

# Local Data, Local Health

Logan, Morgan, Phillips, Sedgwick,  
Washington and Yuma Counties

October 2014



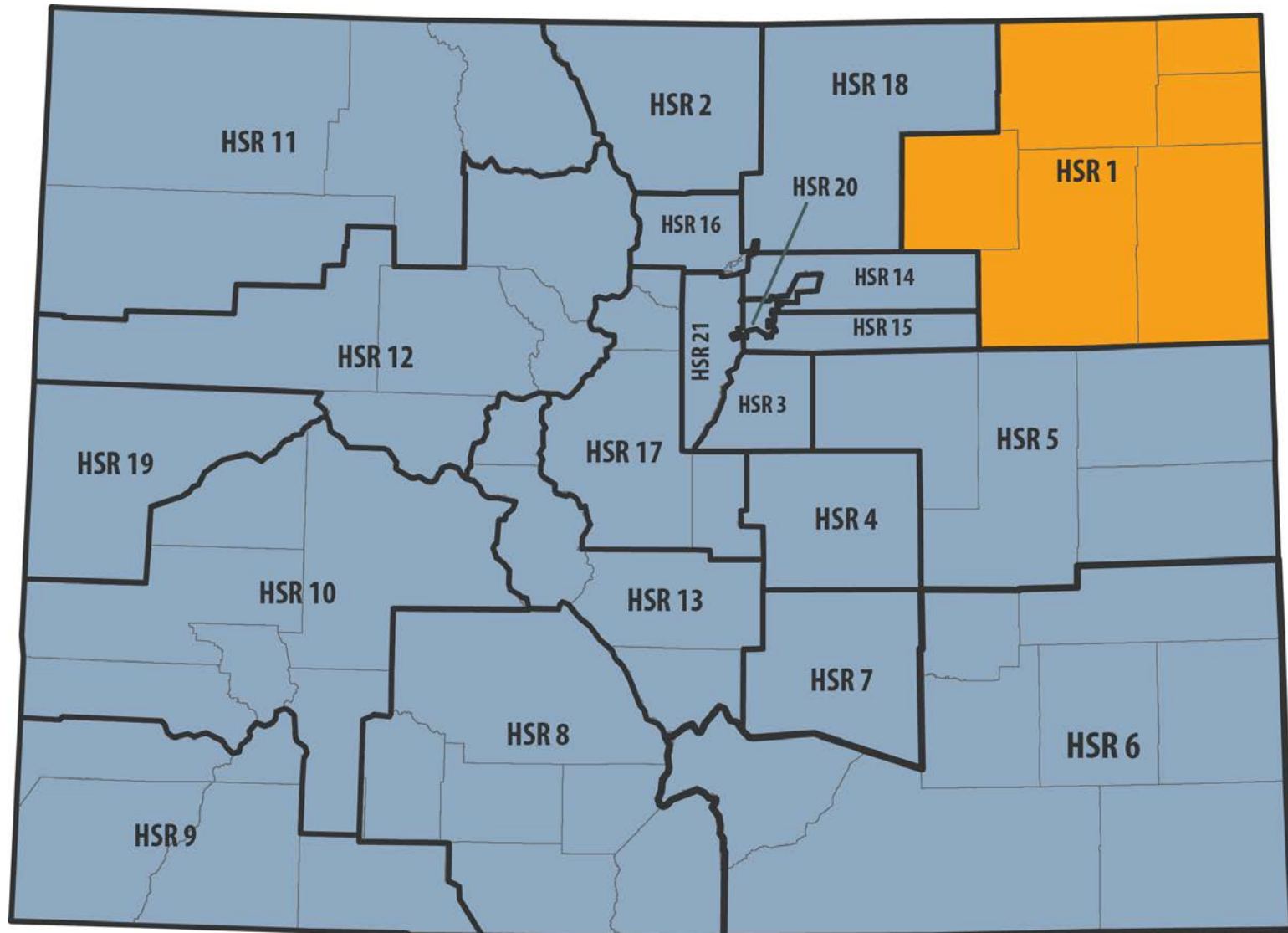
colorado health  
INSTITUTE

# Community Data for Community Members

- **Dive Into the Details:**  
Snapshots of a region's health.
- **Use Our Data:**  
These graphics are ready for your presentations, reports, grant applications, tweets and other needs.
- **Get More Information:**  
Contact the Colorado Health Institute. You can reach us by phone, email or social media.



