Local Data, Local Health

Dolores, San Juan, Montezuma, La Plata and Archuleta Counties

October 2014

colorado health
INSTITUTE

Community Data for Community Members

- **Dive Into the Details:**
  Snapshots of a region's health.

- **Use Our Data:**
  These graphics are ready for your presentations, reports, grant applications, tweets, and other needs.

- **Get More Information:**
  Contact the Colorado Health Institute. You can reach us by phone, email or social media.

Colorado's 21 Health Statistics Regions
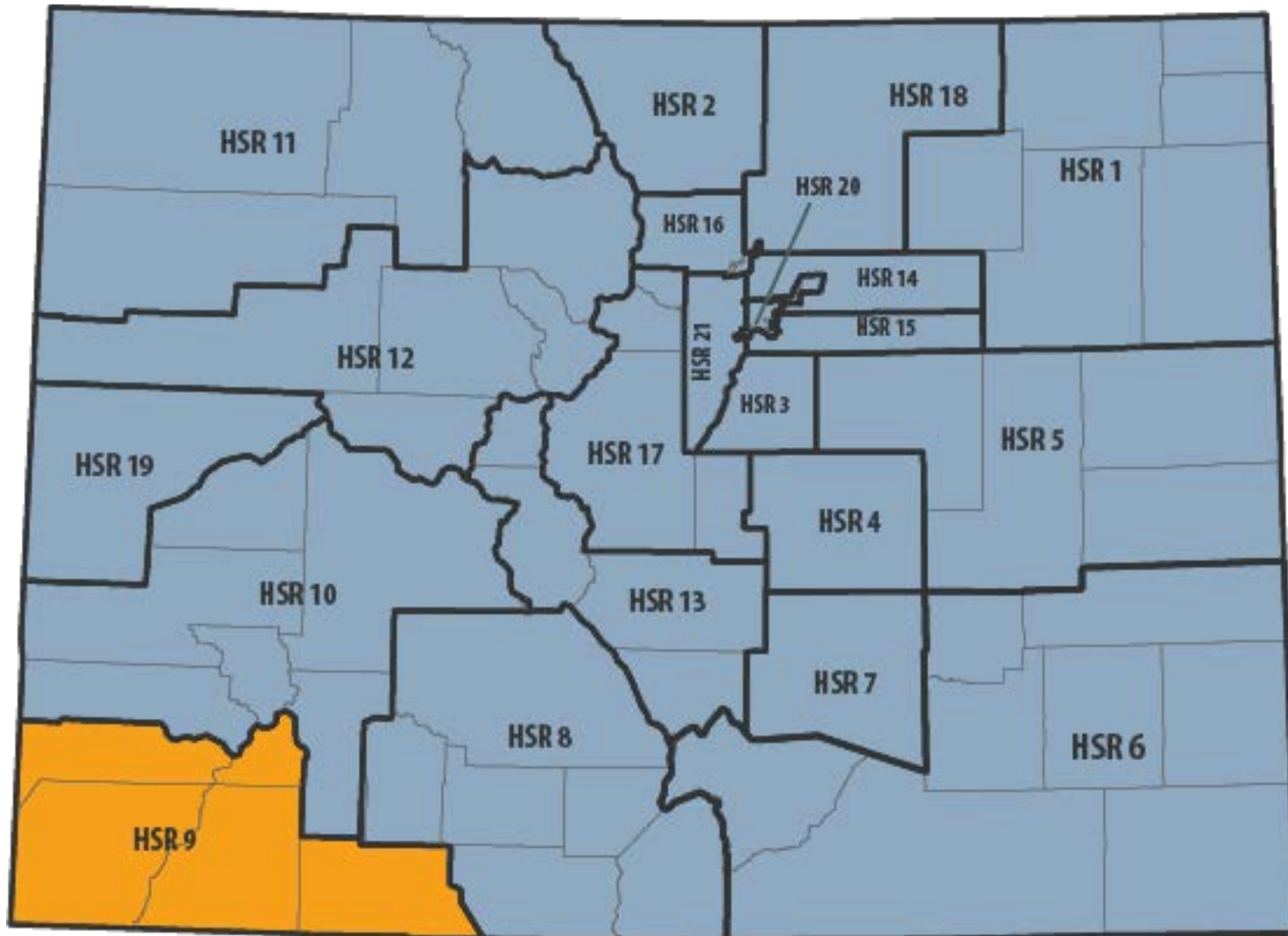
Data Highlights: Region 9

Nearly one of five report fair or **poor health status**, the lowest levels.

Adults are **physically active** at higher-than-average levels.

Nearly three of ten children are **overweight or obese**.

