Local Data, Local Health

Arapahoe County

October 2014

colorado health
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Community Data for Community Members

- **Dive Into the Details:**
  Snapshots of a region's health.

- **Use Our Data:**
  These graphics are ready for your presentations, reports, grant applications, tweets, and other needs.

- **Get More Information:**
  Contact the Colorado Health Institute. You can reach us by phone, email or social media.

Colorado's 21 Health Statistics Regions
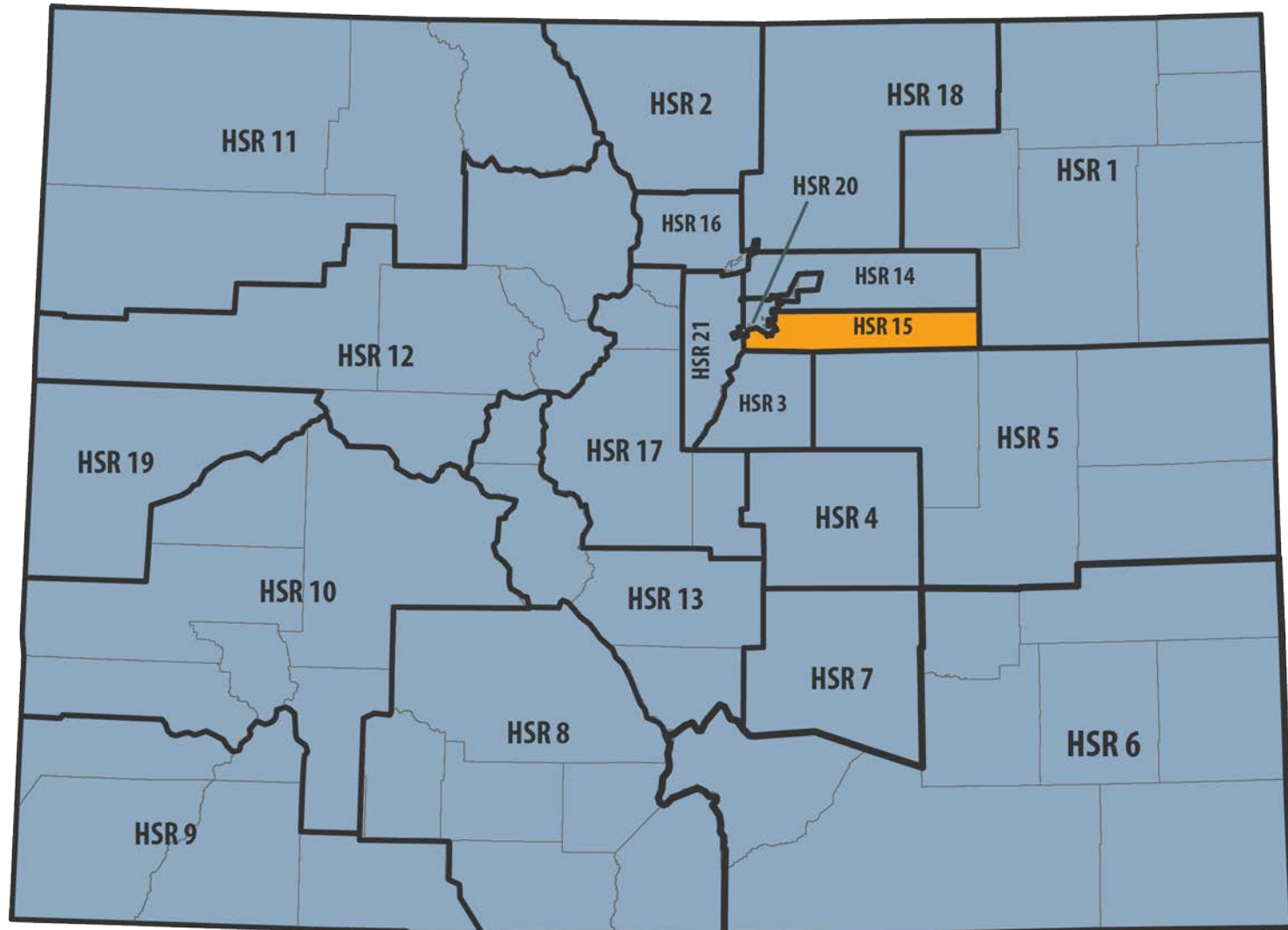
Data Highlights: Region 15

Seniors are the fastest-growing population, projected to increase faster than the state average.