# Colorado's 21 Health Statistics Regions



# Data Highlights: Region 1



About one of five adults report **smoking tobacco** – higher than the state average.



More than 90 percent of residents report having a **usual source of care**.



Fewer than half of residents report having **dental insurance**.



Health Data Profile:

# *Demographics*

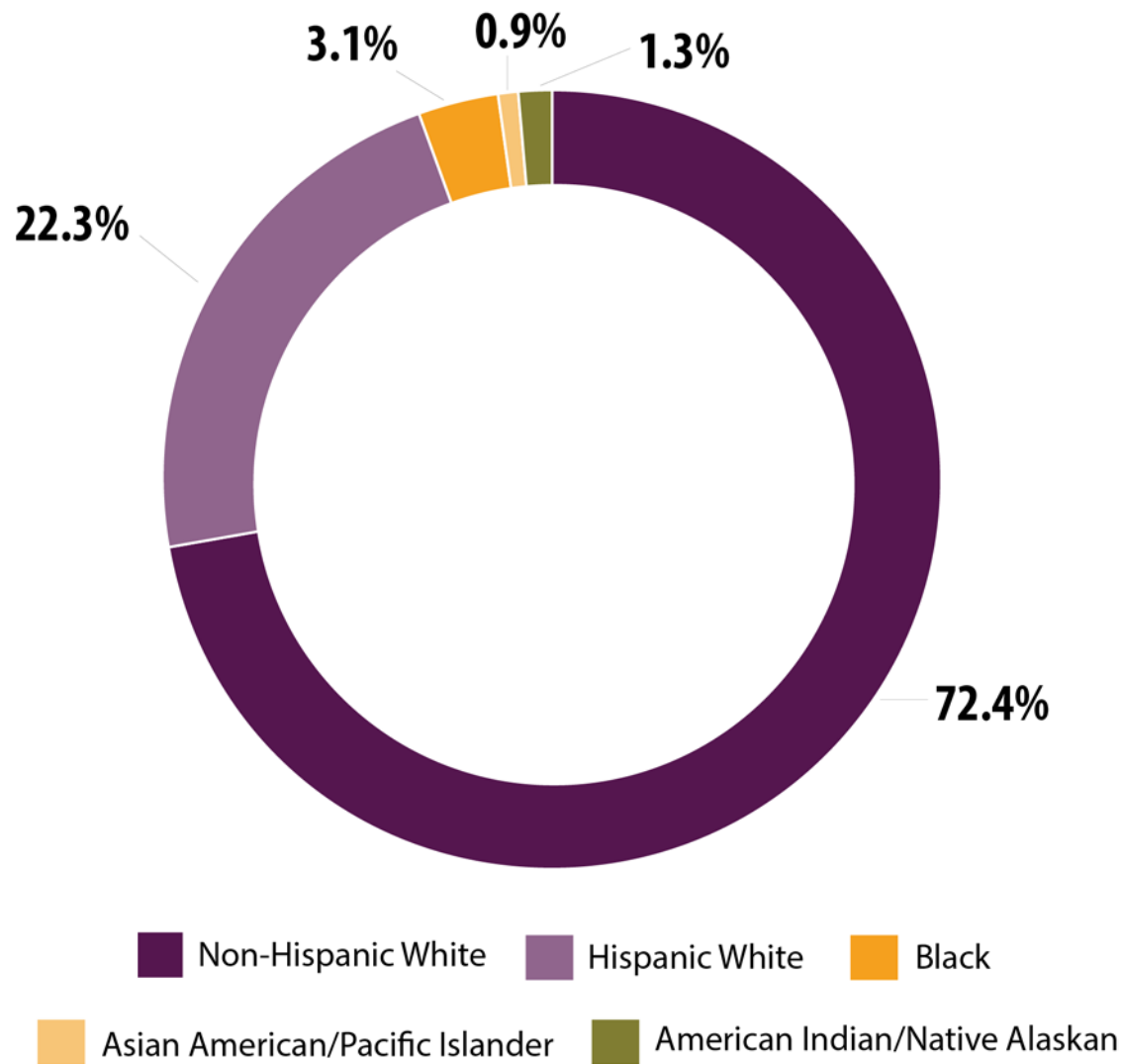
# HSR 1: Population

	Population in 2014	Projected 2020 Population	Average Annual Growth Rate
<b>All Ages</b>	<b>73,074</b>	<b>78,682</b>	<b>1.2%</b>
	5,363,689	5,946,128	1.7%
<b>Ages 0-18</b>	<b>18,557</b>	<b>20,821</b>	<b>1.9%</b>
	1,345,196	1,464,674	1.4%
<b>Ages 19-64</b>	<b>42,509</b>	<b>44,383</b>	<b>0.7%</b>
	3,334,972	3,577,370	1.2%
<b>Ages 65+</b>	<b>12,008</b>	<b>13,447</b>	<b>1.9%</b>
	683,521	904,084	4.8%