Demographics

HSR 9: Population
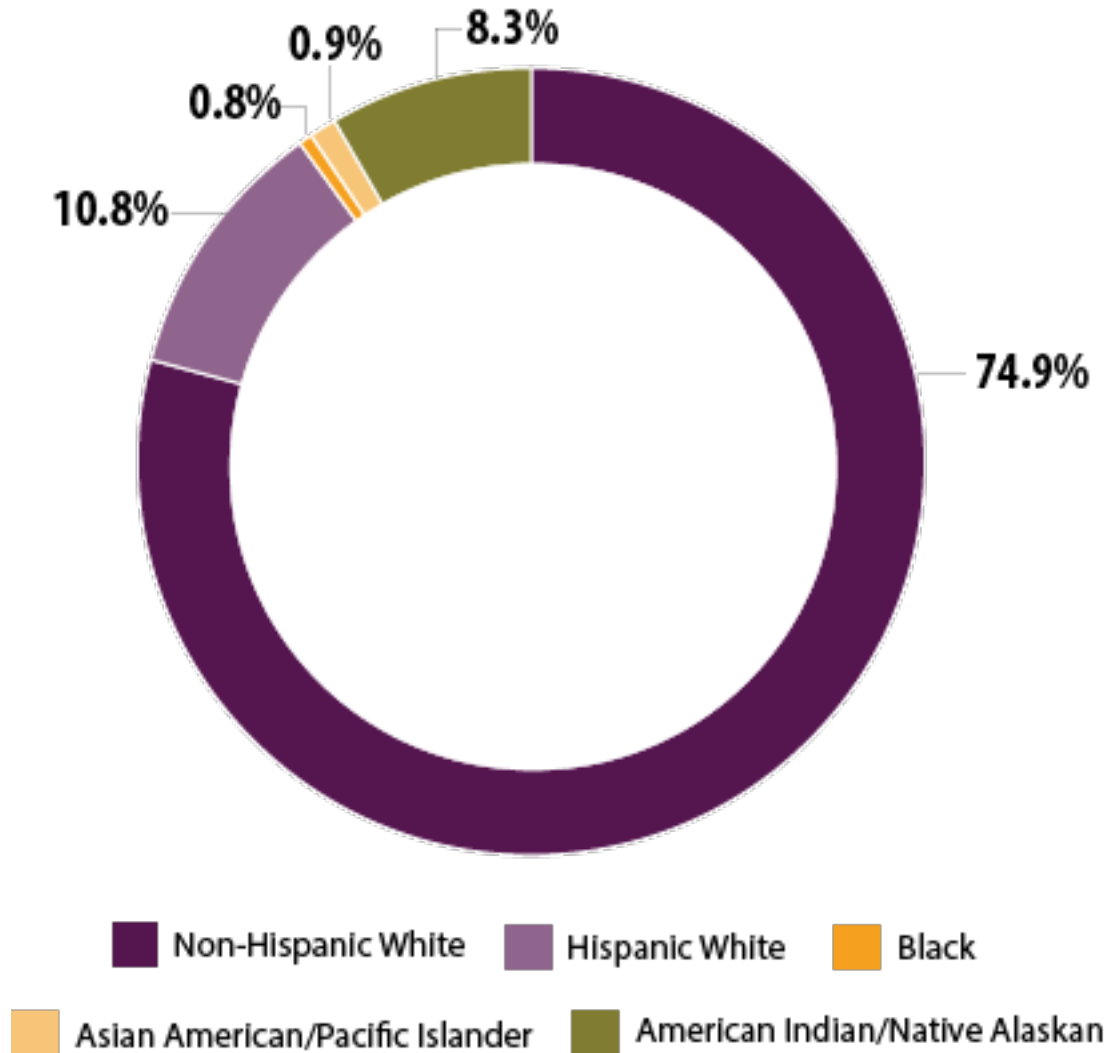
	Population in 2014	Projected 2020 Population	Average Annual Growth Rate
All Ages	98,074	115,790	2.8%
	5,363,689	5,946,128	1.7%
Ages 0-18	21,767	26,591	3.4%
	1,345,196	1,464,674	1.4%
Ages 19-64	59,788	66,680	1.8%
	3,334,972	3,577,370	1.2%
Ages 65+	16,518	22,519	5.3%
	683,521	904,084	4.8%

■ = HSR 9   ■ = Colorado

SOURCE: Colorado Department of Local Affairs, Demography Office 2014

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HSR 9: Race and Ethnicity

Legend:
- Non-Hispanic White — 74.9%
- Hispanic White — 10.8%
- Black — 0.8%
- Asian American/Pacific Islander — 0.9%
- American Indian/Native Alaskan — 8.3%

