Local Data, Local Health

Jefferson County

October 2014

colorado health
INSTITUTE

Community Data for Community Members

- **Dive Into the Details:**
  Snapshots of a region's health.

- **Use Our Data:**
  These graphics are ready for your presentations, reports, grant applications, tweets, and other needs.

- **Get More Information:**
  Contact the Colorado Health Institute. You can reach us by phone, email or social media.

Colorado's 21 Health Statistics Regions
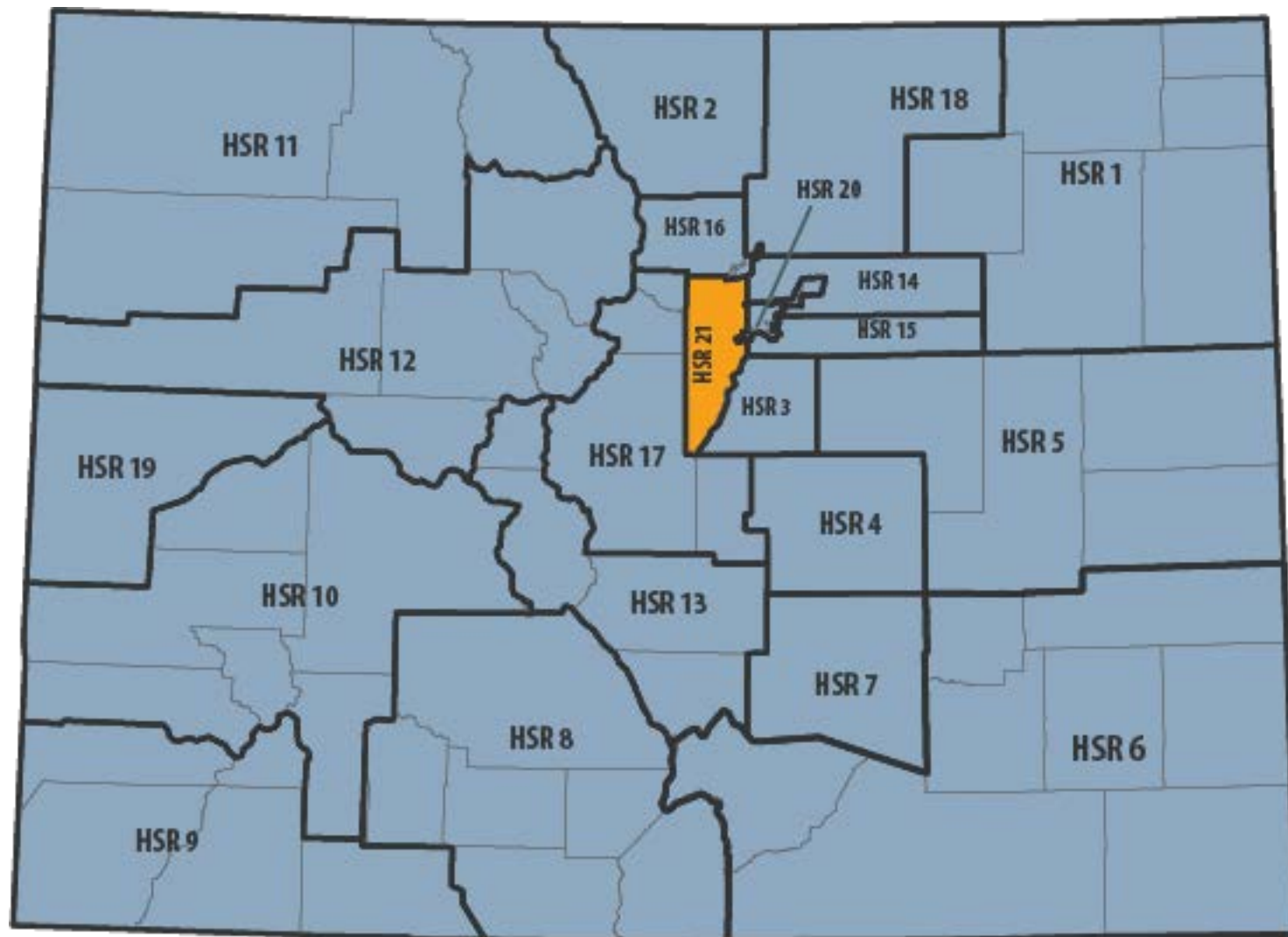
Data Highlights: Region 21

Seniors are the fastest growing age population.