Adults **binge drink** at a rate slightly below the state average.

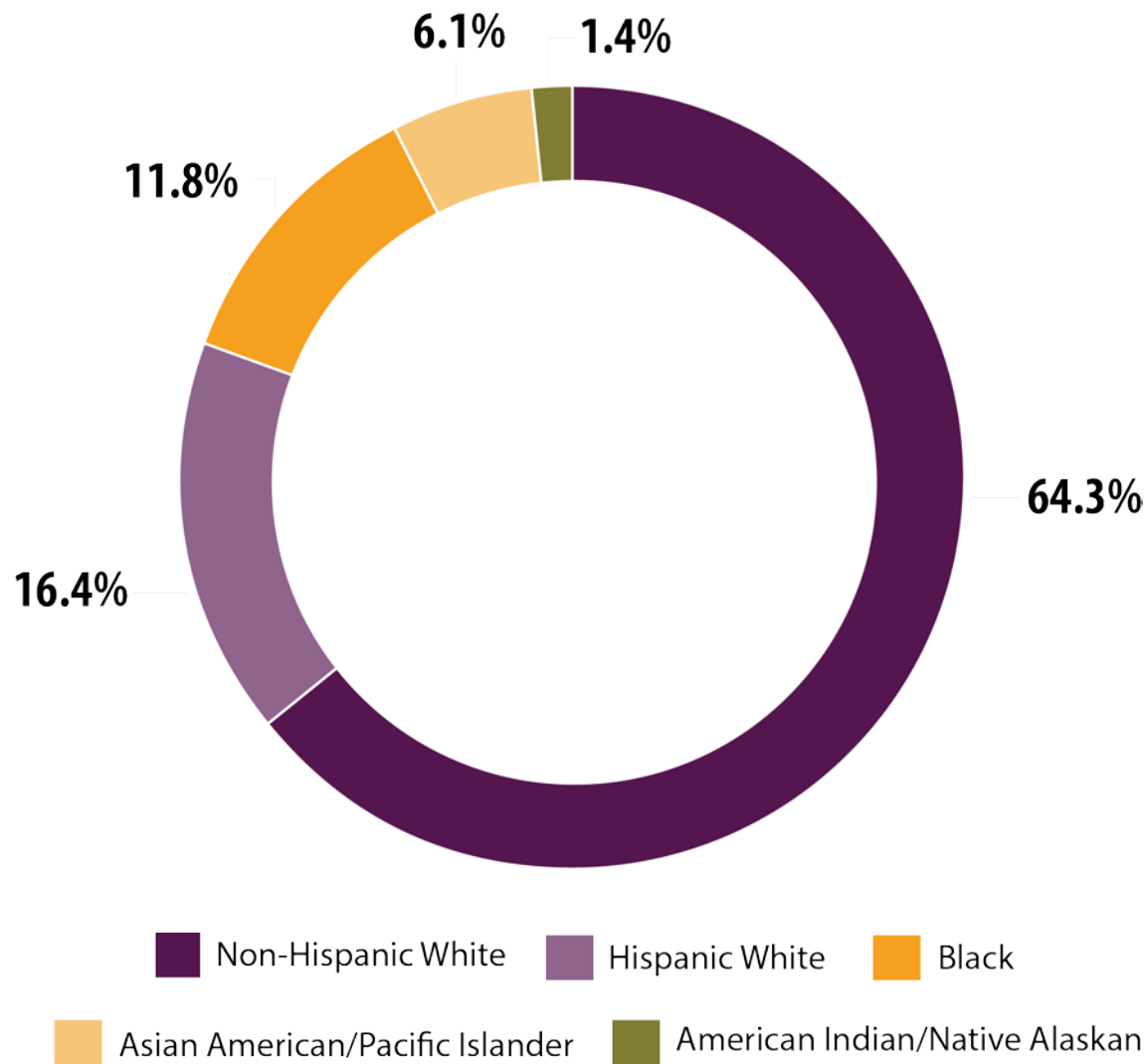More children **eat fast food** at least once per week than the state average.