HSR 9: Income Levels

SOURCE: American Community Survey, 2012

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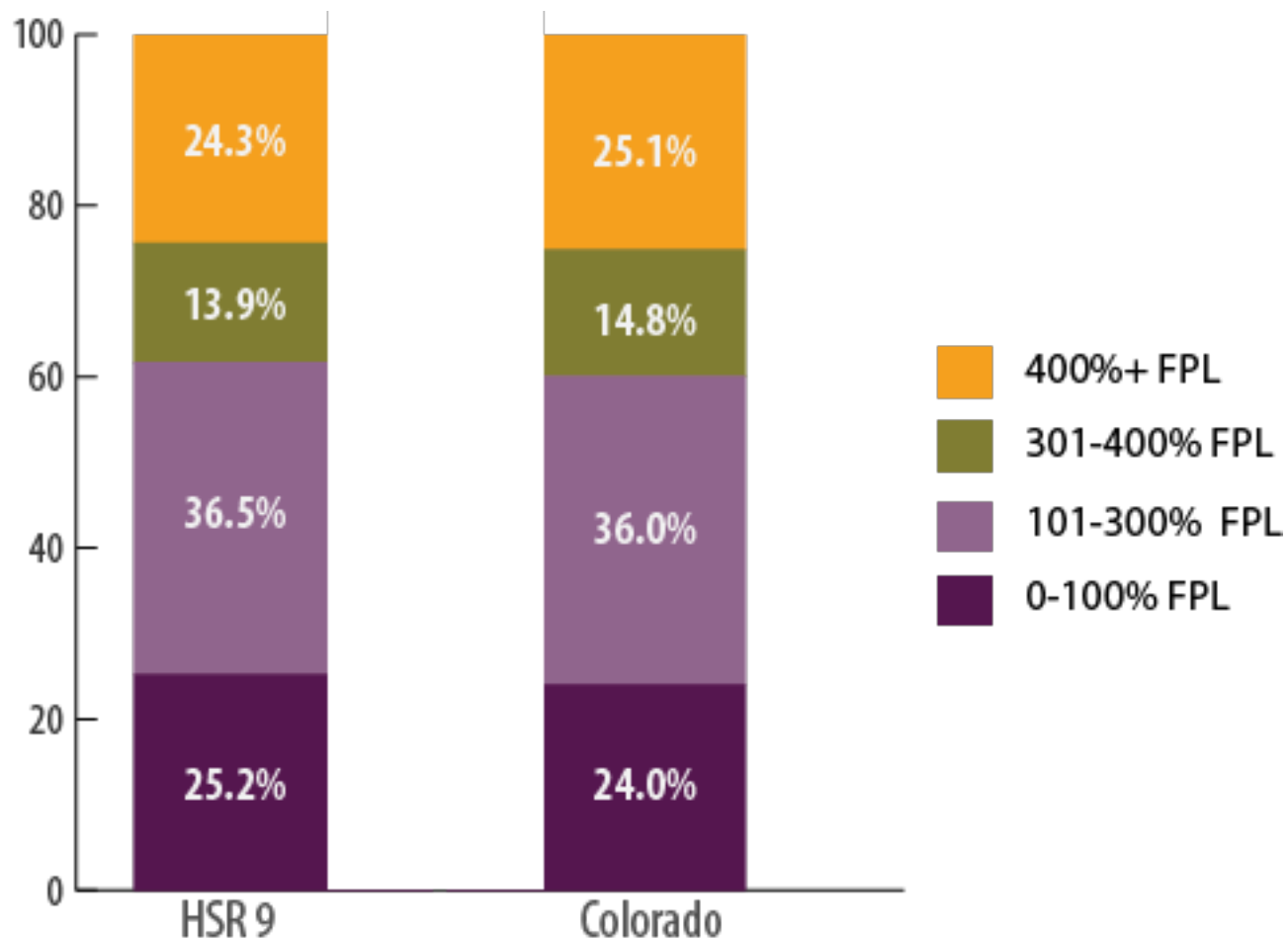
HSR 9: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits

Legend:
- 400%+ FPL
- 266-400% FPL
- 139-265% FPL
- 0-138% FPL

HSR 9:
- 27.2%
- 24.4%
- 19.1%
- 29.2%

Colorado:
- 35.7%
- 17.4%
- 19.9%
- 26.9%
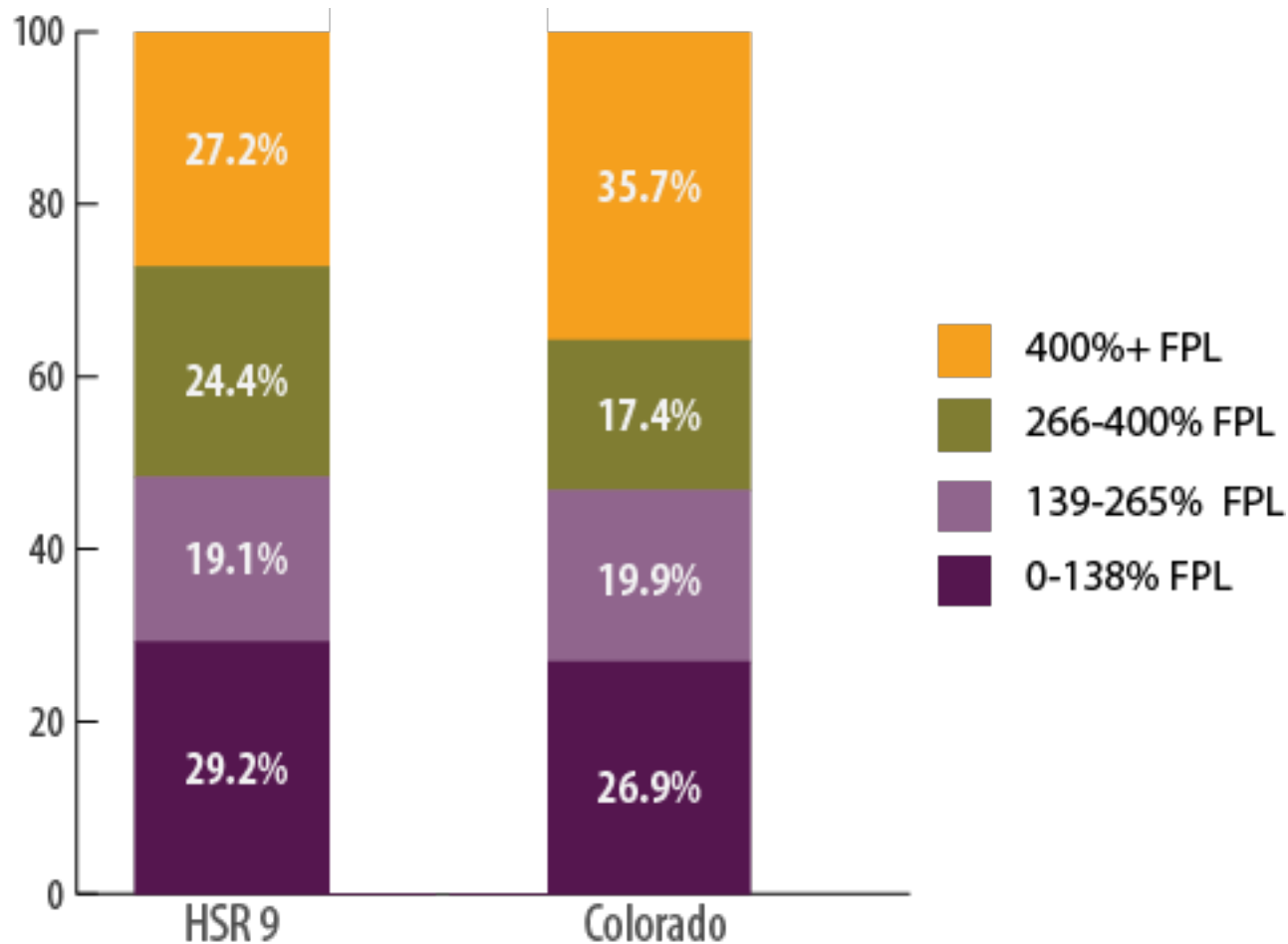
HSR 9: Unemployment

Number Unemployed, 2013

3,239

186,723

Unemployment Rate, 2013

6.4%

6.8%

■ = HSR 9   ■ = Colorado

SOURCE: Colorado Department of Labor and Employment, 2013

HSR 9: Education

Public School Students Eligible for Free and Reduced School Lunch (K-12)

42.1%

42.2%

High School Completion Rate

77.3%

79.6%

■ = HSR 9   ■ = Colorado

Health Data Profile:

Health Indicators

HSR 9: General Health Status

**Percentage Reporting
Excellent/Very Good/Good
General Health Status**

82.0%
86.9%

**Percentage Reporting
Fair/Poor
General Health Status**

18.0%
13.1%

■ = HSR 9   ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013

HSR 9: Health Behaviors

	Adults 18+ Binge Drinking*	Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days	Adults 18+ with Adequate Physical Activity**	Age 18+ Year Old Smokers
HSR 9	20.3%	NA	65.4%	16.2%
Colorado	18.5%	49.6%	59.5%	17.7%

 * Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.
** Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.
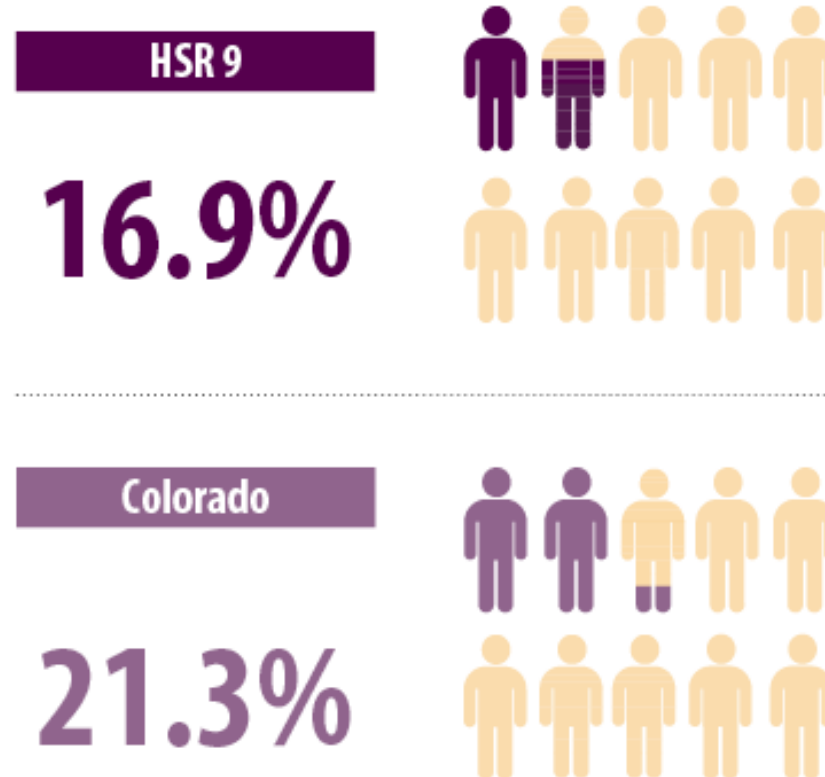
SOURCE: Behavioral Risk Factor Surveillance Survey, 2013; Colorado Health Child Survey 2011-2012

HSR 9: Child Obesity

Children 2-14 Who Are Overweight or Obese

HSR 9
28.3%

Colorado
27.4%

HSR 9: Adult Obesity

Adults 18+
Who Are Obese

HSR 9

16.9%

Colorado

21.3%

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013

HSR 9: Health Outcomes

	HSR 9	Colorado
Percent Births With Low Birthweight	7.2%	8.8%
Teen Birth Rate (15-17, per 1,000 Women)	13.3	14.4
Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol	38.7%	34.8%
Adults 18+ Told by Physician They Have High Blood Pressure	27.0%	26.3%

HSR 9: Food Access Indicators

	Children 1-14 Who Ate Fruit 2+ Times and Veggies 3+ Times per Day	Children 1-14 Who Ate Fast Food 1+ Times in Past Week	Adults 18+ Who Ate Fast Food 1+ Times in Past Week	Agree/Strongly Agree it is Easy to Purchase Healthy Foods in Neighborhood
HSR 9	**14.8%**	**61.8%**	**57.5%**	**85.2%**
Colorado	**10.9%**	**65.9%**	**64.4%**	**86.6%**

HSR 9: Oral Health

Percentage Who Have Dental Insurance

52.2%

61.6%
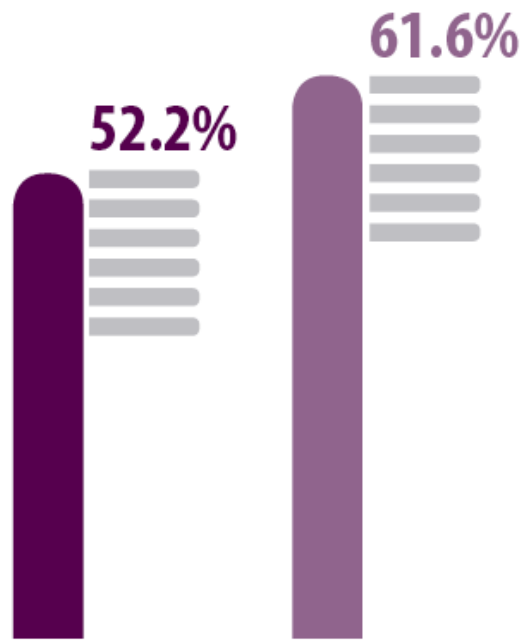
Percentage Reporting Excellent/Very Good/ Good Oral Health