Adult **binge drink** at above-average rates.

Both adults and children have below-average rates of **obesity.**
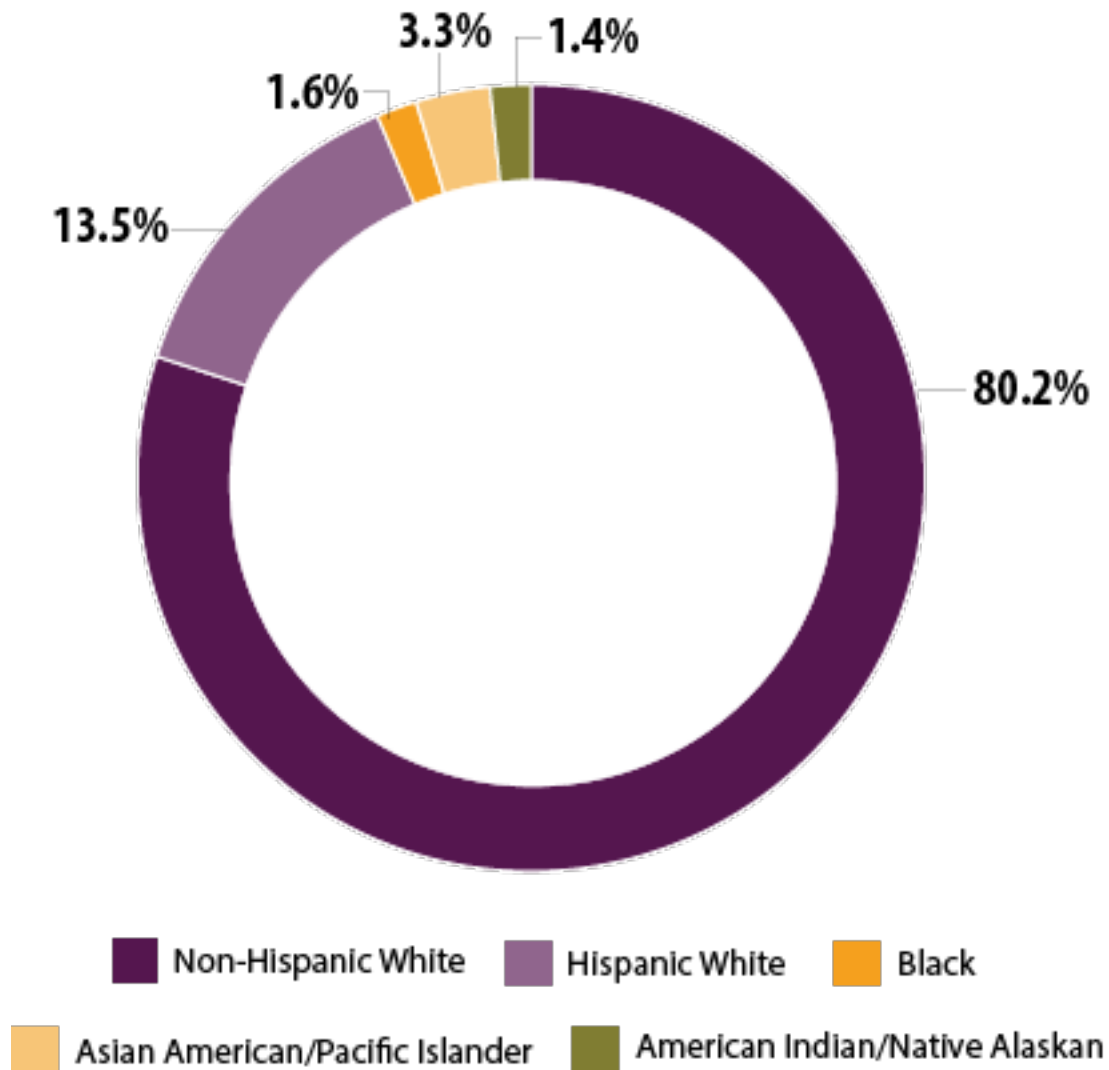
Health Data Profile:

Demographics

HSR 21: Population

	Population in 2014	Projected 2020 Population	Average Annual Growth Rate
All Ages	**552,493**	**579,660**	**0.8%**
	5,363,689	5,946,128	1.7%
Ages 0-18	**123,228**	**125,303**	**0.3%**
	1,345,196	1,464,674	1.4%
Ages 19-64	**345,845**	**344,125**	**-0.1%**
	3,334,972	3,577,370	1.2%
Ages 65+	**83,420**	**110,231**	**4.8%**
	683,521	904,084	4.8%

■ = HSR 21   ■ = Colorado

HSR 21: Race and Ethnicity

- 3.3%
- 1.4%
- 1.6%
- 13.5%
- 80.2%

Legend:
- Non-Hispanic White
- Hispanic White
- Black
- Asian American/Pacific Islander
- American Indian/Native Alaskan

HSR 21: Income Levels

SOURCE: American Community Survey, 2012
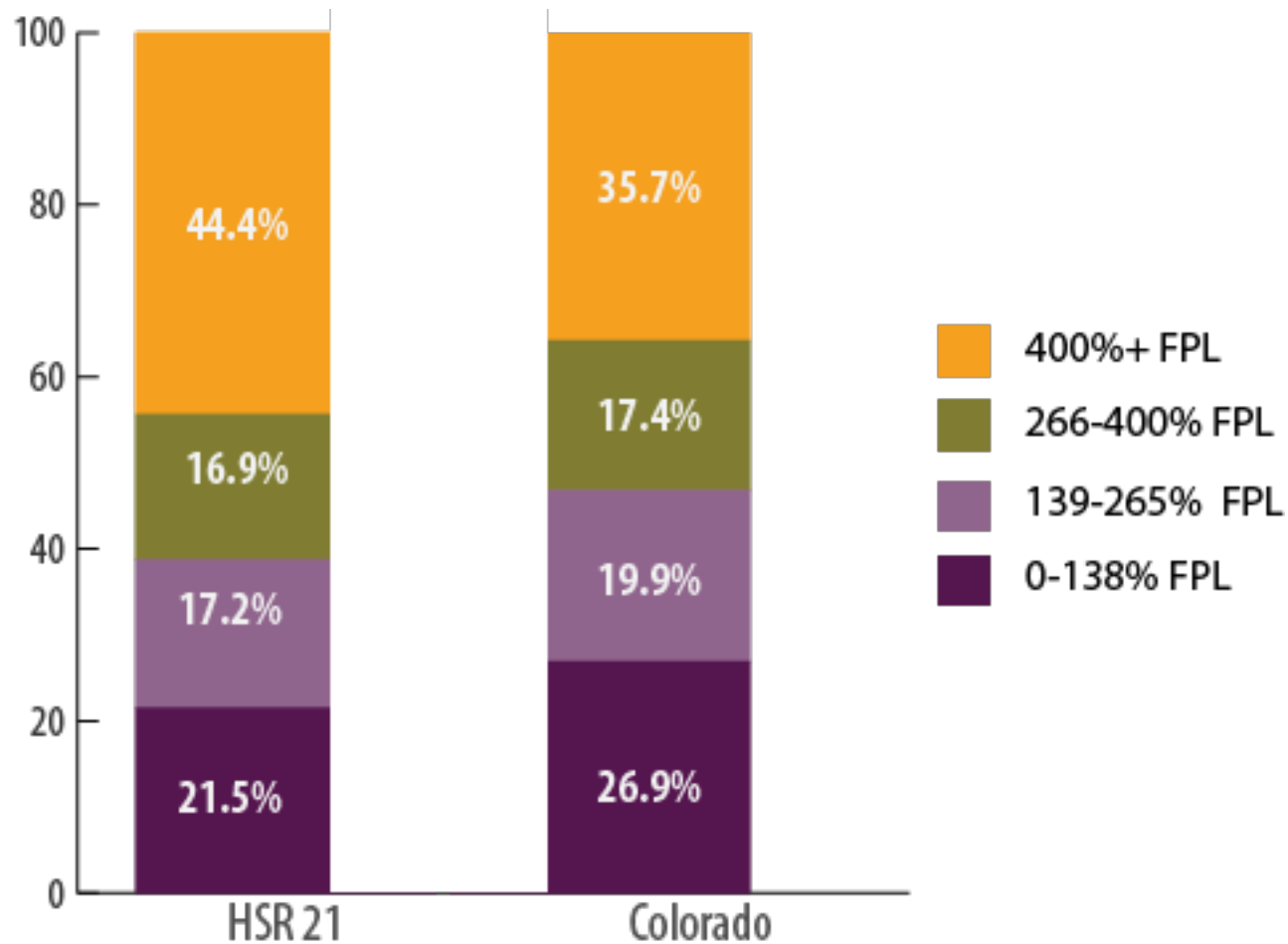
8
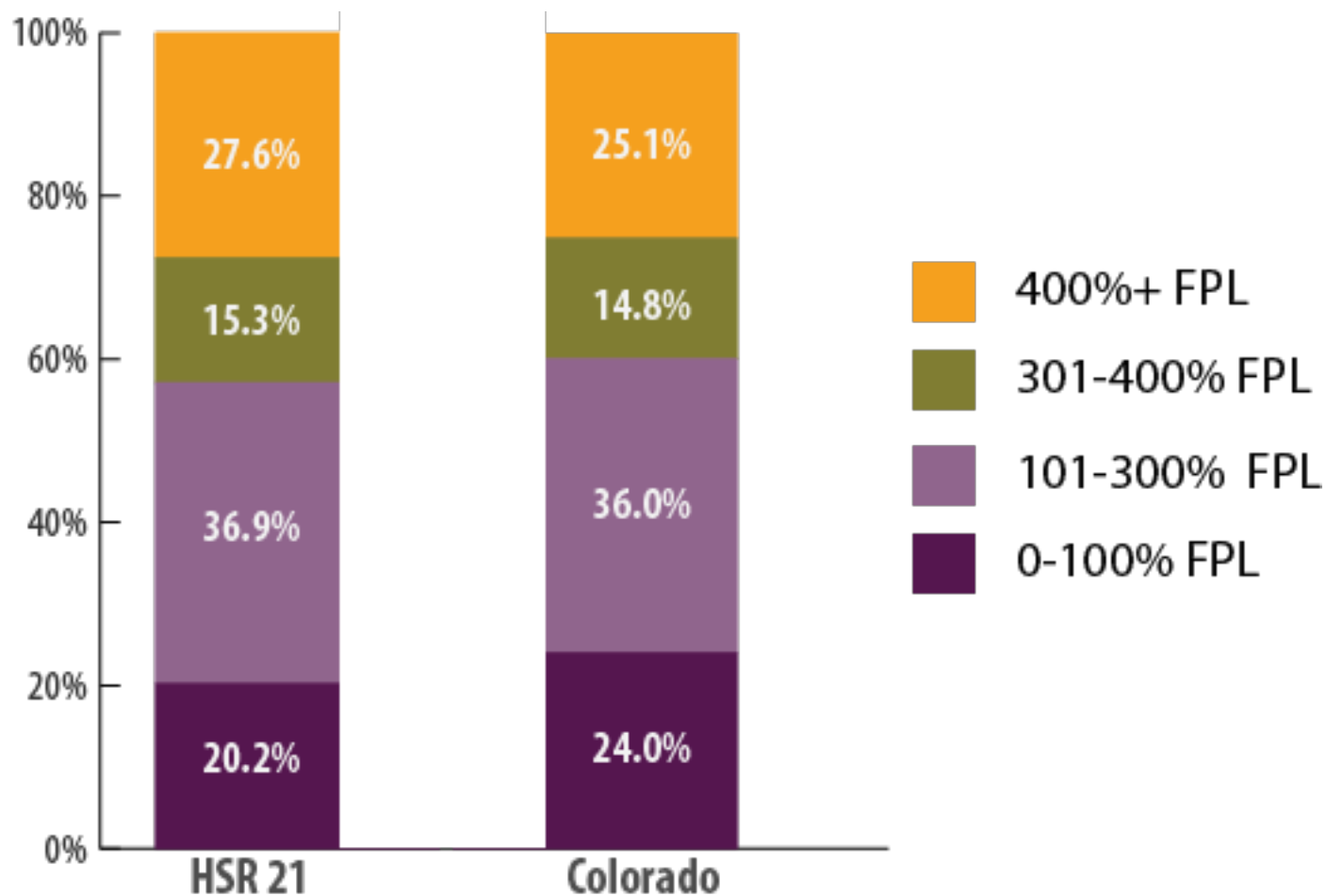
HSR 21: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits

HSR 21: Unemployment

Number Unemployed, 2013

19,292

186,723

Unemployment Rate, 2013

6.3%

6.8%

■ = HSR 21   ■ = Colorado

SOURCE: Colorado Department of Labor and Employment, 2013

HSR 21: Education

Public School Students Eligible for Free and Reduced School Lunch (K-12)