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Demographics

HSR 15: Population

	Population in 2014	Projected 2020 Population	Average Annual Growth Rate
All Ages	**614,068**	**670,882**	**1.5%**
	5,363,689	5,946,128	1.7%
Ages 0-18	**158,880**	**167,836**	**0.9%**
	1,345,196	1,464,674	1.4%
Ages 19-64	**381,832**	**403,643**	**0.9%**
	3,334,972	3,577,370	1.2%
Ages 65+	**73,356**	**99,403**	**5.2%**
	683,521	904,084	4.8%

■ = HSR 15   ■ = Colorado

HSR 15: Race and Ethnicity

6.1% 1.4%

11.8%

16.4%

64.3%

Non-Hispanic White   Hispanic White   Black

Asian American/Pacific Islander   American Indian/Native Alaskan

SOURCE: The National Center for Health Statistics, 2012

HSR 15: Income Levels

SOURCE: American Community Survey, 2012
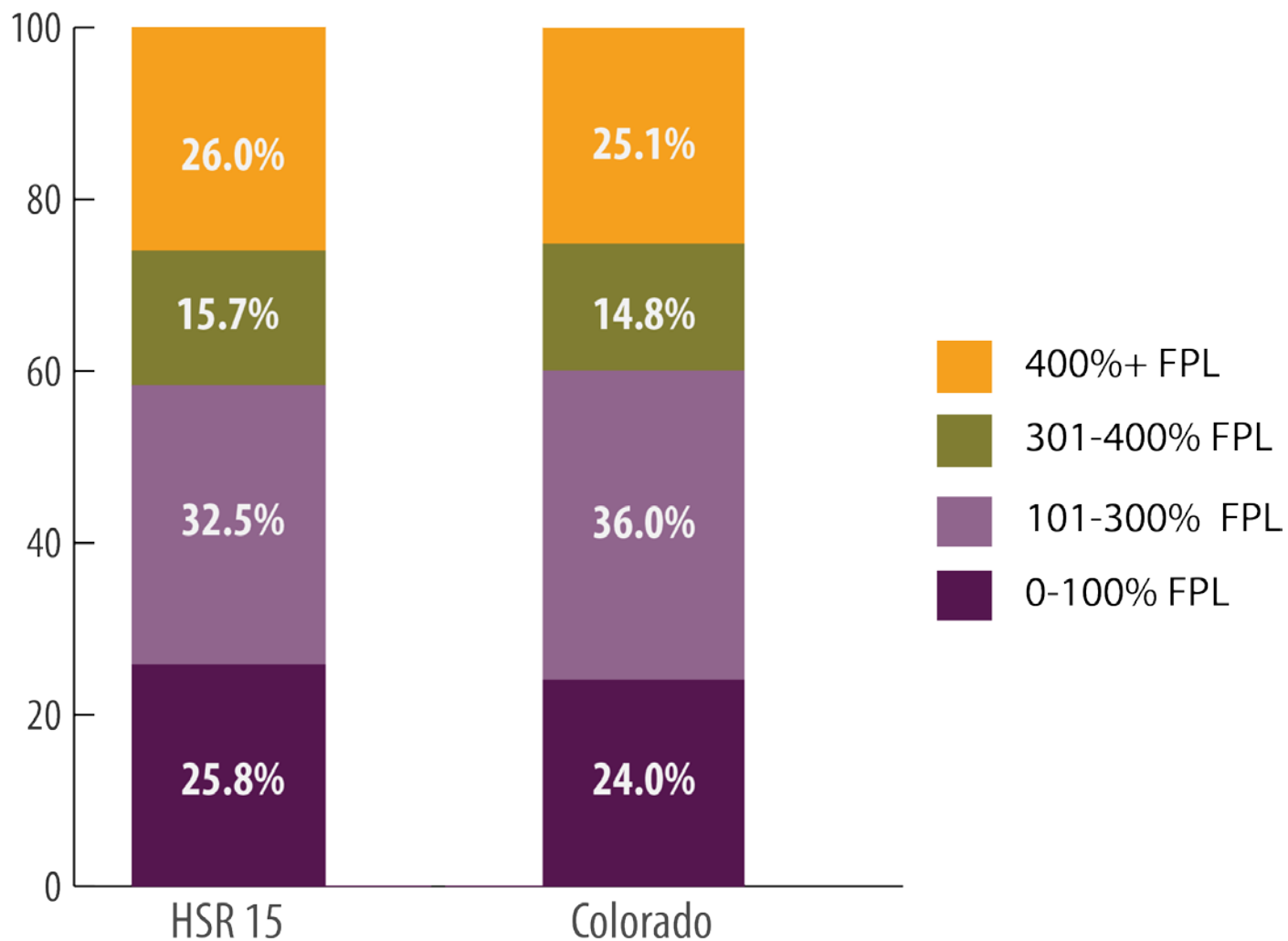
HSR 15: Income by Eligibility Categories for Health Insurance Coverage and Tax Credits