81.7%

83.0%

■ = HSR 9   ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013

HSR 9: Mental Health

Percentage Reporting Poor Mental Health*

13.3%
10.6%

Percentage Did Not Get Mental Health Care When Needed**

6.3%
7.8%

■ = HSR 9   ■ = Colorado

*Poor mental health includes eight or more days of stress, depression, and problems with emotions.
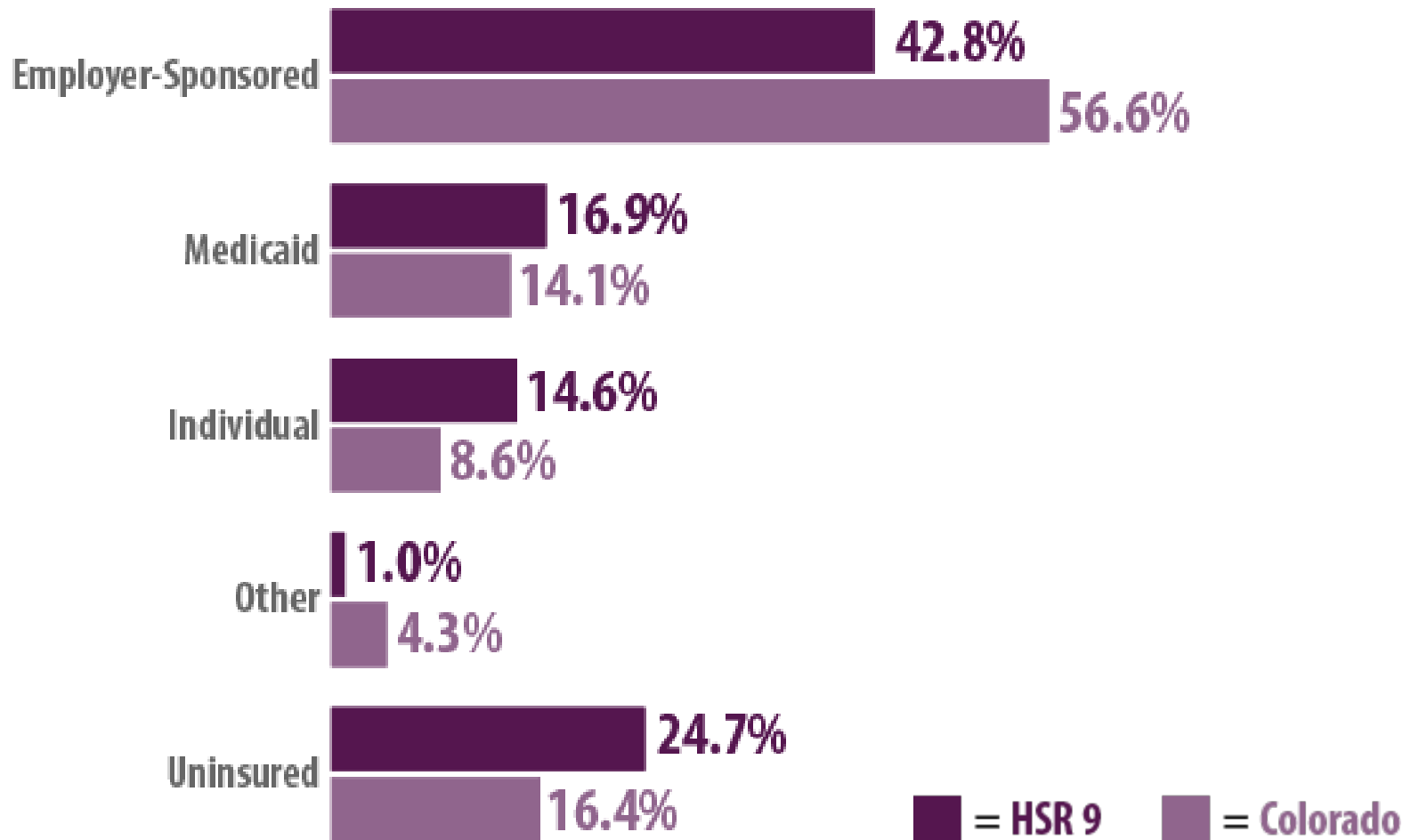**In the past 12 months

SOURCE: Colorado Health Access Survey, 2013

Health Data Profile:

Insurance and Access

HSR 9: Health Insurance Types, 2012

Employer-Sponsored
- 42.8%
- 56.6%

Medicaid
- 16.9%
- 14.1%

Individual
- 14.6%
- 8.6%

Other
- 1.0%
- 4.3%

Uninsured
- 24.7%
- 16.4%

■ = HSR 9   ■ = Colorado

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HSR 9: Health Insurance Projections, 2016