33.8%

42.2%

High School Completion Rate

84.4%

79.6%

■ = HSR 21   ■ = Colorado

Health Data Profile:

Health Indicators

HSR 21: General Health Status

Percentage Reporting Excellent/Very Good/Good General Health Status

86.2%

86.9%

Percentage Reporting Fair/Poor General Health Status

13.8%

13.1%

■ = HSR 21   ■ = Colorado

HSR 21: Health Behaviors

	Adults 18+ Binge Drinking*	Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days	Adults 18+ with Adequate Physical Activity**	Age 18+ Year Old Smokers
HSR 21	19.1%	34.7%	65.6%	15.1%
Colorado	18.5%	49.6%	59.5%	17.7%

* Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.
** Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.

14

HSR 21: Child Obesity

Children 2-14 Who Are Overweight or Obese

HSR 21

25.8%

Colorado

27.4%

SOURCE: Colorado Child Health Survey, 2010-2012

HSR 21: Adult Obesity

Adults 18+
Who Are Obese

HSR 21
17.5%

Colorado
21.3%

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013

HSR 21: Health Outcomes

	HSR 21	Colorado
Percent Births With Low Birthweight	8.2%	8.8%
Teen Birth Rate (15-17, per 1,000 Women)	7.8	14.4
Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol	34.5%	34.8%
Adults 18+ Told by Physician They Have High Blood Pressure	25.3%	26.3%

HSR 21: Food Access Indicators

	Children 1-14 Who Ate Fruit 2+ Times and Veggies 3+ Times per Day	Children 1-14 Who Ate Fast Food 1+ Times in Past Week	Adults 18+ Who Ate Fast Food 1+ Times in Past Week	Agree/Strongly Agree it is Easy to Purchase Healthy Foods in Neighborhood
HSR 21	**7.4%**	**73.0%**	**64.2%**	**93.2%**
Colorado	**10.9%**	**65.9%**	**64.4%**	**86.6%**

SOURCE: Colorado Child Health Survey 2010-2012; Colorado Behavioral Risk Factor Surveillance System, 2011