SOURCE: American Community Survey, 2012
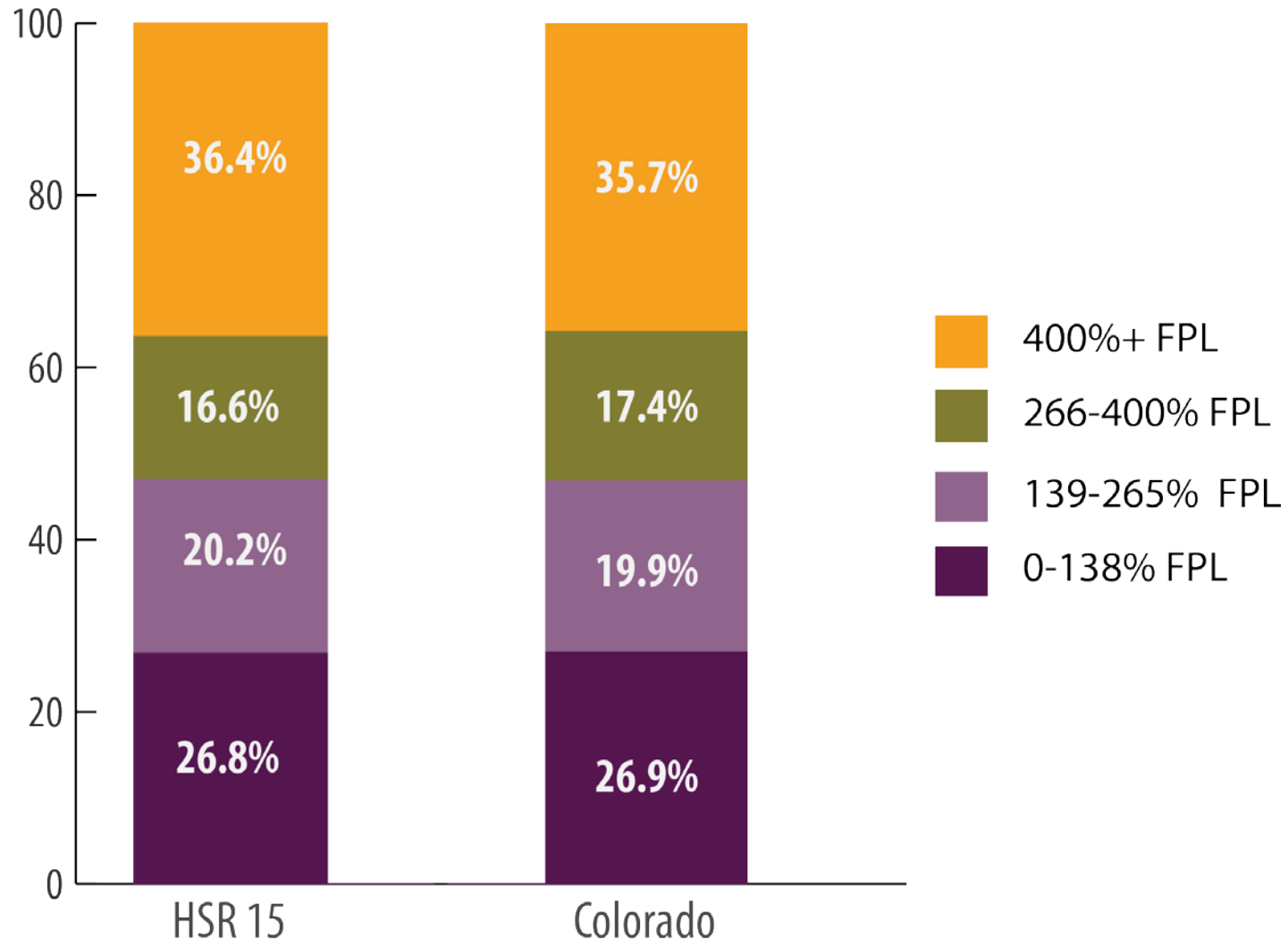
HSR 15: Unemployment