Employer-Sponsored
- 46.0% = HSR 9
- 56.1% = Colorado

Medicaid/CHP+
- 26.7% = HSR 9
- 23.6% = Colorado

Individual
- 14.3% = HSR 9
- 8.0% = Colorado

Other
- 1.0% = HSR 9
- 4.3% = Colorado

Uninsured
- 12.0% = HSR 9
- 8.1% = Colorado

■ = HSR 9   ■ = Colorado

SOURCE: Colorado Health Institute
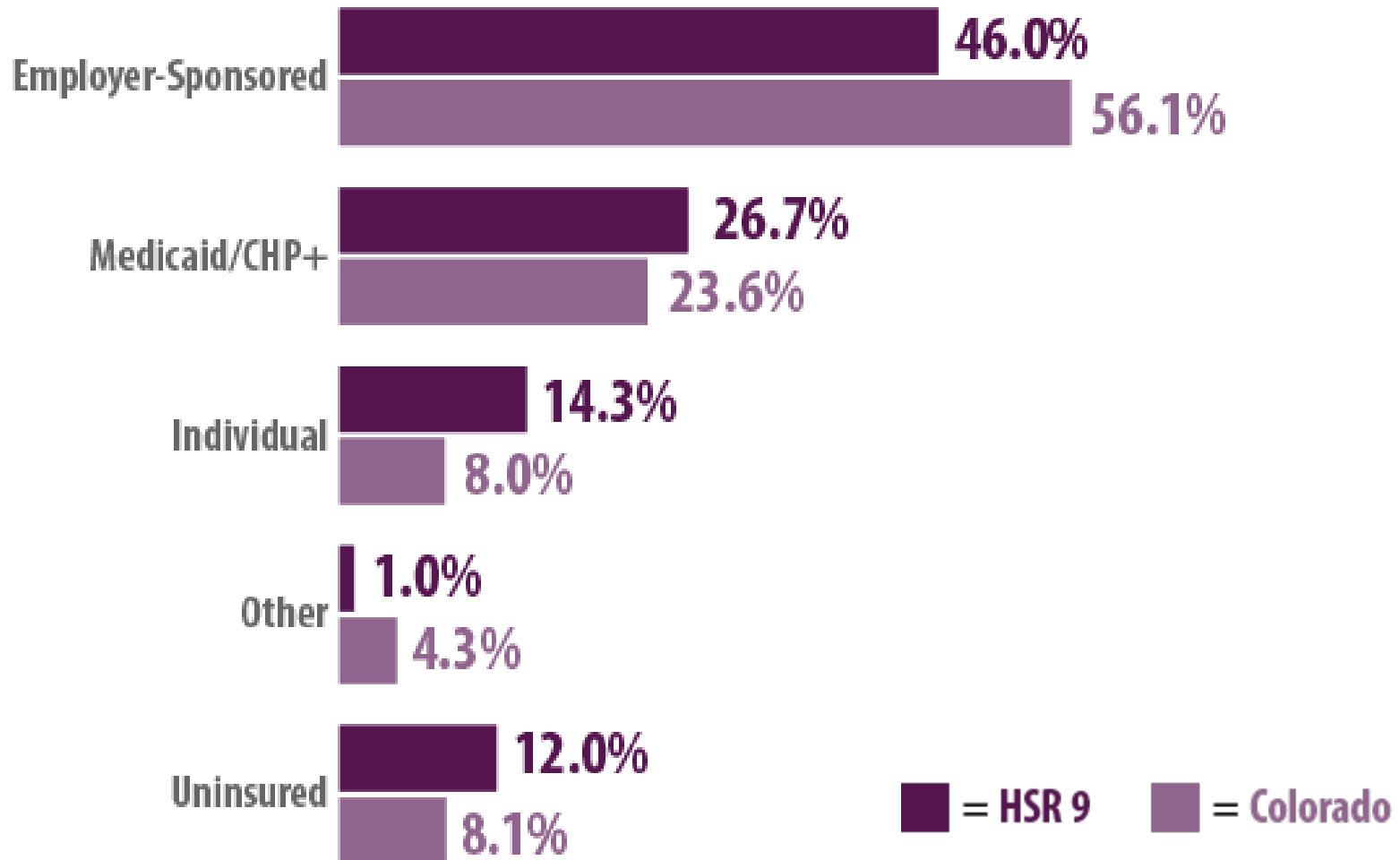
HSR 9: Eligible But Not Enrolled In Public Insurance Programs

	HSR 9	Colorado
Children (0-18) Eligible But Not Enrolled in Medicaid	12.0%	11.5%
Children (0-18) Eligible But Not Enrolled in CHP+	23.7%	30.6%
Adults (19-64) Eligible But Not Enrolled in Medicaid	26.4%	26.1%

SOURCE: 2014 Colorado Health Institute analysis of 2012 American Community Survey Data