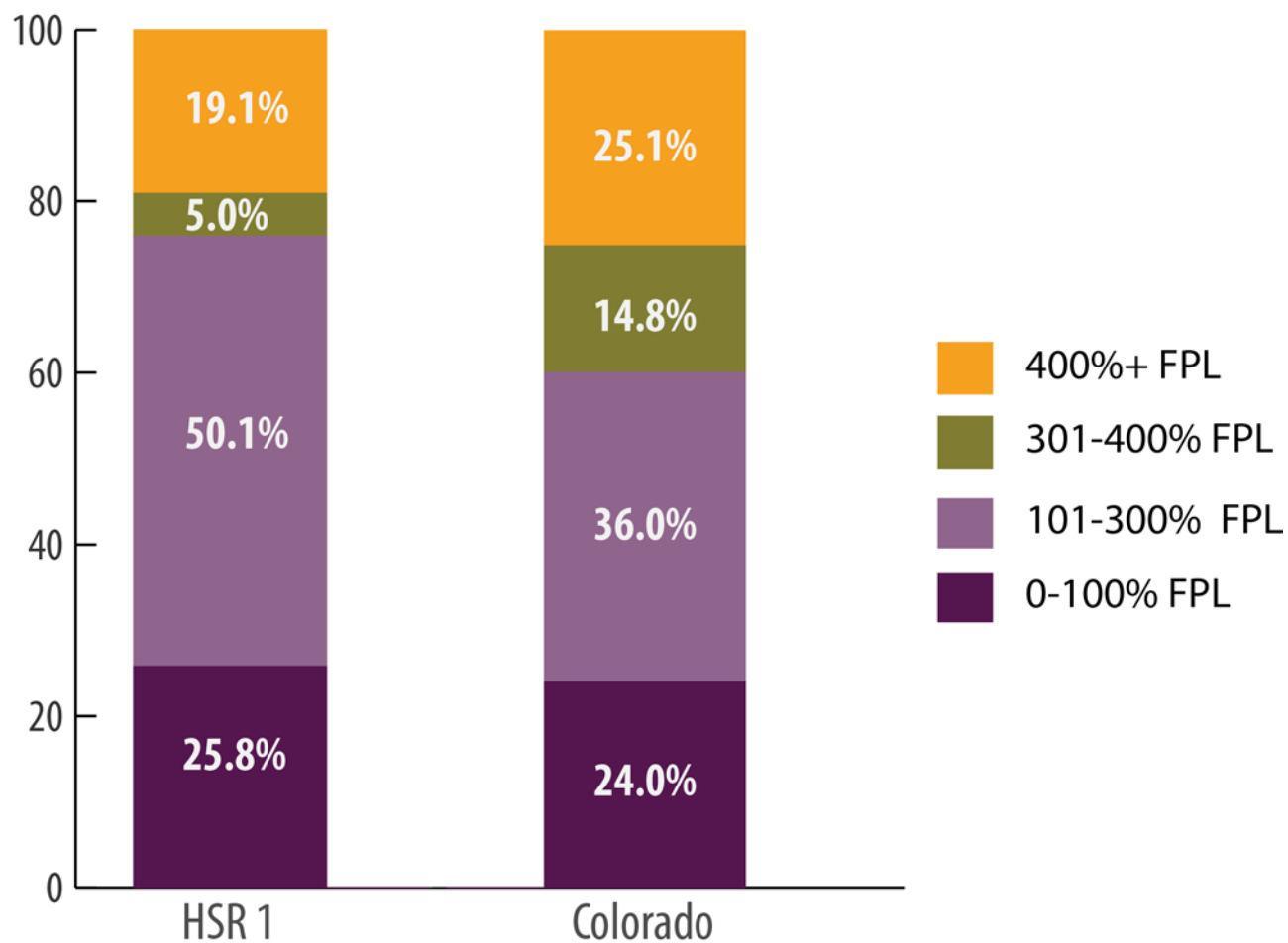
= HSR 1    
  = Colorado



# HSR 1: Race and Ethnicity

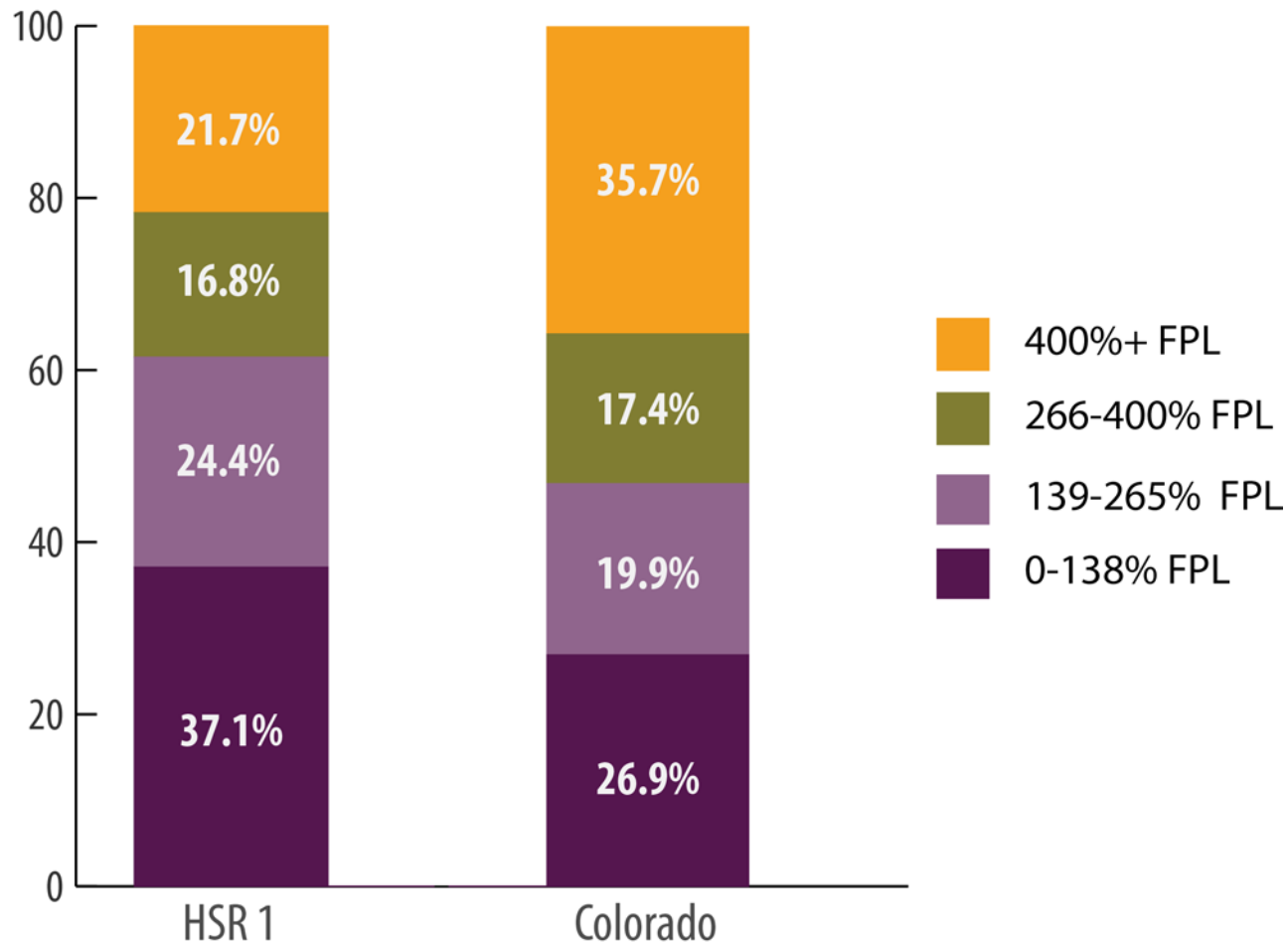


# HSR 1: Income Levels





# HSR 1: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits



# HSR 1: Unemployment

Number Unemployed,  
2013

**2,085**

186,723

Unemployment Rate,  
2013

**5.4%**

6.8%

■ = HSR 1

■ = Colorado



# HSR 1: Education

**Public School Students  
Eligible for Free and Reduced  
School Lunch (K-12)**

**56.0%**

42.2%

**High School  
Completion  
Rate**

**69.4%**

79.6%

■ = HSR 1    ■ = Colorado





Health Data Profile:  
*Health Indicators*

# HSR 1: General Health Status

**Percentage Reporting  
Excellent/Very Good/Good  
General Health Status**

**87.1%**

86.9%

**Percentage Reporting  
Fair/Poor  
General Health Status**

**12.9%**

13.1%

■ = HSR 1

■ = Colorado



# HSR 1: Health Behaviors



Adults 18+ Binge Drinking\*



Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days



Adults 18+ with Adequate Physical Activity\*\*



Age 18+ Year Old Smokers

**HSR 1**

**18.4%**

**58.2%**

**47.9%**

**21.6%**

**Colorado**

**18.5%**

**49.6%**

**59.5%**

**17.7%**

\* Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.

\*\* Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.