Number Unemployed, 2013

21,245

186,723

Unemployment Rate, 2013

6.5%

6.8%

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HSR 15: Education

Public School Students Eligible for Free and Reduced School Lunch (K-12)

41.9%
42.2%

High School Completion Rate

77.4%
79.6%

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Health Data Profile:

Health Indicators

HSR 15: General Health Status

Percentage Reporting Excellent/Very Good/Good General Health Status

87.1%

86.9%

Percentage Reporting Fair/Poor General Health Status

12.9%

13.1%

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HSR 15: Health Behaviors

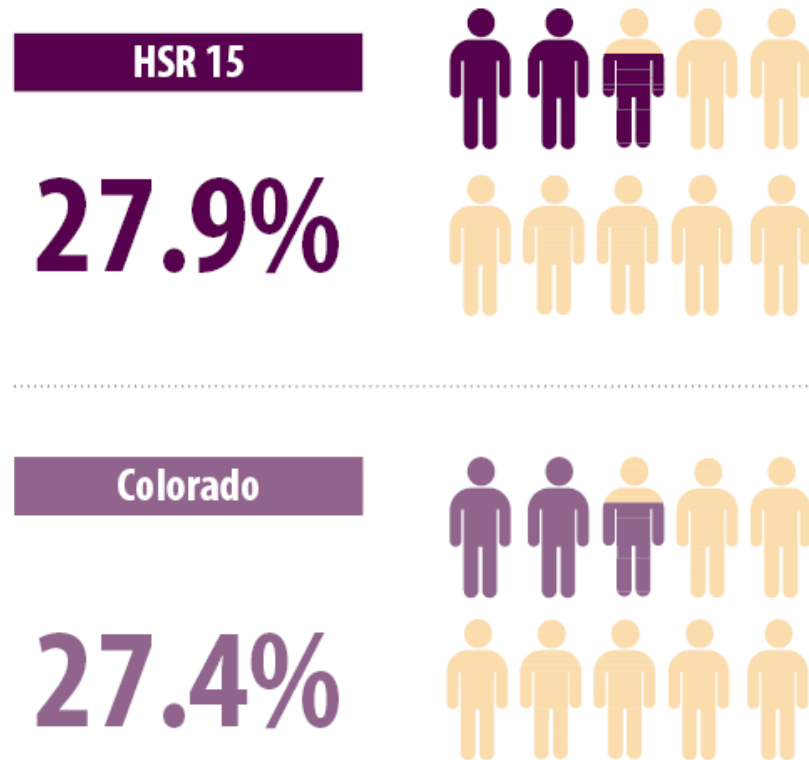|	Adults 18+ Binge Drinking*	Children 5-14 Physically Active 60+ Minutes per day for Past 7 Days	Adults 18+ with Adequate Physical Activity**	Age 18+ Year Old Smokers
HSR 15	16.8%	45.4%	55.3%	18.4%
Colorado	18.5%	49.6%	59.5%	17.7%

* Percentage of adults who reported binge drinking (males 5+/females 4+ drinks) on one occasion in past 30 days.
** Percentage of adults aged 18+ years who participated in 150+ minutes of moderate or 75+ minutes of vigorous aerobic physical activity per week.

