% (18 and over)
1	19.8%	Colorado	19.8%	2007	50	19.8%	2007	15% (20 and over)
14	20.2%	Utah	12.8%	2007	50	20.2%	2007	12% (18 and over)
33	19.6%	Kentucky	9.7%	2007	50	19.6%	2007	6% (18 and over)
26	14.2%	Iowa	10.1%	2007	50	14.2%	2007	NA
1	3.8%	Colorado	3.8%	2007	50	3.8%	2007	2.5% (all ages)
3	16.2%	Utah	14.7%	2007	50	16.2%	2007	16% (20 and over)
28	94.5%	Deleware	97.3%	2007	50	94.5%	2007	96% (18 and over)
6	61.0%	Minnesota	63.0%	2007	50	61.0%	2007	90% (65 and over)
4	74.6%	Hawaii	76.8%	2007	50	74.6%	2007	80% (18 and over)
12	18.9%	Hawaii	15.7%	2007	50	18.9%	2007	NA
12	7.3%	Iowa	4.5%	2007	50	7.3%	2007	NA
16	21.9%	North Dakota	17.7%	2007	50	21.9%	2007	NA

\* Data Sources:

PRAMS: Pregnancy Risk Assessment Monitoring System

NIS: National Immunization Survey

Vital Stats: Vital Statistics System

NSCH: National Survey of Children's Health

YRBS: Youth Risk Behavior Survey

CPS: Current Population Survey

BRFSS: Behavior Risk Factor Surveillance System