# HSR 1: Child Obesity

## Children 2-14 Who Are Overweight or Obese

HSR 1

28.5%



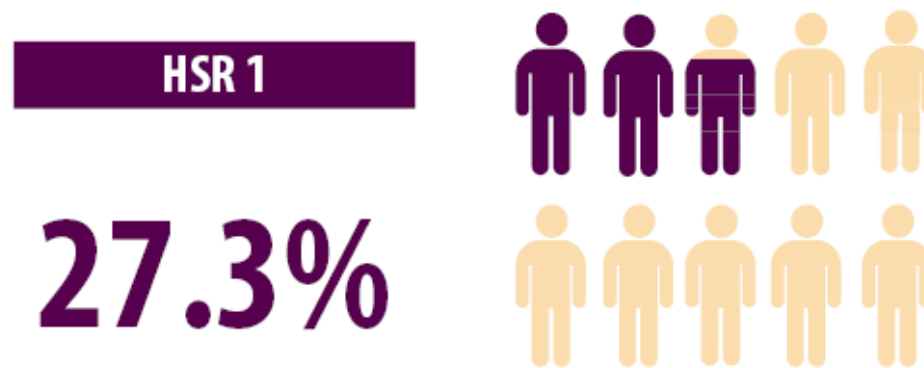
Colorado

27.4%



# HSR 1: Adult Obesity

## Adults 18+ Who Are Obese





# HSR 1: Health Outcomes

	HSR 1	Colorado
Percent Births With Low Birthweight	6.2%	8.8%
Teen Birth Rate (15-17, per 1,000 Women)	18.2	14.4
Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol	35.9%	34.8%
Adults 18+ Told by Physician They Have High Blood Pressure	30.7%	26.3%



# HSR 1: Food Access Indicators

Children 1-14 Who  
Ate Fruit 2+ Times  
and Veggies 3+  
Times per Day

Children 1-14 Who  
Ate Fast Food 1+  
Times in Past Week

Adults 18+ Who Ate  
Fast Food 1+ Times  
in Past Week

Agree/Strongly Agree  
it is Easy to Purchase  
Healthy Foods in  
Neighborhood

**HSR 1**

**15.7%**

**59.0%**

**61.6%**

**76.9%**

**Colorado**

**10.9%**

**65.9%**

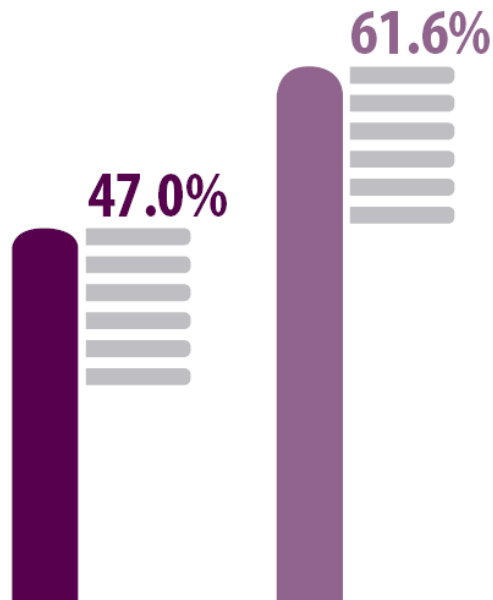
**64.4%**

**86.6%**



# HSR 1: Oral Health

## Percentage Who Have Dental Insurance



## Percentage Reporting Excellent/Very Good/Good Oral Health



■ = HSR 1

■ = Colorado



# HSR 1: Mental Health

Percentage Reporting  
Poor Mental Health\*

**4.4%**  
10.6%

Percentage Did Not  
Get Mental Health  
Care When Needed\*\*

**8.0%**  
7.8%

■ = HSR 1    ■ = Colorado

\*Poor mental health includes eight or more days of stress, depression, and problems with emotions.

\*\*In the past 12 months.