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013; Colorado Health Child Survey 2011-2012

HSR 15: Child Obesity

Children 2-14 Who Are Overweight or Obese

HSR 15

27.9%

Colorado

27.4%

HSR 15: Adult Obesity

Adults 18+ Who Are Obese

HSR 15

22.4%

Colorado

21.3%

SOURCE: Behavioral Risk Factor Surveillance Survey, 2013

HSR 15: Health Outcomes

	HSR 15	Colorado
Percent Births With Low Birthweight	**9.4%**	**8.8%**
Teen Birth Rate (15-17, per 1,000 Women)	**11.9**	**14.4**
Adults 18+ Screened by Physician and Told They Have High Blood Cholesterol	**32.6%**	**34.8%**
Adults 18+ Told by Physician They Have High Blood Pressure	**24.9%**	**26.3%**

HSR 15: Food Access Indicators

	Children 1-14 Who Ate Fruit 2+ Times and Veggies 3+ Times per Day	Children 1-14 Who Ate Fast Food 1+ Times in Past Week	Adults 18+ Who Ate Fast Food 1+ Times in Past Week	Agree/Strongly Agree it is Easy to Purchase Healthy Foods in Neighborhood
HSR 15	**9.2%**	**72.8%**	**65.5%**	**88.6%**
Colorado	**10.9%**	**65.9%**	**64.4%**	**86.6%**

SOURCE: Colorado Child Health Survey 2010-2012; Colorado Behavioral Risk Factor Surveillance System, 2013

HSR 15: Oral Health

Percentage Who Have Dental Insurance

59.1%

61.6%
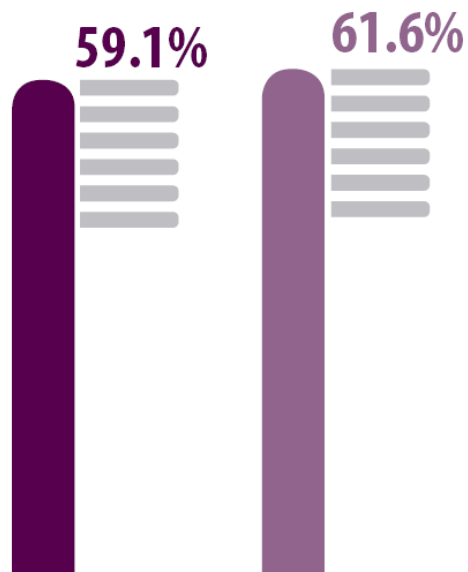
Percentage Reporting Excellent/Very Good/ Good Oral Health

81.9%

83.0%

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SOURCE: Colorado Health Access Survey, 2013

HSR 15: Mental Health

Percentage Reporting Poor Mental Health*

12.2%

10.6%

Percentage Did Not Get Mental Health Care When Needed**

7.2%

7.8%

■ = HSR 15　■ = Colorado

*Poor mental health includes eight or more days of stress, depression, and problems with emotions.
**In the past 12 months

20

SOURCE: Colorado Health Access Survey, 2013

Health Data Profile:

Insurance and Access

HSR 15: Health Insurance Types, 2012

Employer-Sponsored
- 58.7% (HSR 15)
- 56.6% (Colorado)

Medicaid
- 14.3% (HSR 15)
- 14.1% (Colorado)

Individual
- 6.3% (HSR 15)
- 8.6% (Colorado)

Other
- 3.1% (HSR 15)
- 4.3% (Colorado)

Uninsured
- 17.6% (HSR 15)
- 16.4% (Colorado)