HSR 21: Oral Health

Percentage Who Have Dental Insurance

62.0% — HSR 21
61.6% — Colorado

Percentage Reporting Excellent/Very Good/Good Oral Health

82.0% — HSR 21
83.0% — Colorado

■ = HSR 21   ■ = Colorado

SOURCE: Colorado Health Access Survey, 2013

HSR 21: Mental Health

Percentage Reporting Poor Mental Health*

10.2%

10.6%

Percentage Did Not Get Mental Health Care When Needed**

9.6%

7.8%

■ = HSR 21   ■ = Colorado

*Poor mental health includes eight or more days of stress, depression, and problems with emotions.
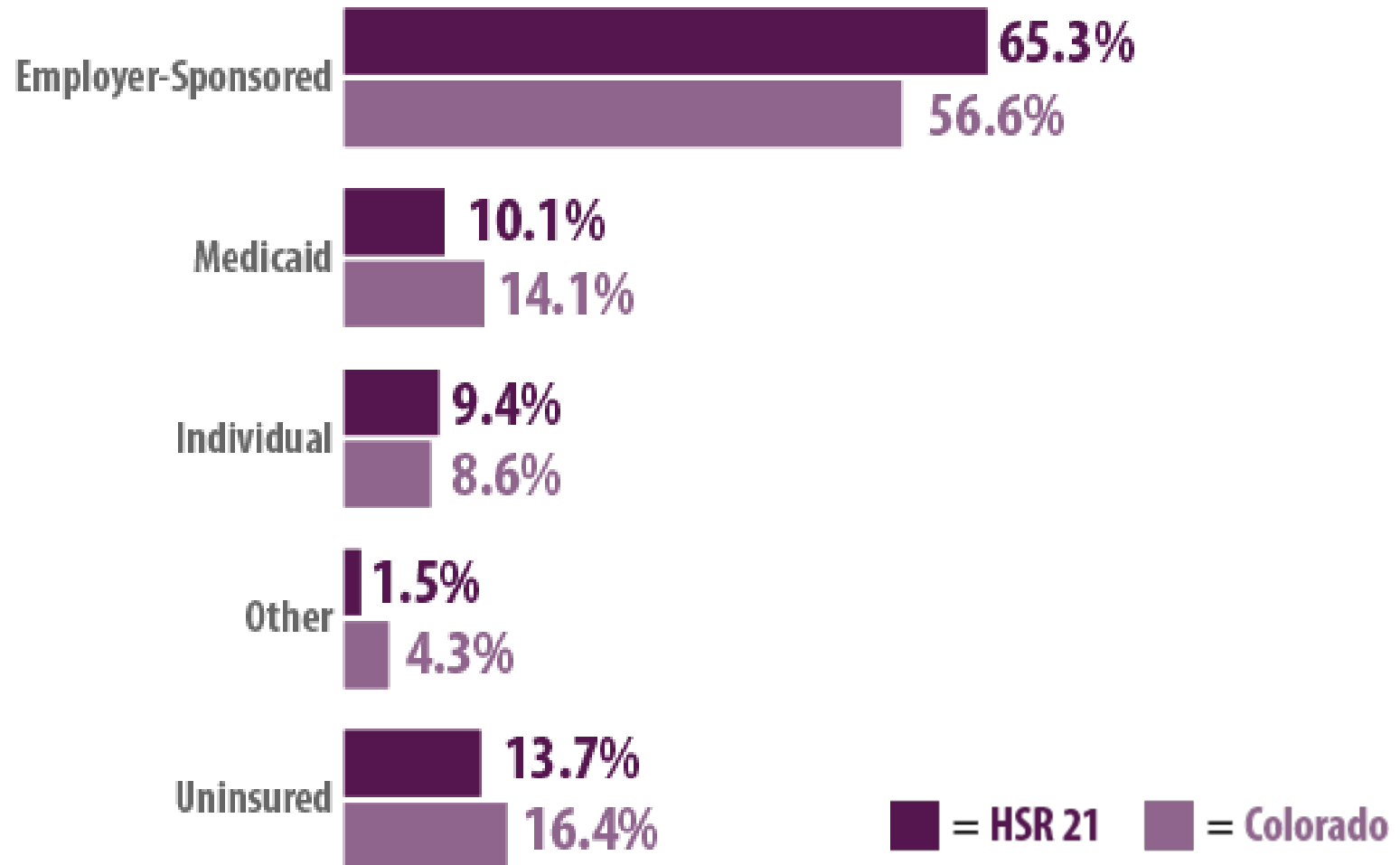**In the past 12 months

20

Health Data Profile:

Insurance and Access

HSR 21: Health Insurance Types, 2012

Employer-Sponsored
- 65.3%
- 56.6%

Medicaid
- 10.1%
- 14.1%

Individual
- 9.4%
- 8.6%

Other
- 1.5%
- 4.3%

Uninsured
- 13.7%
- 16.4%

■ = HSR 21   ■ = Colorado

SOURCE: American Community Survey, 2012

HSR 21: Health Insurance Projections, 2016

Category	HSR 21	Colorado
Employer-Sponsored	65.8%	56.1%
Medicaid/CHP+	17.7%	23.6%
Individual	7.8%	8.0%
Other	1.6%	4.3%
Uninsured	7.2%	8.1%