HSR 9: Access to Care

	HSR 9	Colorado
Usual Source of Care	83.1%	83.1%
Visited General Doctor in Prior 12 Months	69.0%	70.0%
Visited Specialist in Prior 12 Months	38.3%	35.1%
Visited Emergency Room in Prior 12 Months	21.9%	19.5%
Visited Dentist in Prior 12 Months	63.2%	65.2%

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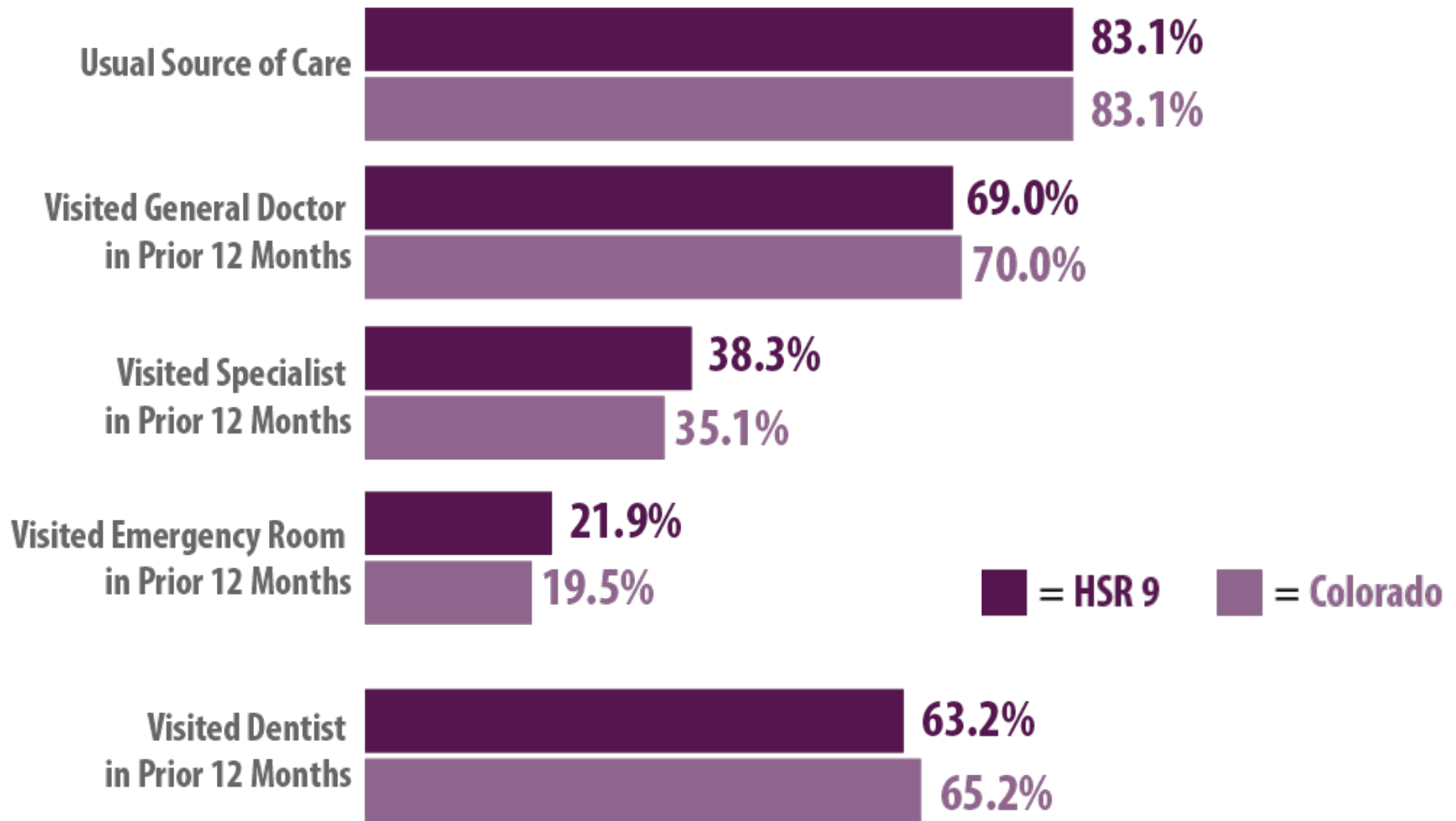
HSR 9: Health Care Workforce
(Rate per 1,000 Residents)

Practicing Primary Care Physicians

63 (0.6)

3,332 (0.6)

Active Licensed Physican Assistants

40 (0.4)

2,411 (0.4)

Active Licensed Nurse Practioners

64 (0.7)

3,142 (0.6)

Active Licensed Dentists

72 (0.7)

3,880 (0.7)

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