■ = HSR 15   ■ = Colorado

SOURCE: American Community Survey, 2012
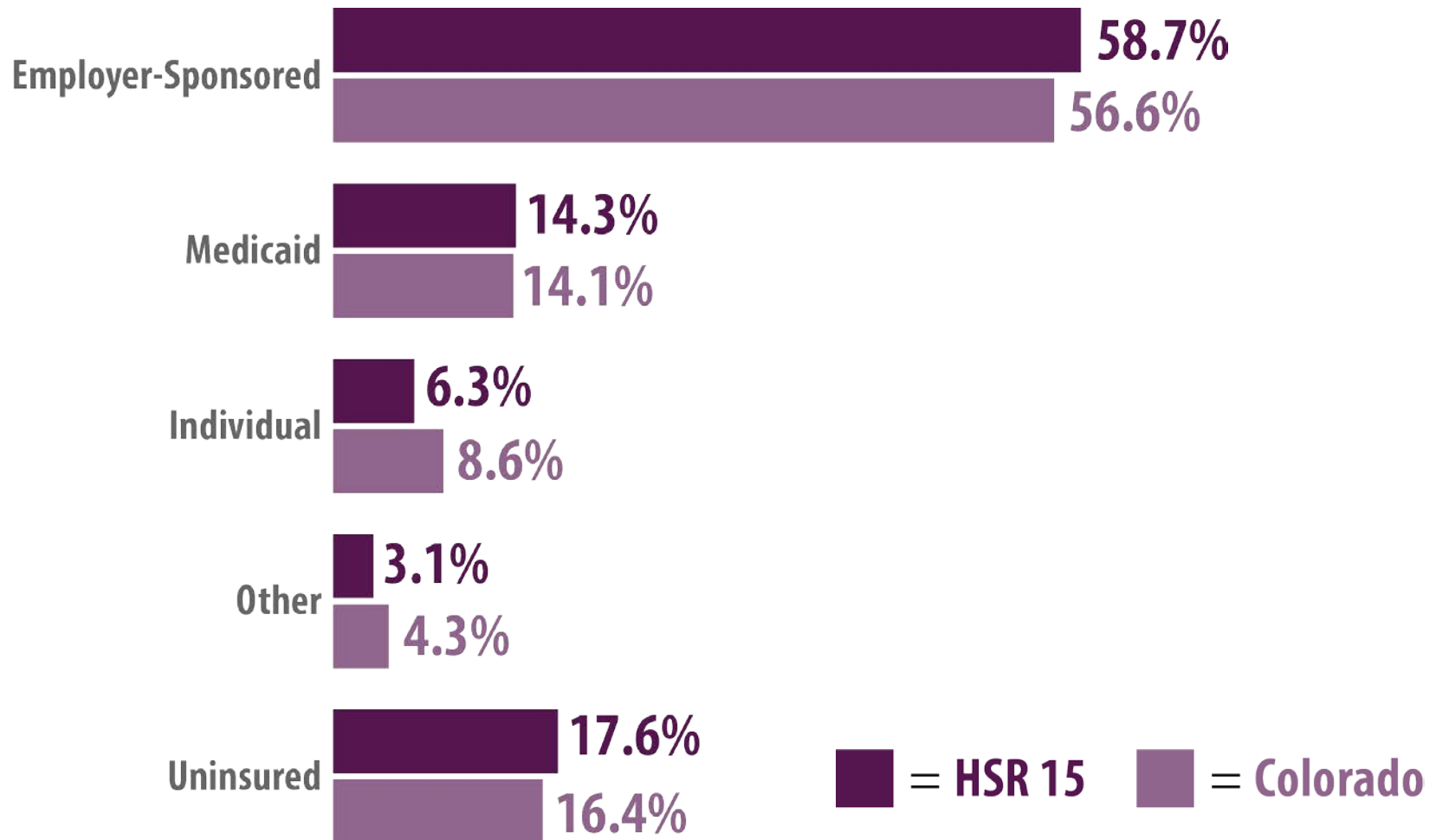
HSR 15: Health Insurance Projections, 2016