■ = HSR 21 ■ = Colorado

SOURCE: Colorado Health Institute
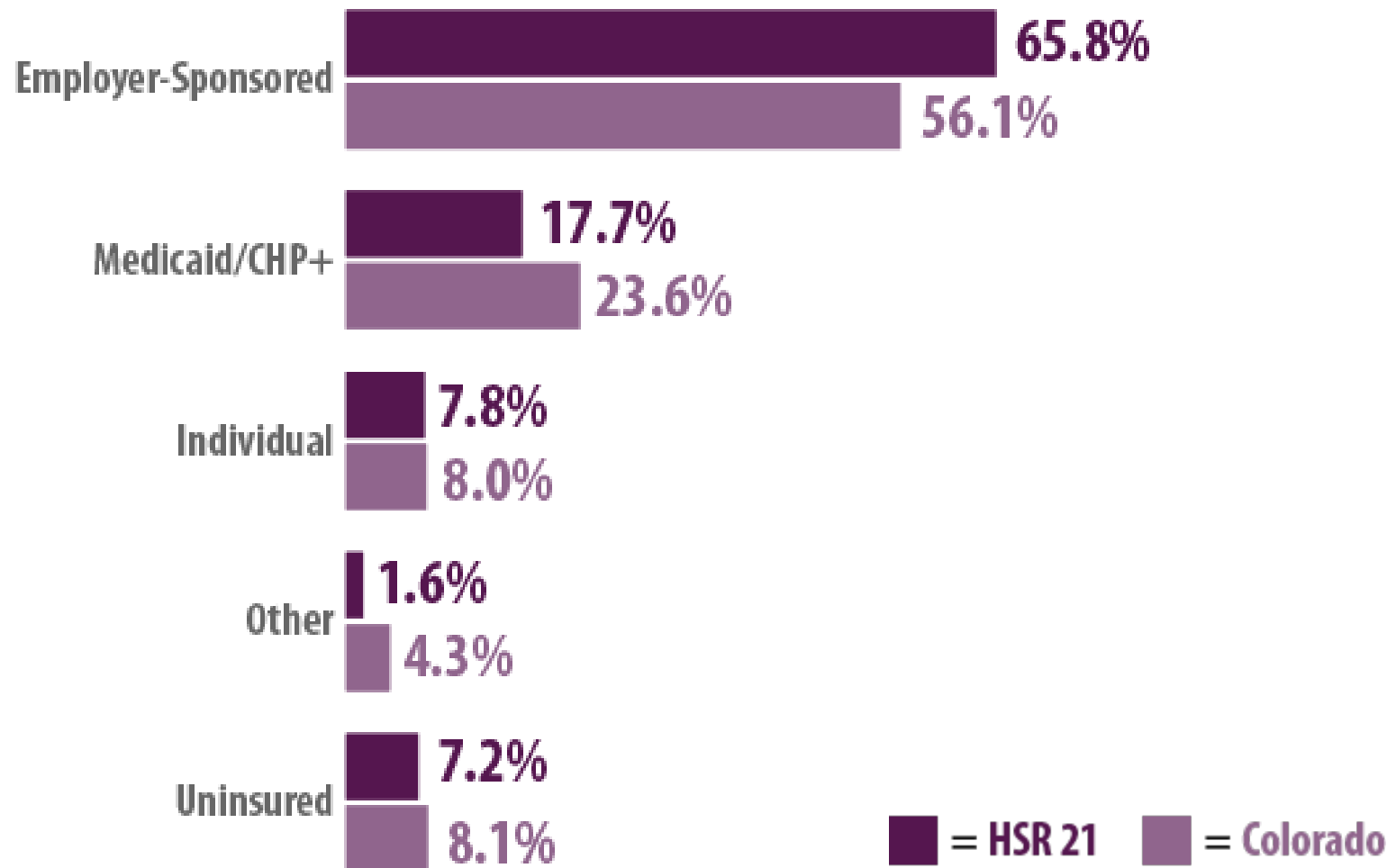
HSR 21: Eligible But Not Enrolled In Public Insurance Programs

	HSR 21	Colorado
Children (0-18) Eligible But Not Enrolled in Medicaid	13.4%	11.5%
Children (0-18) Eligible But Not Enrolled in CHP+	25.2%	30.6%
Adults (19-64) Eligible But Not Enrolled in Medicaid	27.6%	26.1%

SOURCE: 2014 Colorado Health Institute analysis of 2012 American Community Survey Data

HSR 21: Access to Care

Usual Source of Care
- HSR 21: 86.0%
- Colorado: 83.1%

Visited General Doctor in Prior 12 Months
- HSR 21: 78.3%
- Colorado: 70.0%

Visited Specialist in Prior 12 Months
- HSR 21: 36.5%
- Colorado: 35.1%

Visited Emergency Room in Prior 12 Months
- HSR 21: 18.3%
- Colorado: 19.5%

Visited Dentist in Prior 12 Months
- HSR 21: 65.5%
- Colorado: 65.2%

■ = HSR 21   ■ = Colorado

25

HSR 21: Health Care Workforce (Rate per 1,000 Residents)

Practicing Primary Care Physicians

331 (0.6)

3,332 (0.6)

Active Licensed Physician Assistants

313 (0.6)

2,411 (0.4)

Active Licensed Nurse Practioners

400 (0.7)

3,142 (0.6)

Active Licensed Dentists

448 (0.8)

3,880 (0.7)

■ = HSR 21   ■ = Colorado

Data Highlights: Region 21

Seniors are the fastest growing age population.

Adult **binge drink** at above-average rates.

Both adults and children have below-average rates of **obesity.**

colorado health
INSTITUTE