SOURCE: Colorado Health Access Survey, 2013

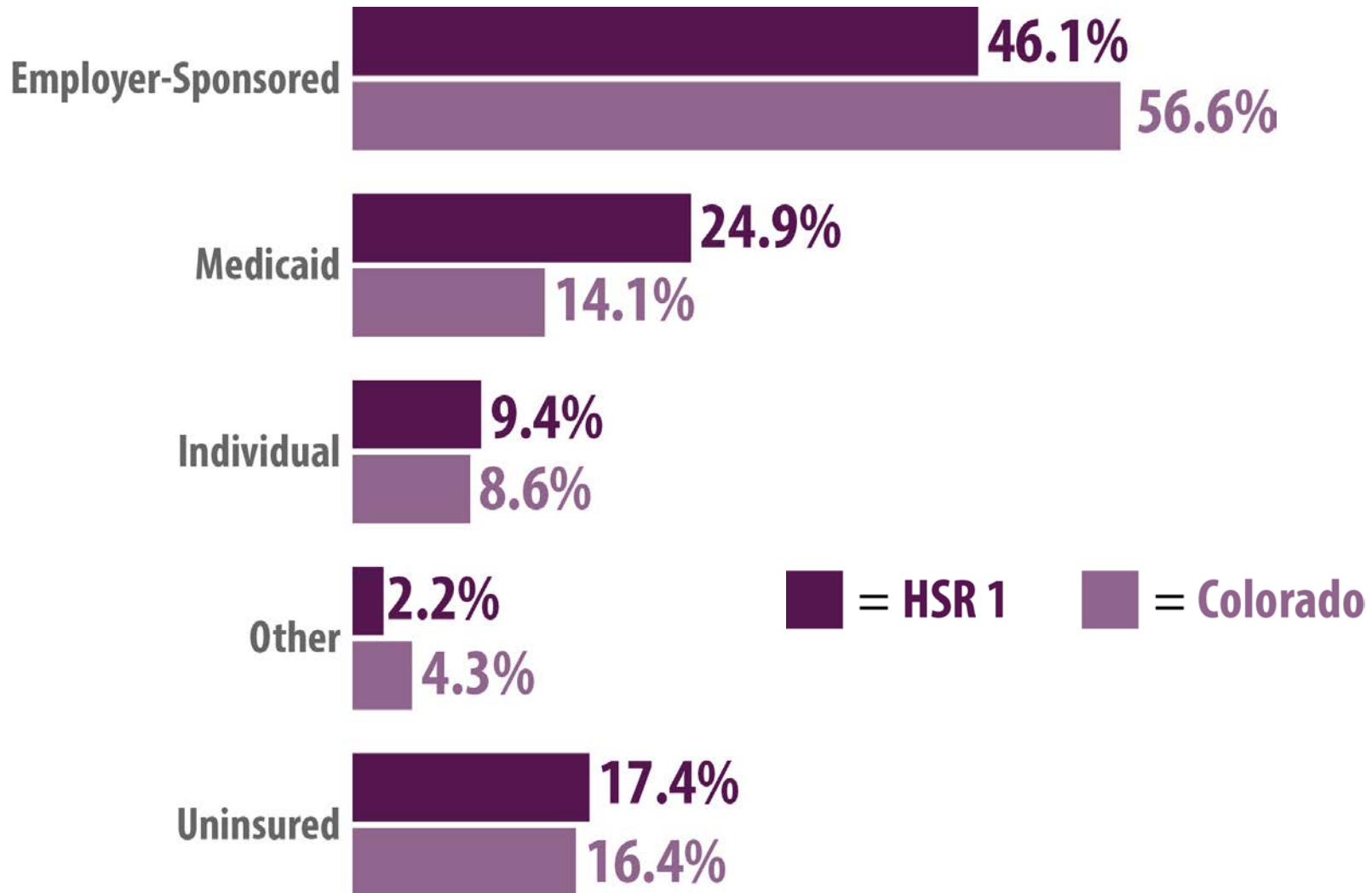




Health Data Profile:

# *Insurance and Access*

# HSR 1: Health Insurance Types, 2012

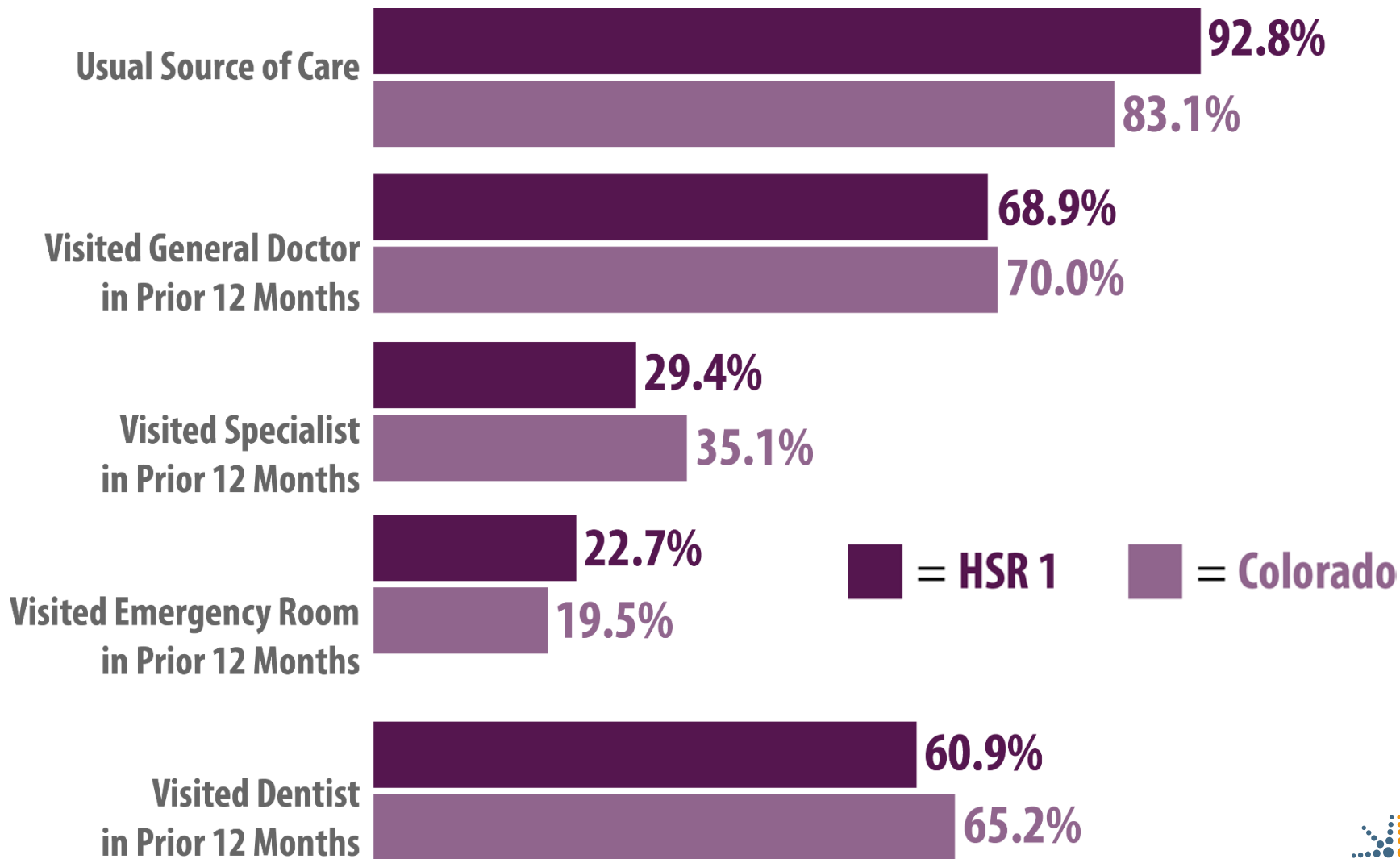


# HSR 1: Eligible But Not Enrolled In Public Insurance Programs

	HSR 1	Colorado
Children (0-18) Eligible But Not Enrolled in Medicaid	9.7%	11.5%
Children (0-18) Eligible But Not Enrolled in CHP+	19.2%	30.6%
Adults (19-64) Eligible But Not Enrolled in Medicaid	6.9%	26.1%



# HSR 1: Access to Care





# HSR 1: Health Care Workforce (Rate per 1,000 Residents)

## Practicing Primary Care Physicians

**46 (0.6)**

3,332 (0.6)

## Active Licensed Physician Assistants

**20 (0.3)**

2,411 (0.4)

## Active Licensed Nurse Practitioners

**24 (0.3)**

3,142 (0.6)

## Active Licensed Dentists

**27 (0.4)**

3,880 (0.7)

 = HSR 1     = Colorado



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Fewer than half of residents report having **dental insurance**.





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