Employer-Sponsored
- 57.7%
- 56.1%

Medicaid/CHP+
- 23.7%
- 23.6%

Individual
- 6.9%
- 8.0%

Other
- 3.1%
- 4.3%

Uninsured
- 8.6%
- 8.1%

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SOURCE: Colorado Health Institute
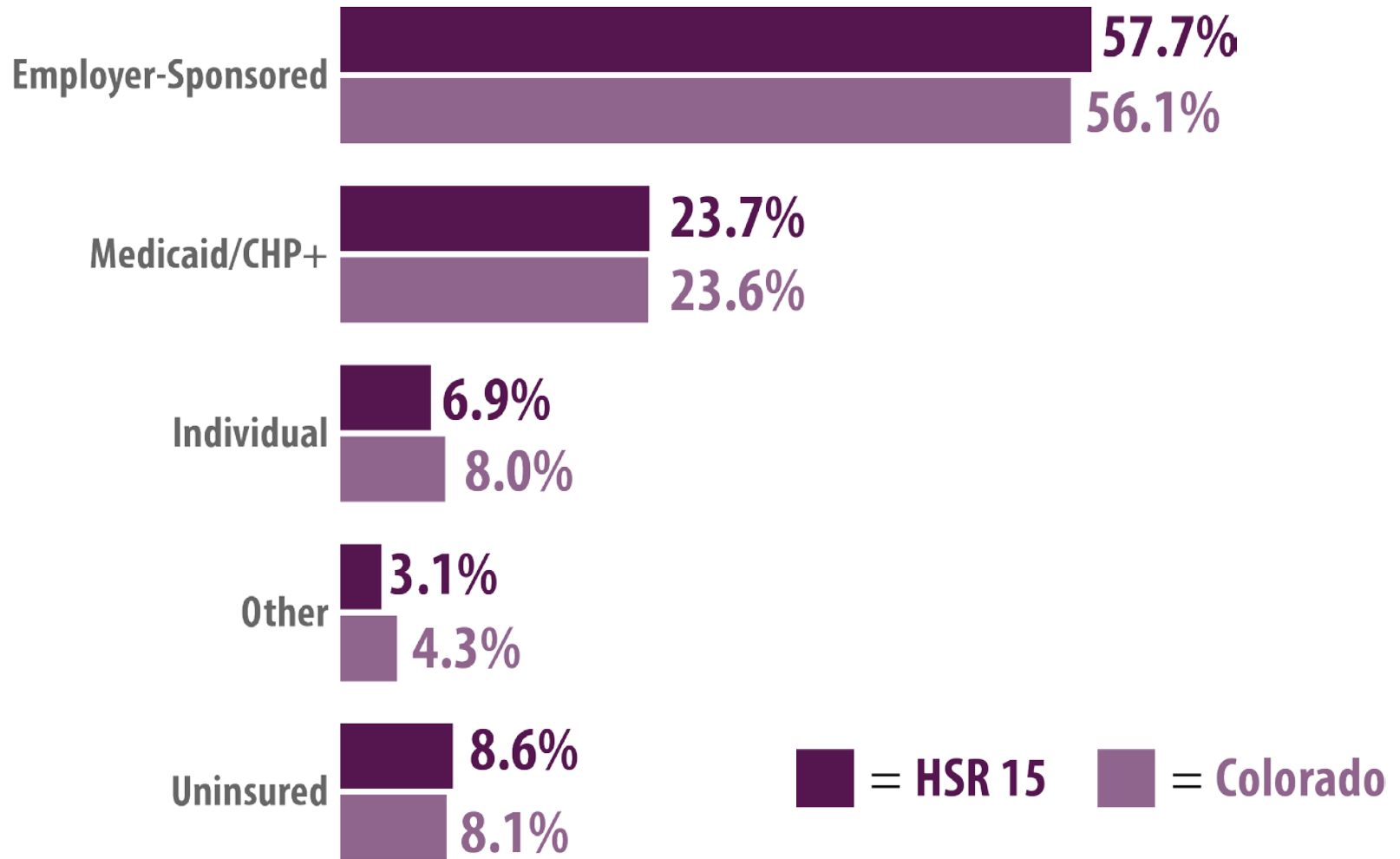
HSR 15: Eligible But Not Enrolled In Public Insurance Programs

	HSR 15	Colorado
Children (0-18) Eligible But Not Enrolled in Medicaid	10.9%	11.5%
Children (0-18) Eligible But Not Enrolled in CHP+	32.8%	30.6%
Adults (19-64) Eligible But Not Enrolled in Medicaid	32.5%	26.1%

SOURCE: 2014 Colorado Health Institute analysis of 2012 American Community Survey Data

HSR 15: Access to Care

Usual Source of Care
- HSR 15: 81.6%
- Colorado: 83.1%

Visited General Doctor in Prior 12 Months
- HSR 15: 71.2%
- Colorado: 70.0%

Visited Specialist in Prior 12 Months
- HSR 15: 36.9%
- Colorado: 35.1%

Visited Emergency Room in Prior 12 Months
- HSR 15: 18.9%
- Colorado: 19.5%

Visited Dentist in Prior 12 Months
- HSR 15: 71.2%
- Colorado: 65.2%

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SOURCE: Colorado Health Access Survey, 2013

HSR 15: Health Care Workforce (Rate per 1,000 Residents)

Practicing Primary Care Physicians
339 (0.6)
3,332 (0.6)

Active Licensed Physican Assistants
249 (0.4)
2,411 (0.4)

Active Licensed Nurse Practioners
346 (0.6)
3,142 (0.6)

Active Licensed Dentists
532 (0.9)
3,880 (0.7)

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SOURCE: Colorado Department of Regulatory Agencies, 2014; Colorado Department of Local Affairs, Demography Office 2014

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